

New research: People working in prisons have a risk of developing lung cancer

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Specifically, this group of people is more than 50% more likely to die from cancer than the average person. In particular, men increased their risk of death from head and neck diseases three times, liver cancer and women were 3 times more likely to die from **cervical cancer** .

Dr. Fiona Kouyoumdjian, a researcher at McMaster Hospital and University and author of the St. Michael has officially warned about the high death rate of the group who spend a lot of time working in prisons and prisons.

' We know that this group of people tends to use more stealthy alcohol, smoke more, indiscriminate eating, not to mention infectious diseases, HPV-like infections (Human Papilloma Virus). and HIV and some other bacteria and germs. All are linked to an increased risk of certain cancers, " she said.

1. 5 items near the bed increase your risk of cancer
2. The top 5 foods to eat are at higher risk of cancer



The research team tracked 50,000 people in Ontario prisons from 2000 to the present to see how many people

have had cancer over the past 17 years.

Results showed that between 2000 and 2012, 2.6% of men and 2.8% of men worked in prisons, prisons that were diagnosed with cancer. Among common men are **lung** , prostate, colorectal and head and neck cancer, while the most common types of cancer for women are breast, lung and cervical cancer.

And there were 1.1% of men and 0.9% of women who died of cancer. The mortality rate in men is 1.6 times higher, in which women are 1.4 times higher than those who live in normal conditions.

Dr. Kouyoumdjian said the study showed that we need to prioritize cancer prevention efforts for those working in prisons, prisons .

' They need to be prioritized to monitor and improve periodic health with public health programs ' - she said.

" The specific strategy that we can prevent cancer for this group of people is to ban smoking, HPV and HBV vaccination, pap screening and hepatitis C treatment, and prevention and prevention strategies. Other, especially the young team working in prisons and prisons ".

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