

New research: Coffee cannot treat Parkinson's disease

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Before now, Parkinson's disease is a disorder of the central nervous system affecting human behavior, often including body parts tremor, impairment, cognitive behavior.

Rejecting recent rumors, scientists recommend caffeine cannot be used as a symptomatic treatment for Parkinson's disease.



Researchers from McGill University in Montreal, Canada showed that coffee may not reduce symptoms of Parkinson's disease.

A more in-depth investigation showed that the drink had no effect on relieving the symptoms of paralysis and tremor.

The researcher Dr Ronald Postuma said that it is hard to believe that caffeine, safe and cheap, can reduce the risk of developing Parkinson's disease.

"So it was surprising to discover that it could help people with the disease," Postuma added.

Recently, however, the team of scientists analyzed 121 people with an average age of 62, who were diagnosed with Parkinson's disease for an average of four years.

Among them, half were given one caffeinated coffee capsule 200mg daily, one tablet at a time in the morning and once after lunch, equivalent to 3 cups of coffee a day, while the other half was given placebo pills.

To help them adjust the amount of caffeine, the dose is slowly increased, starting with placebo and reaching 200 milligram consumption in the ninth week.

The study participants were followed for 6 to 18 months.

New findings show no improvement in motor symptoms in patients with Parkinson who have taken caffeine tablets compared to those who took placebo pills.

There is also no difference in quality of life, physical and health changes.

Dr. Postuma said that although previous research has shown that it can improve symptoms, it is only a small study, observing it for a short period of time, that its effect may have dissipated in one certain time period after that.

This study is discussed on the online forum of neuroscience issues.

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