

## Medical discovery: 'Drinking clean water increases the risk of asthma'

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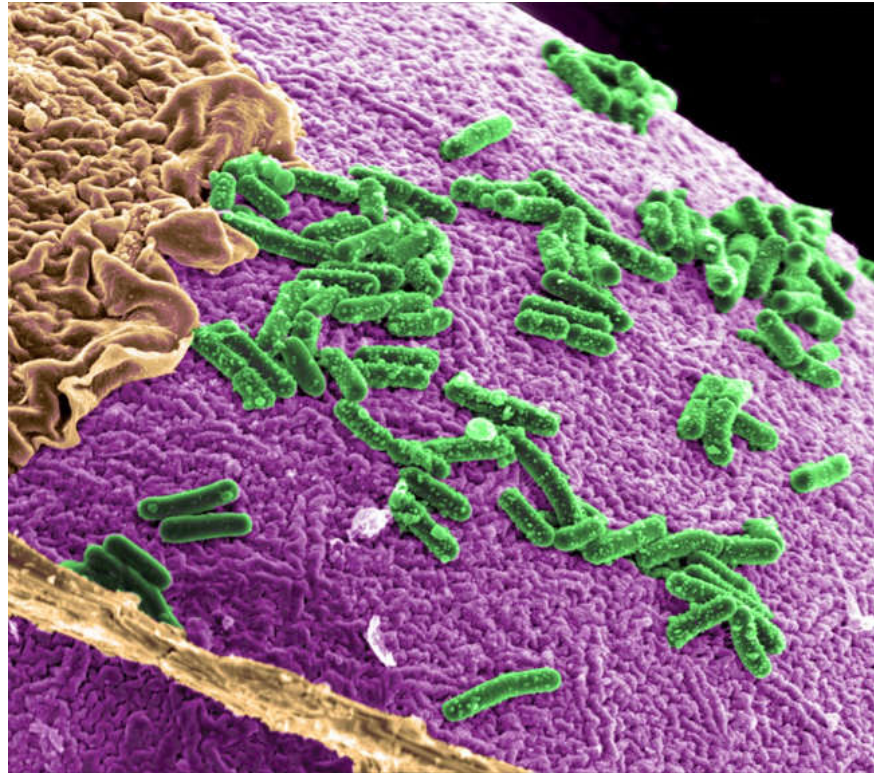
Accordingly, researchers from the University of British Columbia in Canada show that a link between the risk of **asthma** and the clean water we drink daily especially with children.

Research results clearly indicate that bacteria in the intestinal tract play a very important role in preventing asthma. In particular, the presence of **Pichia yeast** in the intestinal tract is predicted to be linked to asthma in children.



" Children with more types of *Pichia yeast* in their intestines are more likely to have asthma, " said researcher Brett Finlay in a statement.

' This is a very unexpected thing because before now, clean water has always been considered good for health. However, this finding, in contrast, shows that sometimes water is not clean and contains lots of dirt, strange bacteria can help the body stop asthma, 'Brett Finlay added.



This study once again gives us a better understanding of the importance of microbes, microorganisms in the water and intestines to the overall health of a human being.

In the previous study, Finlay and his colleagues identified four beneficial intestinal bacteria in children and if in the first 100 days of a child the intestine possesses these four bacteria, it is almost The ability to prevent asthma is very high.

To this conclusion, the team conducted experiments using stool samples and medical information from 100 children in a rural village in Ecuador specializing in drinking clean water.



The results showed that they found a intestinal yeast of a new infant in Ecuador that appears to be a potential risk factor for developing asthma.

Not only that, the group also discovered that four types of bacteria in the gut of children less than 100 days old have a habit of using normal, unclean water and it seems that these bacteria prevent harmful bacteria from growing. asthma in later life.

*' Children who have a habit of drinking clean, clean water have a higher rate of asthma than children who drink plain, slightly dirty water because there are no beneficial bacteria that kill asthma-causing yeasts ' - Finlay shared more.*

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