

Life will change when you stop waiting

Live truly with your present, live every moment, every moment. Learn to say no without expecting or fearing that those around you will not understand and judge you.

As soon as I stopped waiting for something in me, in others, in life, I began to feel that I was really living.

My life is open in a great way, many new opportunities - things that were before - when I was still waiting never appeared.

Maybe, you are different from me, which means you always live up to the meaning that the verb "live" describes. But for me, this change is a miracle and even, I don't hope for the effect it will bring.

I felt my soul was lighter and more free as if I had just been born in this world, carefree, expecting nothing, simply living and discovering things I didn't know. As if I had just "been born".

1. Simple happiness, just learn how to forget and forgive



Do not expect too much into life, please accept

You know what I've been waiting for before? I wait for my ability to appear - something that can help me write hundreds of articles, publish dozens of books and lots of great things.

I waited for the call to be the perfect time to start and I never knew when it was.

I have been waiting for a lot of things in other people: kindness, recognition, responsibility or evaluation.

I have been waiting for some things in my life: Your understanding and actions in the way I judge.

What have I been waiting for in life? I used to feel unjust (I called it unfair) when I did a lot, tried hard but got the same results for those who did nothing. I demand justice even if I can't do as much as I think.

I wait tomorrow for any trouble to be blotted out and life will be fine.

My mind was always waiting, I formed the idea of ?? "how it should be" and worked hard just to find the answer to that question. I never realized that everything had a limit.

I always need the correct answer to all the "how" questions: how to do this, how to talk about this, how to ask people not to know, to do so What to write better, how to get more money, how something will happen, how to go there . And countless other things too.

I need those answers to control everything and eliminate all the risks that lead to mistakes. I need to plan ahead to be ready, to do them perfectly and more importantly, I can do everything myself. I need great achievements.

I stopped to control everything and imposed my opinion on how things should happen.

The question of "how" has become "shadow" that haunts me.

The most interesting thing is, I didn't find the answer when I needed it. I have the answer when I don't think about them. But I always wanted to get the answer first.



Don't wait for the perfect moment, take the present moment and make it perfect

Life doesn't happen that way.

I - an innocent person who looks forward to peace and serenity until I become an adult, I realize that peace and serenity are within, not depending on whether the problem get resolved.

And these are the things that I realized when I stopped waiting?

Everything will be simple when we stop controlling, stop understanding how it will happen, stop expectations and live truly.

Don't live too fast, don't ask for great things but you don't know what they are? Do not rush to pursue "Big idea", "Big Event" . to then ignore the small but extremely meaningful things.

Are you seeing you live fast or live slowly, or are you feeling balanced? Don't listen to too many people talking, feel for yourself, because your emotions are unpredictable. Sometimes when you are feeling the "rush" of time, someone calls "fast" but sometimes you are settling down to hear your heart.



Live simple, give more and expect less

Live truly with your present, live every moment, every moment. Learn to say no without expecting or fearing that those around you will not understand and judge you.

Sometimes life also needs not to say much.

Your expectations will generate energy some time, at most a few times and always changing. As a rule, they have been formed in your mind, unable to motivate energy and provide the best choice for your life.

And the best choices are often completely unexpected.

When you need an answer, it will appear.

When you need something to happen, it will happen.

Let everything happen as if it happened.

You just need to live really and act.

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