

# Out of the mouth, people who are smart will avoid these words!

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People born with everyone have a mouth, this mouth is used to eat well, nourish the body, used to speak daily communication, create a relationship, harmonious communication, understand each other, use to preach, chant, teach, transmit knowledge and benefits to many people. However, it is also this mouth, many people use to say bad words, create their own karma without knowing it. So to create happiness for yourself and to eliminate karma, begin to eliminate the following vices:

## 1. Eat without saying yes, if you say no



In life, those who specialize in food do not say yes, setting up stories for others are often seen as the embodiment of demons, when dying, they will not go to heaven but will be filled down to 18 hell. These people are the cause of the conflict, the market in this life.

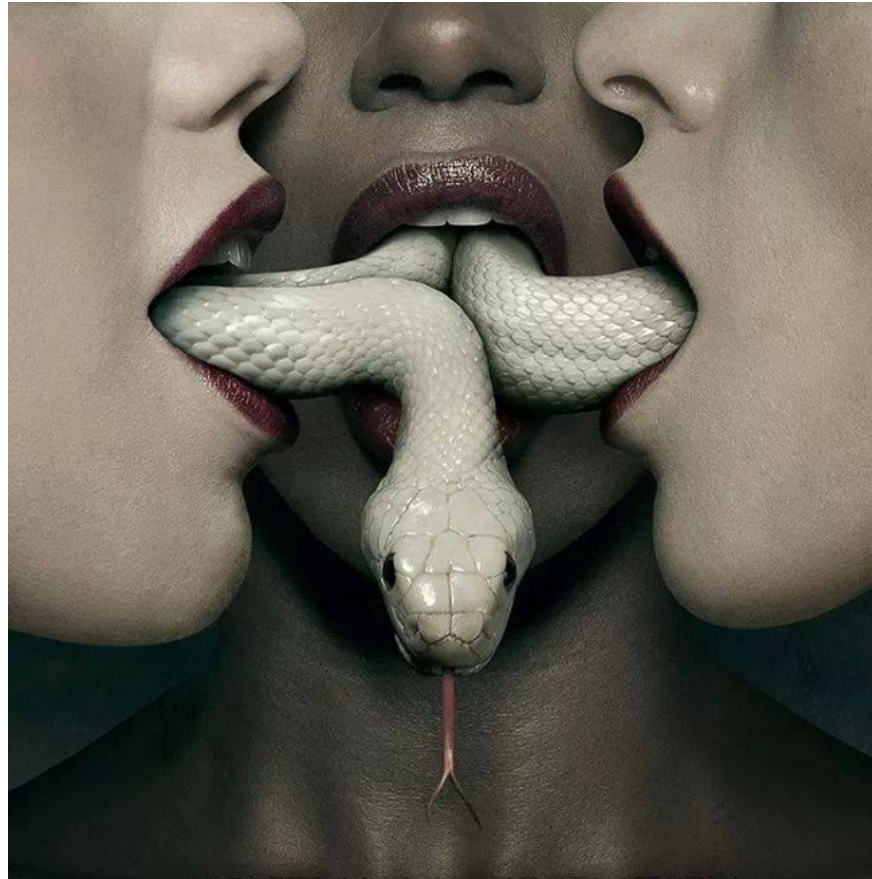
So there is the question: 'the most intelligent intelligence is the truth'. Even if you don't think your innocuous lie doesn't harm anyone, the truth is only one, only you can understand that you have just said / done something wrong with self-esteem. Of course.

## **2. Cruel words**



"The wound you cause on other people's bodies also has a good day, and the wound caused by the words is unknown when it will heal." Therefore, in every word, your voice should be careful not to make one suffer and I avoid the heavy karma.

## **3. Double-sided speech**



For those who do not have personal opinions, say two words, the afternoon wind that obscures that direction will be those who specialize in internal conflicts, taking advantage to cultivate the benefits for themselves. Therefore, when meeting these guys, it is best not to socialize, make friends to avoid meeting yourself.

Besides, you also need to learn for yourself the ability to be assertive. Knowing to take responsibility for your words and actions to respect people.

#### **4. Words of embroidery**

Ancient people have the phrase 'half the truth is not true'. You think that you still say the right things and just 'add' some more funny or thrilling situations to gossip, so don't do it.

The words should only be audible enough, understandable and sincere enough, just passing it to the person after the story will become something else. 'Three star ventures' is also one of the mistakes that people often accidentally make.

#### **5. Eating well**



It sounds strange, but fussy eating, wasteful, consuming money and wasting effort is also a human career in modern life. So in order to keep the karma, we should eat and drink economically, we should not be left over and use good and simple processed foods.

## **6. Criticism, criticizing others**

From small to large, most of us live in a shared environment, comparing and evaluating people around us. When babies often compare with you about scores, family, living conditions. Then when I grew up, I went back to work to compare with people about the salary, status . These are the things that formed in the people we are psychologically comparing, calculating as well as envy, gradually the This personality turns into greed, contradiction that causes unnecessary conflicts in this life. In order to avoid this, it is best for each person to learn by themselves and draw experiences for themselves so that life can be relaxed.

## **7. Mosses for them**



This can be understood as a lot of people who talk badly behind people. We humans, no one is perfect, so understand them, don't bring their weaknesses to critique, preach to get their happy stories that those around them. If you see them doing something wrong, instead of preaching, you can advise and remind them to change. So you have avoided the vocation.

In addition to the above 7 vows, the Buddha taught, there are 4 classes of people we should avoid:

1. Those are people who often say other people's mistakes
2. Those who talk about superstition, wrong views
3. The mouths speak good words but the mind is bad
4. Those who do much less

Keep in mind that as much wealth as you can make, but the words of your mind will last forever, the value you give is exactly what you get back. People who speak beautiful and loving words always feel at ease, peace and vice versa.

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