

Seafaring need to prepare? Pocket checklist of 17 essentials when traveling this summer

If you do not know what to prepare for the beach, we have a list of suggestions for you right here.

The arrival of summer also means that the season of sea travel begins, there will be nothing better than being immersed in the cool sea water in the hot sun to forget the fatigue of work and life. For each trip, we will have to prepare a lot of things such as choosing locations, booking rooms, booking tours . but besides that, do not forget to prepare yourself for personal items to make the trip smooth. and fully offline. If you do not know what to **prepare for the beach** , we have a list of suggestions for you right here.

Seafaring need to prepare?

1. Beach fashion
2. Body care products
3. Technological appliances
4. Other personal items

Beach fashion

Fashion is an important element in every trip, especially with girls. So when you go to the beach, you need to prepare what to wear, both beautiful and convenient, not to be carried around, right?

Swimwear (1-2 sets)

Going to the beach without a swimsuit is like losing half the joy of the trip. So this will be the first item you have to think about and put right into your suitcase when preparing for traveling. Bikini now marketed is very diverse designs for you to choose. Whether you are fat or thin, prefer a discreet or sexy style, there will be beautiful bikini styles to choose from. Those who do not like to wear too exposed, exposed skin much can choose the type of long-sleeved bikini, one-piece bikini . The girls a little chubby, you can choose the type of dark bikini with light-colored flap at the waist , hips, arms to look slimmer.



For boys, swimsuits are also important, don't just think that men simply need one pair of boxers. You will not know which situation you will encounter when you are engrossed in playing with friends in the clear blue sea. Therefore, to avoid embarrassing situations that may occur, buy yourself pants or a special swimsuit.

Slipper / Sandal (1 pair)



Sandals or sandals are also one of the beach items to prepare. Besides bringing sports shoes for walking, you also need a pair of sandals or a pair of sandals to go on the beach. Using this type of sandals will help you avoid the sand in the shoe causing dirt and discomfort when walking. In addition, when you wear slippers, flip flops, womens water sandals to the sea, there is no need to worry too much about getting wet like when wearing sports shoes.

Moreover, if you go in a large group or with your family, the 'flip-flop / sandal uniform' will also be the highlight to create a unique personality for you and those who go with it.

Maxi dresses, tropical vests (1 - 2 pieces)



Besides swimwear, when you go to the beach need to prepare to wear fashionable clothes? Of course the answer is maxi dresses, lovely floral dresses for girls and unique tropical shirts for boys. You should choose clothes made from thin and cool materials, spacious size to be comfortable during the fun at the beach. Girls who have a big calf cons, bread waist, the long, high waist maxi will help you hide a lot.

Sunglasses (1 piece)



Sunglasses are also one of the essentials when traveling in the summer, because in the seas, the intensity of sunlight is often very high, so it often contains lots of UV (ultraviolet) rays. These rays are not visible to the naked eye but are very harmful to your eyes. Therefore, you need to wear glasses often when outdoors, especially when outdoors for a long time to avoid eye damage. When shopping for glasses, you should choose the colors that are completely dark and should clearly state your purpose to be advised by the salesperson for the

glasses with high UV cutting ability.

Hats (1)



Wide-brimmed hat made of sedge has long been an indispensable item when going to the beach. In the past, people used to like to use wide-brimmed hats that can completely cover their faces from the sun, but nowadays, their hat rims are removed from frames and shrunk to prevent them from getting entangled, in addition, in style. The shape is also much more diverse from the hard-brimmed hat to the soft brim, some are also dotted with flowers or bows . When choosing a wide-brimmed seagrass hat, you should choose neutral colors like brown, cream, It's gold, beige . so it's easy to match.

Body care products

Going to the beach need to prepare anything other than clothes? The answer for you is body care products. Do not forget to bring these items because it not only helps your body clean but also protects you in good health during the trip and after the end.

Sunscreen / Sunscreen

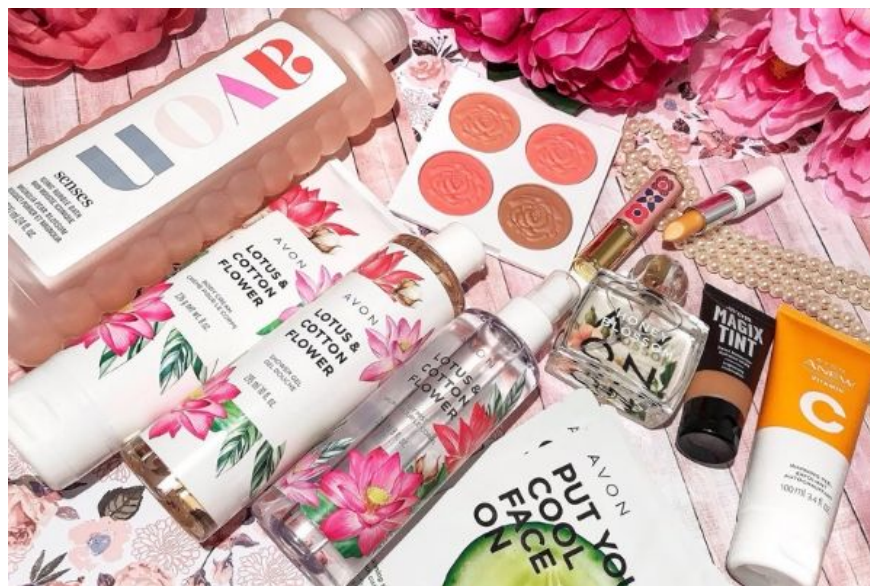
Sunscreen / sunscreen is a 'must-have item' that everyone should have on every beach trip. As mentioned above, the sunlight in the ocean often has the intensity and the amount of ultraviolet rays, if not well protected, your skin will face the terrible destruction of these rays. . As a result, after a trip to the beach, you will see your skin is black, dull a lot. Not only that, ultraviolet rays also penetrate deep into the skin, killing beneficial cells, increasing melanin content, forming melasma and increasing the risk of skin cancer .



