

Shocking experiment about damage to the lungs and throat when you smoke a pack of cigarettes

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1. Do these to keep lung cancer away from you
2. Is electronic cigarette smoking toxic?
3. Even after quitting, after six months, the cigarette quality still exists around you

Chris Notap, a YouTube user, has done an experiment to help people see the harmful effects of smoking a pack of 20 cigarettes a day to their mouth, throat and lungs.

Hopefully, those who smoke after watching this experimental video from Notap below will be motivated to quit smoking.

Notap uses a bell jar filled with cotton to symbolize the lungs. A suction pump is attached to the jar that has the function of smoking cigarette smoke out. We can see, after each lit cigarette, the bell jar is full of smoke. After a few cigarettes, toxic chemicals cling to the cotton in the bottle, causing them to turn brown. At the end of the experiment, the suction part of the pump symbolizes the throat, which is also covered with a thick brownish substance.



White cotton balls gradually turn brown after exposure to the smoke.

According to scientists' research, there are more than 4,000 chemicals including 43 carcinogens and 400 toxic substances such as nicotine, tar, ammonia, hydrogen cyanide (HCN), carbon monoxide (CO), formaldehyde and arsenic.

According to statistics, more than 480,000 Americans and 100,000 Britons die each year from cigarette smoke. About 90% of patients with lung cancer are caused by smoking. In addition to harming the lungs, the throat of the cigarette also damages the blood and heart circulation, increases the risk of coronary heart disease, myocardial infarction and stroke.

With the terrible effects of cigarette smoke on the human body, stop smoking and stop killing yourself slowly. It is never too late to quit smoking.

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