

List of fruits voted the rarest and most delicious in the world

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1. Ackee

This fruit is related to the lychee but resembles a pear and is native to tropical West Africa. It is an ingredient in the traditional Jamaican dish: ackee and saltfish. When ripe, the ackee is orange and splits into three parts.



2. Rambutan



This is a fruit of the Sapindaceae family, originating from Southeast Asia. Rambutan fruit has many hairs covering the outside, when ripe it is red and has a sweet taste.

3. Rosehip



This fruit is also known by many other names such as lantern, thu lu canh or bom bop, the scientific name is *Physalis angulata*, belongs to the nightshade tree, originating from South America. The round, smooth fruit is

covered by a layer of transparent leaves. When ripe, the fruit is dark yellow and tastes similar to tomatoes.

4. Plinia Cauliflora (woody grape)



A species native to Southeast Brazil. In appearance, Plinia Cauliflora fruits resemble grapes, but they do not form clusters but grow directly on the tree trunk. When ripe, the fruit is purple, has white flesh, and is sweet and aromatic.

5. Kiwano Cucumber - Horned Cucumber



This strange fruit is elongated and has many thorns on the outside. When ripe, the fruit is orange-yellow, has green flesh, many seeds, and tastes like a cross between a cucumber and a squash. This strange fruit is a traditional food, an important food source for Africans.

6. Durian



With its unique flavor, durian is known as the 'king of fruits' in Southeast Asia. This fruit originates from Indonesia and Malaysia. The fruit is quite large, with a thorny shell covering the fragrant golden pulp inside. Its flavor is very strong, not everyone can eat this fruit.

7. Miracle Berry



Just eat this fruit, then eat any dish, whether sour, spicy, bitter. the eater will feel sweet. This is the reason people call it the miracle fruit. The miracle fruit originates from the tropical forests of West Africa.

8. Mangosteen



This fruit originates from Indonesia. When ripe, the fruit is purple, the outer skin is quite thick, the flesh is divided into many white segments, and has a sweet and fragrant taste.

9. Cherimoya - Soursop



Cherimoya is a member of the soursop family, native to Ecuador, Colombia, Peru and Bolivia. Cherimoya tastes like a cross between banana, pineapple, papaya, peach and strawberry. The seeds are poisonous and should not be eaten.

10. Cupuaçu Fruit



This is a fruit of the mallow family with the scientific name *Theobroma Grandiflorum*, only found in Brazil and used to produce chocolate. This fruit has a very high nutritional content, so it is considered a "super fruit". Although it has an unattractive shape, it has a very delicious taste, a great combination of chocolate and pineapple.

11. *Theobroma Grandiflorum*



This is a fruit of the mallow family, containing extremely high nutritional content, considered a "super fruit". *Theobroma Grandiflorum* originates from the Amazon rainforest (South America). The flesh of the fruit is also used to make moisturizers for the skin.

12. Black Sapote



The black persimmon or chocolate persimmon is a delicious, sweet tropical fruit with a chocolate-like flavor. When unripe, its skin is green and shiny, and when ripe it is brownish-green and slightly 'wrinkled'. This fruit is native to Mexico.

13. Snake fruit (Salak)



Salak fruit is a specialty of Indonesia. Its outer shell is quite hard and looks like reddish-brown scales, so it is also called snake fruit. Salak is a palm fruit, grows in clusters, has a fragrant smell and tastes like a combination of pineapple, banana and peanut.

14. Akebia Fruit



This is a wild fruit, often found in the high mountains of Japan, with a taste similar to wild strawberries that many people love. When ripe, Akebia fruit will have a sweet, slightly milky taste, fragrant and soft flesh, so it is often used in desserts. In addition, people also use the peel of the Akebia fruit to stuff meat, creating flavor.

15. American tomato (Tamarillo)



This is a type of tomato that originates from the tropical regions of South America. This American tomato has a red-purple skin, when cut open it looks very similar to a regular red tomato but has a very fragrant smell. This fruit is fleshy, when eaten it has a delicious, slightly sweet and sour taste.

16. Rodakina Peach, Naoussas



These delicious peaches of the varieties May Crest, Spring Crest, June Gold, Dixired, Red Haven, Maria Bianca, Sun Cloud, Flavor Crest, Sun Crest, JH Hale, Honey Dew Hale, Naoussa Late and Loring grow in the Central Macedonia region of Greece. Although these peaches originated in China, the excellent weather and soil conditions combined with systematic cultivation methods have helped them adapt quickly to the Mediterranean soil and climate and quickly become one of the most popular fruits in Greece.

They are harvested when ripe and inspected and packed immediately to preserve their freshness. Due to their intense aroma and sweet taste, they are sought after by consumers both in Greece and elsewhere, especially in European markets and the Arabian Peninsula, where they are sold from late May to late October.

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