

# Notes when using air conditioner for children

Using air conditioning fans for children is reasonable and healthy for children and family members.

## 1. How to use an effective air conditioner fan

Summer has come out of air conditioning, the air conditioner fan also known with the name of the cooler is also a good assistant to help all families dispel the heat in the summer day. However, using a fan to regulate how to be effective and ensure health for all family members, especially families with young children is a problem that many parents care about. To solve the above questions, please join TipsMake.com to find out.

## Quick review of content

1. Fan location
2. Time of use
3. Moisture spray mode
4. Ion creation mode
5. Hygiene

## 1. Do not let fans blow directly to young people



This is one thing that parents need to keep in mind, because letting the wind blow directly into the young person will cause the body temperature to be cold, this will not be good for your baby's health. Therefore, parents should adjust the lowest amount of wind and should allow the fan to rotate, reverse so that the amount of air that is mixed into the air is spread throughout the room, it is also not recommended for fans to concentrate in one

position. any fixed location. To ensure the health of children, when placing the fan, you should place away from the child located from 1-2m is the most reasonable.

## **2. Do not use a fan when a child is getting too much sweat**



In hot weather, when children have fun or go outside in the sun, people often have lots of sweaty tissues. At this time, parents should not hurry to turn on the fan for children, because at this time the blood vessels of the skin are expanding, if the wind blows abruptly, the blood vessels will constrict, stopping the sweat glands causing the imbalance of heat and birth. The heat in a child's body makes children more susceptible to disease. So parents need to clean the sweat and let them rest so that their body temperature returns to normal.

## **3. Limit the use of moisture spray in closed rooms**



Air fans often have a mist spray mode to moisten the air, which can create continuous moisture for hours. If your room is cool enough and the humidity is enough, it is best to turn off this humidification mode and keep the fan in normal mode for your baby's health. If the humidity is high, it will be the ideal environment for bacteria to grow, the resistance of children is weak and prone to ear, nose and throat diseases due to humid air.

#### **4. Turn on ion generation mode to purify the air**



On the market today, instead of using air purifiers separately, consumers prefer to choose ion-type fans that purify the air. With fans with this mode, you should take advantage of this mode when used for children, because it will help the air flow is cleaner, more open.

#### **5. It is recommended to clean the regulating fan regularly**



As with other items, air-conditioning fans also need to be cleaned regularly to ensure cleanliness. In particular, water-repellent membranes in fans are often damp, and are home to many pathogenic bacteria. When the fan is turned on, they are released into the air, people with weak resistance to inhalation will easily get sick. So you need to clean it regularly once a month: cleaning water-repellent membranes, dust filters, water containers.

Water bottles in the fan if left for too long will cause the water to cause unpleasant odors when used, affecting the atmosphere of children. So after 2 days of use you should clean and replace new water in the bottle.

**See more:**

1. Structure and operating principle of air-conditioning fan
2. [Advice] Which fan should you buy?
3. Instructions on how to clean the cooler properly

Hopefully the above article will provide you with more useful information when using air conditioner for children.

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