

Recognize early signs of throat cancer for prompt treatment

Nasopharyngeal cancer (nasopharynx called upper oropharynx) is a form of cancer that is quite common in Vietnam and is a disease that progresses very quickly in the first time with little specific signs, often suffering from patients subjective, so most patients find it difficult to detect, resulting in very high mortality rates.

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Nasopharyngeal cancer comes from the epithelial cells in the throat area (the highest part of the throat, is dome shaped). People who drink alcohol, smoke, have a family history of illness . are also at risk of throat cancer. The object of this disease is usually in men aged 40-60 years old.



However, if the disease is detected early and treated promptly in the first stage, it will help the patient to prolong the life time is very high. That means, we are not subjective with simple though signs. When the body has the following expressions, you should go check it out soon.

1. Persistent sore throat with no known cause



A sore throat can be caused by a variety of causes such as cold weather, eating too much cold food . So, when you have a sore throat for a long time, it is good to take medicine forever. You should see the doctor early so that the doctor can know the cause of the disease. This is one of the earliest signs of throat cancer warning.

2. Cough, spit out blood or runny nose with blood



With nasopharyngeal cancer, when patients cough, spitting often appear blood and a little mucus. Similarly, when the nasal discharge is usually mixed with blood, it is a bit like nosebleed, because of this, it makes the patient even more unrecognizable. Many people have subjectively ignored these symptoms because they thought it was a bit like common diseases and not too dangerous. It is these subjective thoughts that make the throat cancer have a chance of rapid development leading to the final stage of the disease.

3. Difficulty swallowing



This is also a sign of throat cancer that many subjective people ignore. When the tumor begins to form and grow in the palate, it will make it difficult for the patient to eat. However, many people do not pay attention and mistakenly believe that this is just a condition of common sore throat, after a few days will be removed.

4. Suddenly tinnitus on one side



Nasopharyngeal cancer also causes the nerves in the ear to buzz, making the patient feel like hearing a whistle, a closed ear canal even without falling or hitting the person. This condition will become worse with the development of the disease.

5. Voice changes



Throat cancer makes the patient's throat change his voice. Often when the disease will develop, the patient's speech will change in a deeper, hoarse direction. When the disease changes to an advanced stage, the patient may not be able to pronounce.

So, when the above signs appear, you are definitely not subjective but go check it out now!

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