

# Losing up to 2 thirds of blood in the body, can humans survive?

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1. Why split into blood groups?

## Why can that happen?

This is not the case when someone is hit by a traffic accident or accident, but it is true for some other cases.

On average, a person has about 4.5 - 5.5 liters of blood circulating in the body. And in fact, blood is a mixture of 4 components: plasma, white blood cells, red blood cells and platelets. Especially, those ingredients have different lifespans and the human body has its own mechanism to regulate blood volume. The cells are constantly being replaced in a short time, so blood is always replenished. This is also the reason we can donate a standard amount of blood (about 10% of the blood you have) and still not be affected much to your health.

Let's find out more in the video below to better understand why humans can survive with only 1/3 of blood?

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