

# Living 50 meters away from the road, the risk of memory loss is very high

A new scientific study shows that the impact is not very good for those who live too close to roads at a distance of 50 meters.

A new scientific research shows that the impact is not very good for those who live too close to the **roads** .

According to a new study published in the Lancet journal, people who live too close to roads at a distance of 50 meters have a 7% higher risk of **dementia** than those who live about 300 meters from the road.

' *Our new findings suggest that if you live too close to a busy road, you are at higher risk of dementia .* ' - The study's lead author, Dr. Hong Chen from the Institute of Clinical Sciences in Canada said in a statement.

' *Too long exposure to too close distances on roads has a certain impact on public health* ' - Chen added.



To this conclusion, Dr. Hong Chen and his team conducted a survey, studying online records of 6.5 million people aged 20-85 in Ontario, Canada living near roads with possibilities. diseases such as dementia, park disease and other diseases .

The study results show that there are more than 243,611 cases of living near roads that are at risk of dementia.

Not only dementia, but people living near roads also have **multiple sclerosis, neurological disorders, mental illness, Parkison** .

' *Research indicates that people who live too close to roads are at risk of health effects from various types of physical, chemical, dust and sound pollution, through respiratory organs, olfaction, Vision, hearing, toxins absorbed gradually through the bloodstream, especially through the conduction system to the nerve impulse will cause diseases related to dementia as well as some other neurological diseases* '. - Dr. Ray from Ontario Public Health Institute (PHO) added.

In addition, the results showed that people who lived too close to roads within a 50-meter range had a 7% higher risk of dementia than those who lived at a distance of about 300 meters and a 4% reduction in risk. if living at a distance of 51 meters to 100 meters and reducing by 2% if living at a distance of 101 meters to 200 meters. **Over 200 meters, people living will not suffer from dementia .**

In addition, this study is also a scientific basis for the Canadian government to adjust the construction and planning of residential housing in accordance with public health standards.

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