

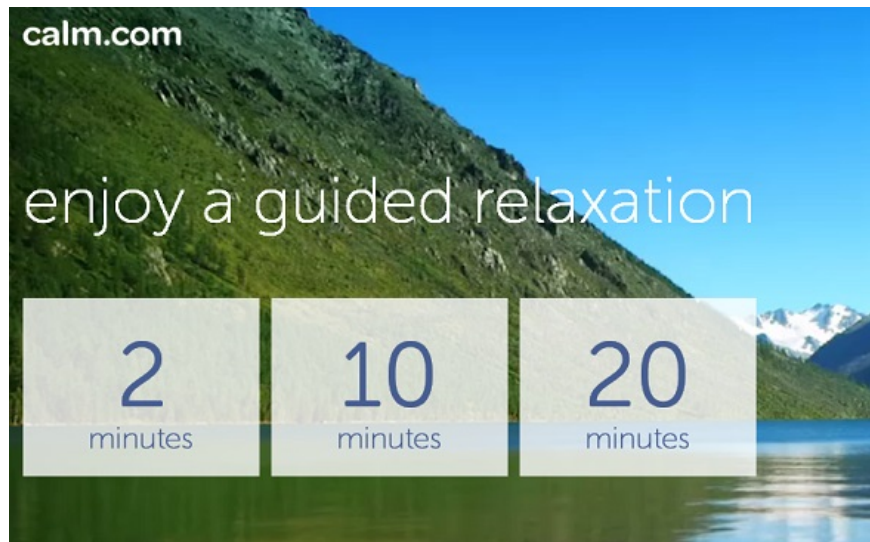
Just 2 minutes, these 7 websites will help you relax your mind very effectively

Instead of opening Facebook and reading the News Feed, visit these websites so that your mind can relax most effectively.

There are times when you are busy, tired, bored and you suddenly wish there is something that can help you get back to your spirit quickly. The answer is simple. Just need to access one of these websites, choose a sound that you like immediately and immediately, the whole world around like birds singing, the sound of rain falling, the sound of water dripping, the sound of rustling leaves . will come back, making you feel like you are immersed in nature, even though you are still sitting at your desk.

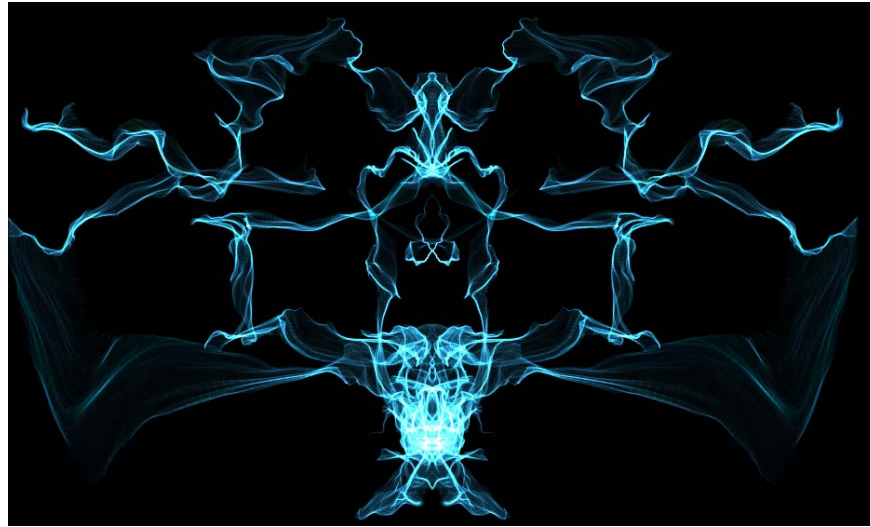
Maybe now, you do not need it but please mark these "friends" because in the midst of a turbulent life, there will be times when you want to calm down. (You just need to click on each title to go to the page. web)

