

# Math proves: 26 years old is the best time to get married!

26 is the age when we date, most are reliable - it's a time when we can stop looking and start building a family, entering a new era of self-development.

If you're in your 20s dreaming and have a memorable Valentine's Day, you're thinking about your romantic future with that person, consider **the 37% rule** ( *37% Rule - a new rule Rediscovered, but heavily applied in medicine, science, finding employees, even in love when choosing a partner again* .

According to journalist Brian Christian and cognitive scientist Tom Griffiths, co-author of the famous book "*Algorithms to Live By: The Computer Science of Human Decisions*" (roughly translating: "*Algorithms in life: Computer science How to influence people's decisions*"), if you are wondering in choosing **the ideal mate** among many other potential objects, this rule can save you time thinking. about "*when to get married*".



The 37% rule is basically understood when wondering between multiple choices over a limited period of time - about certain jobs, new apartments or potential romantic partners - for the best time to decide when you should use 37% of those choices.

At the time of the selection process, you will have to gather all the information to make a formal decision, but remember that you don't waste too much time looking at more choices than necessary. At 37%, you have maximized your chances to make the best choice.



The 37% rule was first demonstrated by an anonymous mathematician in the 1960s, with a famous thinking experiment called "*The Secretary Problem - The Secretary Problem* ."

Suppose you are a manager and are looking for a good secretary among  $n$  candidates. Hypothetically, you can only interview each secretary once in a random order and decide whether or not to accept it immediately after interviewing the candidate. If you refuse a candidate, you don't have a chance to meet and hire them again ( *because they may have been accepted into another job* ). During the interview process, you can rank the candidates interviewed but of course not know anything about the quality of the candidate who has not been interviewed. The question arises: "*How to use tactics to optimize the probability of recruiting the best candidates?* " .

The author explains if you only interviewed 3 candidates, best, you should wait until the second interview is finished to make a decision. If she's better than the first one, hire her. If she's not as good as the first person, keep waiting until the third person. Similarly, if you have 5 candidates, wait until after interviewing a 3rd person to make a decision.



Besides, we can apply this rule to a partner selection strategy, if you are looking for a lover between the ages of 18 and 40, it is clear, the best time for you to choose. The future husband / wife is when the 26th birthday has passed (because the age between 37% in the 22 year period is 8, you get the first mark of 18 plus 8 will be 26). If you get married before that age, you may miss more quality partners; but then, good choices are often gone and the chance to find an ideal partner will diminish.

In mathematical language, finding a potential dating person is known as the optimal stop theory. Christian and Griffiths have further explanations, for example if you have 1,000 choices you should also point someone around 36.81%. If the range is larger, you can choose exactly 37%. Studies of successful marriages show that **the best age for marriage is 26 years old**.



In July 2015, the sociologist Nicholas H. Wolfinger of the University of Utah discovered: "*If you are married between the ages of 28 and 32, the divorce rate is the lowest. This range seems unlikely. If you calculate the 28-year-old rule, it will be 45%, but remember, we often have to make a decision to choose a partner before we get married.*" Nicholas Wolfinger further analyzes that, if you get married after the age of 32, every 1 year means your chances of divorce increase by 5%.

However, the 37% rule is not a perfect rule, because it is borrowed from a rigid mathematical formula. It is said that people have a clear understanding of what they want when they are 26 years old, but not to mention the fact that what we seek in partners can change dramatically in age. from 18 to 40. Besides, in human life is affected by many objective things, it is difficult to control according to your own will.

In short, the 37% rule says: 26 is the age when we date, most are reliable - it's a time when we can stop searching and start building a family, entered a new period of self-development.

Refer to some more articles:

1. Scientifically proven: 9 tips to help the brain be healthy and happy
2. Science proves: Women work more brains than men, so they need more sleep!
3. New scientific discovery: Jogging may not be good for health

Having fun!

You finished reading the article "**Math proves: 26 years old is the best time to get married!**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.

