

# Scientific proof: Month of birth has an impact on human health and personality

Do you know how your birth month affects your health and personality? Let's find out in this article!

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1. Choosing a photo that makes you feel the most annoying will reveal exactly who you are!
2. Only genius can solve these 7 puzzles in 30 seconds!
3. What type of bag do you usually wear? That will reveal the personality inside you

Modern science has proven that the planets on Earth actually do not have any effect on human life. However, the results of some recent investigations indicate that **depending on the person born in which season it has different effects on the life and health of each of us** .

So how do we know when we are born with an impact on our health and personality? What are the things that people born in spring, summer, autumn or winter should pay attention to? There are many questions that we have tried to sum up to answer for you. Moreover, **based on your date of birth to know what you can do in the future** . Invite you to consult!

## Why does the month of birth affect the life of each of us?



In a year, women can get a different amount of sunlight. Scientists from Budapest argue that the lack of sunlight can affect fetal growth in the womb.

Surprisingly, each person's birth month also affects the amount of **dopamine** and **serotonin** in the body - the two main hormones that produce a feeling of happiness and relaxation.

In addition, researchers from the University of Alicante, Spain have identified the **relationship between a person's birth month and the tendency to suffer from 27 chronic diseases and health problems** .

## January

People born in the winter are often **less temperate and irritable than** those born in other seasons. Since January is the time to receive less sunlight, people born at this time often tend to suppress emotions and experience depression.

People born in January are also susceptible to stomach ulcers, constipation, lumbago ( *men* ), heart attack, migraine and menopause problems ( *in women* ).

However, those born in January were 3 times less likely to develop thyroid disease than those born in September.

## February

People born in February should pay attention to problems with the thyroid gland, arthritis, cardiovascular disease ( *in men* ) and thrombosis - the phenomenon of blood clots in blood vessels ( *in women* ).

JANUARY	FEBRUARY	MARCH	APRIL
<ul style="list-style-type: none"><li>Constipation</li><li>Stomach ulcer</li><li>Low back pain</li></ul> <ul style="list-style-type: none"><li>Migraine</li><li>Menopause problems</li><li>Heart attack</li></ul>	<ul style="list-style-type: none"><li>Thyroid problems</li><li>Heart conditions</li><li>Osteoarthritis</li></ul> <ul style="list-style-type: none"><li>Osteoarthritis</li><li>Thyroid problems</li><li>Blood clot</li></ul>	<ul style="list-style-type: none"><li>Cataracts</li><li>Heart conditions</li><li>Asthma</li></ul> <ul style="list-style-type: none"><li>Arthritis</li><li>Rheumatism</li><li>Constipation</li></ul>	<ul style="list-style-type: none"><li>Asthma</li><li>Osteoporosis</li><li>Thyroid problems</li></ul> <ul style="list-style-type: none"><li>Osteoporosis</li><li>Tumour</li><li>Bronchitis</li></ul>
MAY	JUNE	JULY	AUGUST
<ul style="list-style-type: none"><li>Depression</li><li>Asthma</li><li>Diabetes</li></ul> <ul style="list-style-type: none"><li>Chronic allergies</li><li>Osteoporosis</li><li>Constipation</li></ul>	<ul style="list-style-type: none"><li>Heart condition</li><li>Cataracts</li><li>Chronic bronchitis</li></ul> <ul style="list-style-type: none"><li>Incontinence</li><li>Arthritis</li><li>Rheumatism</li></ul>	<ul style="list-style-type: none"><li>Arthritis</li><li>Asthma</li><li>Tumours</li></ul> <ul style="list-style-type: none"><li>Chronic neck pain</li><li>Asthma</li><li>Tumours</li></ul>	<ul style="list-style-type: none"><li>Asthma</li><li>Osteoporosis</li><li>Thyroid problems</li></ul> <ul style="list-style-type: none"><li>Blood clots</li><li>Arthritis</li><li>Rheumatism</li></ul>
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
<ul style="list-style-type: none"><li>Asthma</li><li>Osteoporosis</li><li>Thyroid problems</li></ul> <ul style="list-style-type: none"><li>Osteoporosis</li><li>Thyroid problems</li><li>Malignant tumours</li></ul>	<ul style="list-style-type: none"><li>Thyroid problems</li><li>Osteoporosis</li><li>Migraine</li></ul> <ul style="list-style-type: none"><li>High cholesterol</li><li>Osteoporosis</li><li>Anaemia</li></ul>	<ul style="list-style-type: none"><li>Chronic skin issues</li><li>Heart conditions</li><li>Thyroid problems</li></ul> <ul style="list-style-type: none"><li>Constipation</li><li>Heart attack</li><li>Varicose veins</li></ul>	<ul style="list-style-type: none"><li>Cataracts</li><li>Depression</li><li>Heart condition</li></ul> <ul style="list-style-type: none"><li>Chronic bronchitis</li><li>Asthma</li><li>Blood clots</li></ul>

