

# Meaning and how to prepare a Year-end tray

Year-end service is an opportunity for children and grandchildren to express their gratitude to their ancestors who have supported them in the past year to do business and meet and learn to come and pray. That is to show morality to drink water to remember the source of our people.

According to the custom of the traditional Vietnamese New Year, every night of the year is all members of the family, from old to young, gather together to pay tribute, remembering the ancestors who have supported the family. In the past year, the family has had a lot of health, prosperous business, learning to go to . In addition, the year-end **meal** is also an opportunity to reunite with all family members after a year away. how, expressing the beautiful morality of drinking water, remember the source of the Vietnamese people.

## 1. Meaning of a yearly meal

Year-end is a party, a festival farewell to the old year and welcomes a new year with many successes and advantages. This is the day when family members will **gather** together to have a meal together for the end of the year, and this meal usually takes place in the afternoon or evening of the night 30. According to the customs and habits in every human domain We will make offerings for the following year, depending on whether the host has invited more friends or relatives to attend with his family.



In the afternoon of 30 New Year, the house is carefully prepared for the seeing off of the old year, welcoming the new spring. According to custom, in the **afternoon of 30 Tet** , all families planted trees to dispel demons. On the front yard of the house, people use white lime to draw a bow and arrow facing the gate, and also draw three squares and seven circles with the concept: "*The three squares compare with the seven circles / The life of the father and the son rich* ". Especially the meal in the afternoon of 30 Lunar New Year is a sacred moment for

every family. In the tray, the eldest person will ask the descendants how good the business is last year and ask if the children have enough new clothes? How did you study last year? Grandparents rejoice when they are healthy, showing their merit certificates as their academic achievement for the past year, and to remind children who do not have a certificate of merit, try to learn to achieve High achievement next year. In the meal if anyone in the family is absent, the family will be reminded the most. Besides the meaning of family reunion, the year-end meal is also a ceremony to see farewell to the old year, prepare for the new year, invite **Mr. Cong Mr. Apple** to the world to continue to manage the kitchen. After the meal, the year is the time when everyone in the family prepares to worship the new year, sees off the old year and celebrates the new year full of hope that everything will work well.



## 2. How to prepare all-year-old rice tray

Basically, in every family on the 30th of the New Year, prepare two trays and one tray to serve all the year and then to have dinner, and another to prepare for the new year. The oldest man in the house lit incense and read the vows, then the other members did the ceremony. The main content is to invite gods and ancestors to eat Tet with family. For simplicity, many families combine the ceremony to celebrate the year with the New Year's Eve offering.

Rituals of worshipping year-old ceremonies depend on regions, each place will be different and depending on family conditions, prepared. However, certain items must be present when worshipping in the customs of the Vietnamese people are: **five fruits tray, flowers, votives, betel nuts, wine, banh chung**, . dishes on Tet will be dignified at the altar. Some areas have a red line, " *Mr. Ong cloth* " (2 pairs of sugar cane with enough tops, lush leaves, and cupped each other on both sides of the altar). In particular, before offering all years, the whole family must be present and respectfully worship.

### 1. Worship of the Year-end Ceremony on the 30th day of the New Year

Year-end meals are more than usual. Depending on the region, it has its own characteristics, such as the North or the soup with stewed bamboo shoots, vermicelli with chicken, sticky rice, banh chung, spring rolls, silk rolls, fried rolls . while the Central region has banh chung or banh chung tuck, silk rolls, chicken squeeze laksas leaves, boiled pork, sour price . for the South or have tét cake, bamboo shoots, meat stock, meat and shrimp salad,

spring rolls, spring rolls .

In addition to the above salty dishes, all regions have five fruits as an indispensable part. Five fruits tray to offer the family to the family should choose common and edible fruits. Families can choose from 5 different types of fruits, each representing the homeowner's wish through the name and color of the fruit.

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