

Learn the secrets of beautiful Japanese girls' body care and beauty

People often hear thousands of beauty methods from Korean visual country, but they rarely know Japanese girls' body care habits. However, Japanese girls are not only gentle but also possess the secrets of skin care, hair to eyebrows, nails ... worthy of 'sister association' to learn.

Hair

Japanese girls often use dry oil to apply evenly to their hair before drying, and they absolutely never leave dirty hair in any case. The oils used by Japanese girls are usually divided into several categories: For black hair, dyed hair or damaged hair . With this "cool", their hair always looks sleek, solid. strong.

For students and office workers in Japan, black hair is considered a "legend". Because traditional Japanese people often do not have good feelings for dyed hair. In particular, when going to an interview for a Japanese company job, the hair that has a color difference is likely to be eliminated from the first round.



Diane hair conditioner is suitable for all hair types

Eyebrow

For Japanese people, appearance is very very important, they trim their eyebrows neatly once a week. In addition, the eyes are the first contact point on the face so people pay attention to the small details. Japanese girls often use Nivea cosmetics or coconut oil to care for eyebrows and eyelashes.

In Japan, even men have the habit of regular eyebrow trimming. The shape of Japanese eyebrows is often thinly trimmed and almost becomes unique.



Eye

Most Japanese students have a bottle of eye drops always with them. Besides, wearing contact lenses is considered to be very normal. In Japan, the types of contact lenses are very diverse, each with a different time of use: 1 day, 1 week to 1 month, 3 months .

Young Japanese feel that wearing glasses is not convenient, so most people choose to wear contact lenses, not only girls but also men who like this beauty.



Each

Lip balm is absolutely "indispensable" indispensable to have a lips not dry cracked. Japanese girls since middle school have used lip balm and only use colorless lipstick.



Face skin

Rose water and moisturizer are the keys to the smooth skin like a baby's skin of Japanese girls. After washing your face, use a cotton ball and moisturize with rose water and rub it all over your face, the next step is lotion (there will be sunscreen in the morning) and then the gentle natural makeup. . Occasionally, they will use a mask to make the skin moisturized better.



Toner Hatomugi is the name most people believe in



Keana rice bran mask is currently "chasing the rain" in Japan, but pay attention if your skin is allergic to ingredients from rice!

Body skin care

Have you ever thought about hair removal? Or shave at home? An extremely good *tip* for skin looking cleaner and whiter is that most Japanese women will shave their arms, legs 2, 3 times / week at bath time.

Note, you must use the type of razor specialized for the body, not the type of razor for men. Because if used incorrectly or shave the wrong way can make hair grow thicker and harder than before.



Gillette Venus Swirl Rasierer 5-blade Razor

In addition, in Japan, there is a habit of taking a bath, at least once a week they will soak in warm water to have beautiful skin. After bathing, you can not skip the body lotion - the most mentioned name is Nivea's product line. Naturally, skin care must be accompanied by good habits such as drinking 2 liters of water a day, eating science - enough quality .



Nivea body lotion is reasonably priced with a light fragrance

Hand skin, nail

For a beautiful hand, it is indispensable to skip hand care every night before going to bed. And don't forget to keep your nails trimmed, too!



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