Using sunscreen will help protect your skin from those harmful agents, helping the skin to retain moisture as well as firmness and softness. Some people are allergic to sunscreen, you can use functional foods pill sunscreen, or you can combine the use of both to body protective layer is formed from the inside out.

Skincare, makeup

Girls do not forget that, no matter where we go, whatever we do, we cannot forget to take care and beautify ourselves, so skincare and makeup are impossible to wear. However, you should not bring all the things you have but only the most necessary items.



For example, skincare items should bring the most important items such as facial cleaners , rolling stones, massage creams, cleansers, serums . can be extracted into small, medium-sized extraction bottles. , occupies less space and can still be carried in your carry-on luggage. With makeup, you should only bring small, integrated steps into a product such as a box of chalk, a lipstick, a small eye color palette and a box of blush and powder.

Insect cream / spray



Creams or insect sprays are also indispensable things when preparing cruises. In the evening in the sea, there are often a lot of mosquitoes and insects, with strong locals, less attractive to them, it's okay, but for those with sensitive terrain, this is a 'disaster'. So you should keep yourself a bottle of cream or insect repellent spray, before going out should spray a thin layer on the body to repel them, ensuring you are comfortable to hang out without mosquitoes or "disturbing" insects as well.

Personal hygiene items



Toiletries are things that many people often forget when arranging travel. Certain items are: Toothbrushes, face towels, pocket mirrors, dental floss or toothpicks, mouthwash, underwear, etc. In addition, to be careful, you should also bring Add shampoos, conditioners, and shower packs as a precaution. Most hotels and motels will be prepared for you, however, some people who are allergic to strange cosmetics should bring it in case this is okay.

Medicine, medical supplies



Weather allergies, constant exercise, food allergies, collision during play . are all problems that can appear in every trip. Therefore, you should be prepared with both oral medications and basic medical supplies such as fever, flu, stomach pain, digestive enzymes, wound dressings . to make the trip always safe. and smoothly.

Technological appliances

Your trip will be boring without technology items that help you capture beautiful moments throughout your journey. Seafaring should prepare what technology items? Along with the phone, here are the most basic items that you should have.

Camera journey



Dashcam has a compact design, usually just the size of a palm, but is packed with unique video recording technologies that will help you capture vivid moments during your trip. This type of camera you can hold, mounted on motorcycles, cars for shooting should be extremely convenient. After a certain trip, you will get a compilation of memorable moments along the way.

Backup charger



Not just going to the beach, but in any trip you need to bring a backup charger. Backup charger will help you feel more secure when going out without worrying about your phone or electronics running out of battery at the right time. Note that you need to charge the battery every time there is electricity to be flexible to use in any case!

Selfie sticks



Traveling in a group, everyone wants to be in the picture, so a selfie stick is an indispensable item. You should choose the sticks made of aluminum, with remote control to hold light and do not have to take a photo on the phone.

Waterproof phone bag



Forget about worrying about accidentally dropping your phone in the water or having to wrap your phone in cotton towels to prevent water from entering because there is now a waterproof bag for you. With a bag made from transparent plastic with a glass cover, stylish strap, you can comfortably bring your phone into the water with you without worrying about water coming in, or worrying about losing. From there, you will be able to take extremely new photos that are under clear blue ocean water.

Other personal items

Umbrella



The weather at sea can sometimes rain suddenly, then, the wide-brimmed hats can hardly help you from getting wet, the umbrella will be a great effect. In addition, covering umbrellas also helps you avoid more sunlight than wearing a hat, especially useful for girls with weak health, prone to sunstroke. So, if you are not afraid to be entangled, glassy, ??bring a spare umbrella.

Hairdryer



After each bathing, shampooing is necessary to prevent hair from drying out by sea salt. However, not all accommodations have hair dryers available for you, so bring a small hair dryer with you . With this preparation, you will not have to worry about wearing damp hair to go out and eat after swimming.

Snacks



What do you need to go to the beach when you bring along children? Snacks will be essential items that you should not forget. When they go out, children will often play around without focusing on eating, which quickly gets hungry, at this time, if it's late or around, it is difficult to find a place to buy food, the fact that you bring a little food Snacking will help children not to cry or to starve to wait until the rice time. As a result, your trip will also become much smoother and more fun.

The above is a summary of our experiences that we want to share, surely, through this article, you also know what to prepare for the beach. Hopefully with our suggestions, you will have a happy and comfortable vacation with your relatives and friends this summer. See you in the next posts!

You finished reading the article "**Seafaring need to prepare? Pocket checklist of 17 essentials when traveling this summer**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.