

# Putting the spice pack first or putting it in first also makes a difference

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1. Check the process of frying instant noodles in the factory
2. This is what happens in the stomach when you eat shrimp noodles
3. You need 3 minutes to have a hot bowl of shrimp noodles but the manufacturer needs 12 complex stages to create it

Shrimp noodles are a dish not so strange to us, especially students and office people.

When cooking noodles, how will you process them? Put the spice pack first or put the pasta noodles first? Many people think that it is no different to put pasta or spices in advance, the noodles are cooked and eaten in the stomach. However, this is not true, in fact, putting the spice first or the pasta will decide if the bowl of noodles you cook is delicious.



To prove this is true, you can follow and follow the following experiment with us to find out what is the best way to cook noodles.

## Step 1:



First we will also put water into two pots and boil the water on the stove.

**Step 2:**



With two pots of water, we will easily perform the experiment. Two pots with equal amounts of water and the same cooking time. Then, a pot we will add the spices first, squeeze the noodles in the next, and the remaining pot will squeeze the noodles first, seasoning later.

When noodles are cooked, turn off the stove and pour into two bowls to enjoy.

**Step 3:**



If you are also doing experiments, let us know your opinion about 2 noodles, and see which noodles are better. In our experiment, we will give a few participants to evaluate and consult which bowl of noodles is better, see the results.

When two bowls of noodles were tried, the majority of the participants thought that noodles were cooked in a way that added noodles to the previous water was better than the previous seasoning package. Most of the participants at the noodle test agreed that the pasta noodle was tougher and tasted better. As for the previous seasoning package, the noodles are bad and not delicious.