

People with high levels of education are less likely to develop Alzheimer's disease

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Using genetic information, researchers from Karolinska Academy in Sweden provide new evidence that higher levels of education are closely related to low risk of Alzheimer's disease.

Researchers have used Mendelian randomization to evaluate whether different education and lifestyles are linked to Alzheimer's disease.

Randomized Mendelian is a method of using genetic information to draw conclusions between potential risk factors and disease.



Analysis includes more than 900 genetic variants that show an association between risk factors.

Comparing these genetic variants among 17,000 Alzheimer's patients and 37,000 health-controlled people, the risk of infection is closely related to the genetic and educational-related genetic variations.

Susanna C Larsson, Karolinska Institute said: "Our results are strong evidence that higher levels of education are associated with lower risk of Alzheimer's disease, thus improving the academic toxicity, education can significantly reduce the number of people suffering from this devastating disease ".

According to the researchers, an explanation for this link is "cognitive reserve genes," which can select and use alternative brain networks to compensate for brain aging. by the time. The study is published in BMJ magazine.

"Evidence suggests that education helps improve the brain's network and therefore may increase this useful stock of storage," Larsson said.

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