

Only surgery can remove scars

The only way to make the scar disappear is to surgically remove the scar followed by stitches or skin grafts

Scars usually have 3 characteristics that are raised, dark and hard. The methods of skin grinding or CO2 laser burning cannot remove the scar, but can only make it less convex and lighter in color. Many patients have had skin accidents or larger keloids after scar treatment with ultra-abrasive or laser techniques.



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Cosmetic methods can help fade the scar, but there is no guarantee that it will not bulge again, even bigger and worse than the original, especially if it is not well maintained. About 30% of people who have a dermabrasion scar have a keloid scar afterward. That's because when the epidermis is lost, the underlying muscle tissue will grow out of control because it is no longer controlled. In addition, that skin area is also very prone to darkening.

The application of cream also does not remove the scar. However, if applied timely and long enough, from thread cutting in 3-6 months, it will help the scar become less noticeable.

According to medical experts, the only way to make scars disappear is to surgically remove the scar followed by stitches or skin grafts.

Surgical methods to remove scars are being applied



Surgical methods to remove scars first

Aesthetic stitch

If the scar is small, after cutting, the doctor will sew under the skin so that the thread does not come out, there is no suture. In some cases, there is no need to use thread but take biological glue to glue the two edges. This remedy is ideal for the face area.

2

Skin flaps

Used for large, convex scars. After cutting the scar, use the skin flap next to move up to graft.

3

Autologous skin graft

Take the skin from another place to graft to the area cut by the scar.

4

Artificial skin grafts

Used in case the scar area is too large. After artificial skin grafting, the doctor will cover a thin layer of skin taken from the thigh or head, .

5

Skin stretching

Apply to large scars and complex locations such as head, face, neck, arms. To have a skin graft, the doctor does not cut elsewhere, but places a bag of water under the skin next to the scar, then gradually injects water. The skin there will grow and stretch until enough grafts are available.

Microsurgery

The doctor transfers a flap of muscle skin with blood vessels such as in the thighs and arms, behind the back, . to the area with large scars, connecting the blood vessels by microsurgery techniques.

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