## March

All people born in the spring have **a tendency to live happily, always in a good mood** . Especially those born in March, April and May often become optimistic and cheerful.

Men born in March may have asthma, cataracts and cardiovascular diseases; and women should pay attention to problems of rheumatism, arthritis and constipation.

## April

Men born in April tend to have osteoporosis, thyroid and asthma. While women should be careful with conditions such as bronchitis, tumors and osteoporosis.

## May

**Men born in May may have asthma, depression and diabetes. Women may have osteoporosis, constipation and chronic allergies.** In addition, people with birthdays in May tend to suffer from depression like those born in December.



## June

People who are born in the summer often have a way of seeing things in a positive way. However, they tend to change their mood on a regular basis. In rare cases, **frequent mood swings can develop into psychological disorders such as bipolar disorder** . This regular change of mood is the complete opposite of those born in the winter.

Men born in June tend to have cataracts, chronic bronchitis and heart disease. Women may have rheumatism, urinary incontinence and arthritis.

Men born in the first month of summer are usually less than 34% depressed and have less than 22% back pain. At the same time, women born in June have less than 35% deformities and 33% less migraine.

## July

People born in July often suffer from asthma, arthritis, tumors and chronic neck pain.

## August

Men born in August often suffer from diseases such as osteoporosis, asthma and thyroid; Women may have rheumatism, arthritis and thrombosis.



## **September**

**Those born in the fall are often irritable** . But luckily, because of getting so much sunlight, people born in September, October and November do not tend to be depressed or bipolar.

All people born in September may have osteoporosis and thyroid disease. Men may have asthma; women can get a tumor. However, the good news is that those born in September rarely suffer from chronic diseases.

## **October**

Men born in October often experience thyroid problems and migraines; while women suffer from anemia and high cholesterol. Both men and women born during this time can have osteoporosis.

## **November**

Men born in November often suffer from chronic skin diseases and cardiovascular or thyroid problems. Women may have heart attacks, constipation or venous disease. However, women born this month have no problems during menopause.

## **December**

Men born in the last month of the year may have cataracts, depression and heart problems. Women may have asthma, thrombosis and chronic bronchitis.

## **Popular careers by birth month**



In addition to specific personality traits and common illnesses, here are the jobs that people often pursue due to the month of birth:

1. People born in January can become tax / debt collectors . or brokers.
2. People born in February can become artists.
3. People born in March can become musicians or pilots.
4. **People born in April can become dictators.**
5. People born in May can become sportsmen or politicians.
6. Those born in June can become CEOs or scientists.
7. **People born in July can become contractors, drivers or artists.**
8. People born in August can become contractors or politicians.
9. People born in September can become high achievers in school or sports.
10. **People born in October can become politicians.**
11. Those born in November can become ' *reputable* ' criminals.
12. Those born in December can become dentists or humanitarians.

**The results of the survey above are for reference only and not for fate or cannot be changed .** The first is due to weather conditions in each different country. Secondly, each person grows up in his own way, forming his own personality and taking care of his own health. It depends on each person, whether you are born on Christmas, National Day or Mid-Autumn night.

See also: 4 ways to hold hands revealing your personality

Having fun!

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