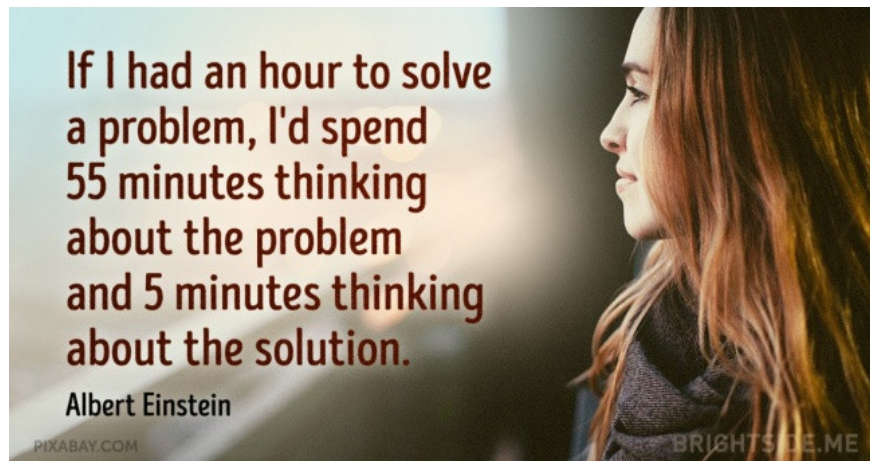


Reveal Einstein's problem solving formula

Every problem will have a solution, fast or slow, because of how you approach them. Let's see how Einstein solved his problems!

Life is always full of difficulties and obstacles that need to be overcome, helping us cultivate more energy, determination and ability to analyze things. Every time we encounter difficulties, we ourselves can learn something. That is why before you **solve the problem**, you need to take a step back and observe the whole thing. Because you want to solve the problem, the most important thing is to understand what is going on. That is the motto of the scientist **Albert Einstein** - genius with IQ 160.



Albert Einstein once said:

" If there is an hour to save the world, I will use 55 minutes to look at the problem and only use the remaining 5 minutes to find a solution ."

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Clarify the problem



The story is that a senior manager of Toyota asked his staff to come up with a plan to help " *increase productivity* ", but he did not receive any feedback from the staff. After that, he redefined the task as follows: " *Find a way to make your work simpler* " and as a result immediately receive countless interesting suggestions from employees.

The above story proves that choosing the right words plays a very important role, affecting the way we receive problems. Like the example above, for example, the phrase " *increased productivity* " means that you have to sacrifice something for the company, while " *working easier* " means you are doing one thing. something good for yourself. The problem is that they have the same meaning but each person understands in different meanings. So when faced with a difficult task, make sure you have analyzed it correctly.

Redefine the problem



Once, there was a truck stuck under the bridge. The forces of firefighters, police and other emergency services were mobilized to assist, but every attempt to move the car became meaningless. When the driver started to get frustrated, there was a boy passing by offering an extremely smart and simple solution - " *Why not deflect a tire*

?".

Each new issue is a small piece of the big picture - no matter how simple it can give us a variety of different assumptions and assumptions. Whenever you feel " *drowned* " in a small " *trouble sea* ", distracting from the main problem, try to "get up" from those sporadic details and look closely at the whole. problem. Because many theories may be inaccurate and confuse us.

What you need to do now is to eliminate false hypotheses, write down all the hypotheses you think might happen - including things that are clear and vague. This will give you a better view of **the problem** .

Find out what's inside



After observing the whole problem, divide it into smaller issues so that you can look at many different perspectives. In this way, you can understand the problem and understand the situation.

Thinking about solving problems



Before embarking on solving the problem, make sure you think every possible situation. Thinking about the different consequences of action is the opportunity to find the most new and complete solutions.

Use the most active language

1. Motivation

Affirmative words often have a higher power and help visualize options to make things easier. The difference between you saying: "*I will quit smoking*"; "*Will I exercise*" or "*I will extend my life*"?

1. Present the problem in the form of a question

The human brain loves puzzle. Therefore, when challenged with interesting questions, our brain will constantly search for answers, even when we don't realize it.

Making the problem more attractive



