

Should I tell my boss: 'I'm not happy with the job' or are I quiet and leave?

The story of a person who has no motivation to go to the office in the morning due to unpaid salary, stressful working conditions and persuasive advice from a career-oriented expert.

*About the author : Liz Ryan is the CEO and founder of **Human Workplace** - the company specializes in providing career-oriented counseling services, job interviews, startups, brands, strategies and many other content. This article is translated from sharing by Liz Ryan posted on **Forbes.com** . This is a letter that a reader who is having a problem at work sends to her wishes to be consulted about **whether to leave her current job quietly due to being too depressed and not motivated to continue. keep staying organized.***

The content of the letter

Dear Liz,

I am in a very difficult situation. **There are many aspects of my current job that I don't like and I find it hard to get out of bed in the morning.** At this point, I continue to work only to have a salary. However, **I don't have an income like I want and stressful working conditions** . Our team does not have enough members while the deadline is absurd.

I am not the only one who feels that way. All of my colleagues hate the work environment like me. The boss is a friendly person but she herself is very shy. When the boss said, "That's what we have to do," she just said, "Great!" without questioning whether our subordinates have enough strength and conditions to undertake.

I know my boss values ??and doesn't want me to leave, because she says that every time I evaluate my performance, I see my bright points. I'm not sure whether to tell her about being discouraged or simply finding another job. I know this "sloppy" boss will be worried if I quit my job, simply because if she does, she will bring trouble to herself.

If I talk to my boss about how I feel, she will probably support me. She can help me get a raise and some other incentives. She would be angry if I didn't give her the chance to do it, but I didn't want to say it because it would probably make management think I was a dissatisfied employee.

Do you think I should talk to my boss about my worries - a discussion that may lead to a general discussion about how the company is performing compared to the present? Or should I start looking for a new job quietly and once I find it, will I leave?

Thanks Liz!

Best regards,

Abigail.



The reply letter from CEO Liz Ryan

Hello Abigail,

We humans are creatures of habit. As soon as we find a cozy cave, we all want to stay there and hibernate. Your cave is currently warm and now, everything has changed. It is no longer as comfortable as before. Our first instinct will be to say, "Let everything go back to their way."

The boss let you become a team member with low wages and overwork. Do you really want to hope that she will make things better?

You feel that if you complain about recent changes, your boss will be able to support you, raise your salary or some help to reduce the pressure of the workload. Is that enough to help you have long-term fun?

You did not mention in the letter that it will make it harder to leave your job when the boss suggests big projects and learning opportunities that you experience every day. Almost no one wants to change jobs because change is difficult. Most of us just dance when we have to.

Right now, life is kicking you. If you are afraid of being labeled "disgruntled" employee just by telling management about your legitimate concerns, what do **you think about having to stay in that company for longer than a minute while you don't like**

You deserve better. You deserve to be in a place where managers always have ideas to protect their Team when a higher leader asks them to make inappropriate changes. **You deserve to work with a boss who always consults you and your team members before making major changes.**

You deserve to work in a place where your **passionate fire can burn** . That place is out there, but you have to go find it. My advice is to stop the chorus above, update your resume, start looking for the jobs you want and present the problem to your boss when you find what you want.

Life, all, is learning. The boss will continue to live even if you leave and if she is madly angry about you leaving the organization instead of realizing that she will be in trouble if you dance then you will be " survived "before her disappointment.

Wish all the best,

Liz.

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