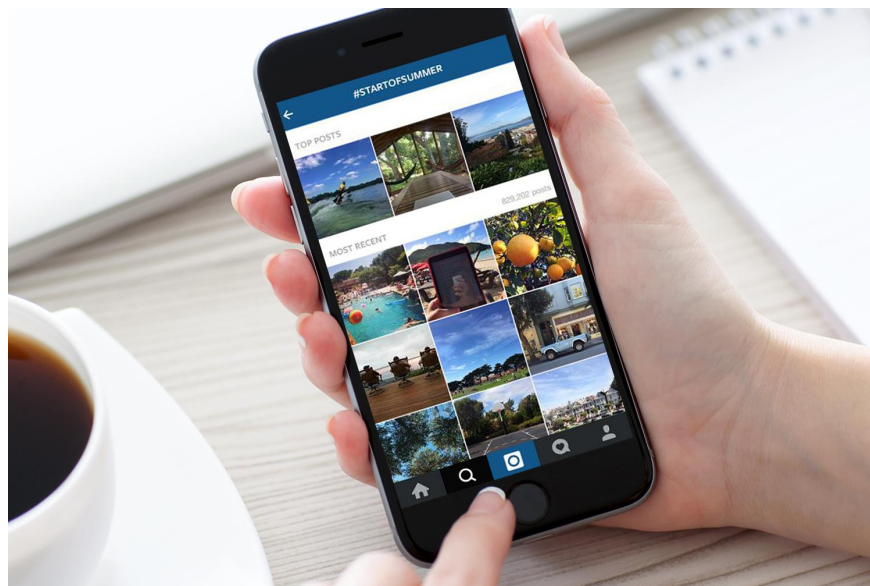


Post photos on Instagram at any time with the most likes?

If you want your photos posted on Instagram to get the most likes and comments, choose the right time to post.

If you want your photos posted on Instagram to get the most likes and comments, choose the right time to post.

The best time to upload photos on Instagram is probably at 5 pm Eastern Standard Time (EST - Eastern Standard Time).

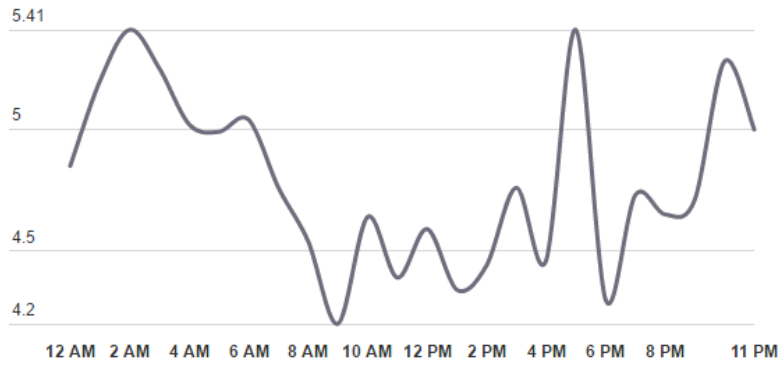


Latergramme is a service that allows users to manage and plan posting on Instagram.

At the request of Huffington Post, Latergramme analyzed over 61,000 postings on Instagram to determine the "golden" time that users should post photos on Instagram to get the most likes and comments.

The average result, the time of 2 am and 5 pm Eastern Standard time is the best time to upload photos to Instagram. Time should not be posted at 9 am and 6 pm.

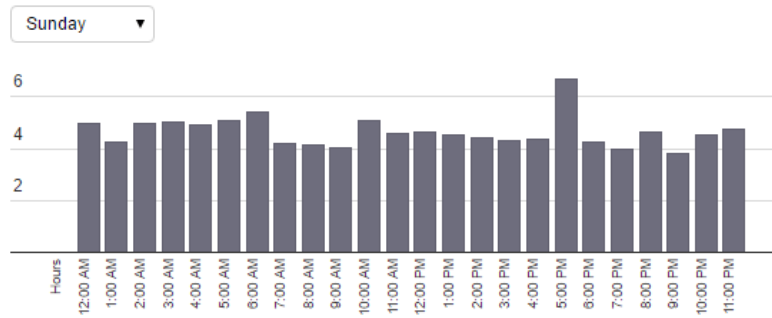
Also Wednesday is the best day of the week to post photos on Instagram.



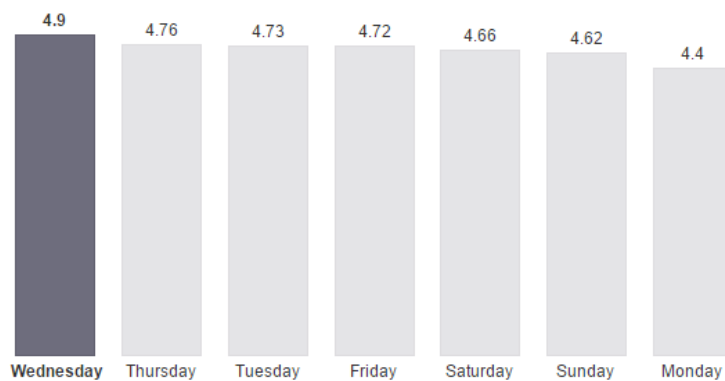
What's special at 2 am and at 5 pm? According to Matt Smith, founder of Latergramme: " We think that the time of 5 pm is the time when people have less work, so they have more time to access and use Instagram more."

In addition, Latergramme also analyzes different times of the day. For example, Monday, the time at 5 pm is not the time to upload, the best time is at 7 pm and 10 pm.

On Friday, the time at 1am and 8pm is the best time to post "sweet" images.



Finally, Latergram analyzes weekdays and the fourth conclusion is the best day of the week to post on Instagram.



Refer to some of the following articles:

1. **How to permanently delete Instagram account and temporarily disable it**
2. **12 tips to make it easier for you to master Instagram**
3. **Instructions for sharing Live Photos on Facebook and Instagram**

Wish you have moments of fun!

You finished reading the article "**Post photos on Instagram at any time with the most likes?**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.