

Obese mothers during pregnancy are related to behavioral problems in boys after birth

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Barbara Abrams, of the Department of Epidemiology, School of Public Health, University of California, USA, said: *"Research results show that early intervention with women in order to achieve appropriate weight before bearing Pregnancy is important to their health as well as to the health of their future children. "*

Recent studies show that a mother's weight is too high that can affect her postnatal behavior, which is manifested by hyperactivity disorder.



According to estimates by the US Centers for Disease Control and Prevention, about 15/100 women of reproductive age are severely obese.

In the study of the latest American Journal of Preventive Medicine, researchers analyzed data from the US National Longitudinal Survey of Youth 1979 to assess whether the maternal weight index before pregnancy was affected. whether or not behavioral problems in school-aged children are later.

The study included nearly 5,000 women who joined their children, studied between 1986 and 2012, and children aged 4 to 14, who showed behavioral abnormalities every two years.

Research shows that boys with mothers who begin to become pregnant when obese are at high risk for abnormal behavioral problems from 9 to 11 years old, and the heavier the mother during pregnancy is at risk for problems. behavioral problems in boys are extremely high.

Researcher Juliana Deardorff of the Department of Public Health Science said previous research shows many signs of exposure during pregnancy (from stress to chemicals) that boys tend to be exposed to exposure. Infection in the uterus rather than girls.

The School of Public Health at UC Berkeley said. "Our research extends from the study of obesity in mothers'.

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