

New sound waves can treat high blood pressure, migraine

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Previously, medical sound waves act primarily through the sensor system placed on the scalp. However, the new upgrade shows that this type of sound wave is converted to **electroencephalic mirroring resonant sound waves (HIRREM)** and then transmitted through headphones with a millisecond intensity with many tunes of live sound waves. into the ears of the listener. - Dr. Charles Tegeler, a Wake Forest neuroscience professor at the Medical School in Winston-Salem, NC said in a statement.

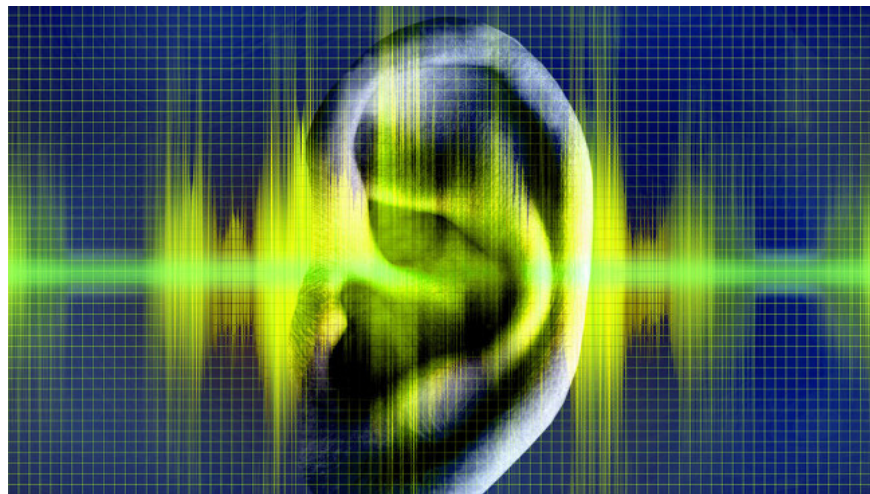


Photo source: Internet.

The experiment was based on the new **HIRREM** sound wave **therapy** on 10 men and women after 18 sessions of continuous sound waves for about 10 days.

The results showed that their systolic blood pressure dropped from 152 to 136, diastolic blood pressure decreased from 97 to 81, blood pressure was always normal at 120/80 mm Hg or slightly lower. This is considered an ideal and effective parameter for people who often suffer from high blood pressure.

Dr. Raymond Townsend, a professor and director of the Hypertension Program in Penn Medicine, says the use of this new sound wave technology is capable of promoting the same medical mission as previous antihypertensive pills. now we see.

Also on HIRREM sound wave technology transmitted through this headset, the group surveyed 52 adults suffering from migraine and continuously heard 16 sound waves in 9 days.

Two weeks after the end of the trial showed that these people tended to sleep better, the migraine situation improved significantly.

Experts said, the reason HIRREM sound wave technology when going into the listener's ear, it goes into the brain system, neurologist's experiment, helps **stimulate brain relaxation**, reorganize the god system Sutra by reacting through positive biological responses.

In particular, the autonomic nervous system has the ability to unconsciously control the internal organs functions such as heart rate, brain, respiratory, digestion, greatly improving the problems of high blood pressure and migraine. head as well as some other neurological and cardiovascular diseases. - Dawn Buse, director of Behavioral Medicine at Montefiore Headache Center in New York City, said in a statement.

Huynh Dung (According to UPI)

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