

# Outstanding Fitness Trainers You Need To Follow On Social Media

If you are a fitness enthusiast and need to keep yourself motivated, follow the fitness trainers who are popular on Instagram and know how they have come this far. Check out the pictures and videos of their workouts and know more about why they are an inspiration for millions.

Get inspired and create your Instagram account based on the fitness niche or any other niche of your choice. To increase Instagram followers, you can go for the top Instagram growth service. Let's get started with our list of outstanding fitness trainers you must follow on social media.

Picture 1 of Outstanding Fitness Trainers You Need To Follow On Social Media

## **Raneir Pollard**

Being a coach of some of the most popular fitness platforms like Supernatural, Popsugar Fitness, and Equinox, Raneir Pollard is a strict but entertaining fitness trainer. He is even a global record holder in completing maximum burpees in one minute while wearing a stiletto. In every post, he speaks several motivational words that truly inspire. His primary aim is to bring innovation in fitness training without compromising its health benefits. No wonder he has an army of followers.

## **Nathan McCullum**

Hailing from Australia, Nathan McCullum is another famous personality on Instagram. Owing to his amazing exercise and workout videos and pictures, he has 849K followers. He follows his special coaching plan focused on strength training, called the Milestone Strength, about which you can know more by visiting his profile. Nathan mainly focuses on cardio, dancing, target area exercises, and strength training. You will learn how to set examples for yourself and use your experience to motivate others with him. He also shares funny videos at times.

## **Dylan Werner**

Dylan Werner has taken exercising to the next level. He perfectly blends the flexibility of yoga with the enthusiasm of exercising. His 803K followers highlight the popularity of his style. If you love yoga and want to learn a new style or improved exercise forms, then do not forget to follow Dylan Werner. He is the king of modern-day yoga and a true master of flexibility and balance. In his videos, you can see him perform wonderful bending and twisting yoga poses. In every picture or video, he makes some mind-boggling moves that will leave you speechless.

## **Justin and Taylor Norris**

For all fitness enthusiasts, following Justin and Taylor Norris can be a great move. The reason they should be on your list is because of their low-impact yet high-intensity workouts. Having a correct posture is paramount, and if you are looking for a posture correction exercise, then Justin and Tylor Norris videos will be of great help. The session starts with the energetic moves of Justin mostly, while Taylor has her calm workout sessions that are quite motivating. So, if you are beginning your fitness journey, you must look at Justin and Taylor Norris videos.

## **Final thoughts**

These are a few well-known fitness trainers you can start following and get inspired by their achievements. Not only do they keep themselves engaged in different workouts and fitness plans, but they also have successfully coached and trained several others. They also share their success tips, exercising tips that will certainly motivate and inspire you.

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