1. Calm



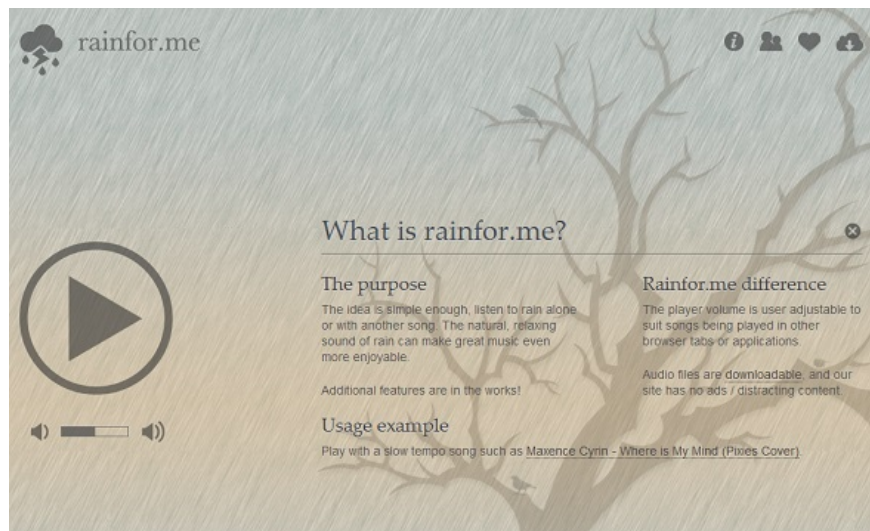
Calm.com can be seen as a space filled with nature - where you can mix with grass, flowers, rain, beach and vast sky. In addition to natural sound, Calm also allows users to choose the time to relax such as 2 minutes, 10 minutes or 20 minutes and the accompanying animation effects.

2. Silk



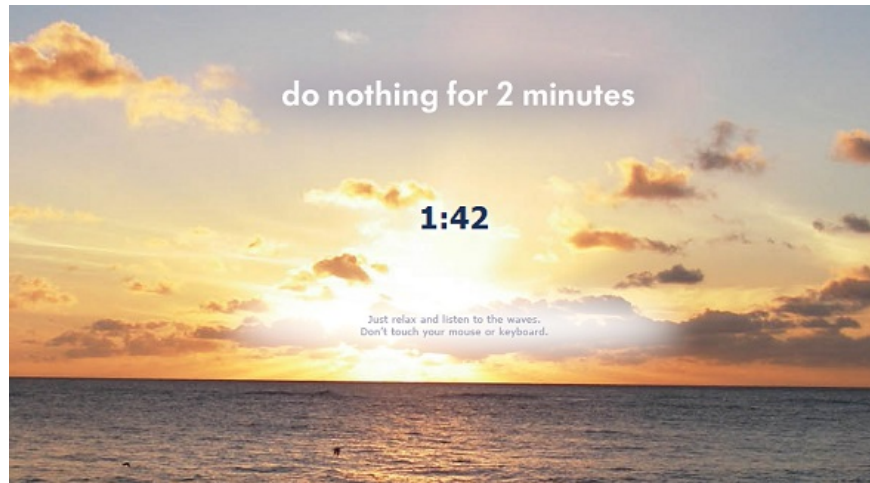
Silk is not a natural sound site like **Calm.com** but it gives you a great way to relax your mind and create great creativity. Silk itself is like an "interactive picture". That is because after visiting this website, just left click and hover on the screen, you can admire very vivid lighting effects with different shapes like each other. silk is curling. Everything you "draw" automatically "duplicates" with an eye-catching mirror effect and you can also freely "undo" or select a color palette to change the brush color. After completing the product, Silk also allows users to share on **Facebook, Twitter, Pinterest, Email** or download the device.

3. Rain for me



Unlike **Calm.com**, which includes many sounds, **Rain for me** is the only sound that is rain. However, it is difficult to deny access to this website because of the sound quality, it is extremely wonderful in combination with the fully minimalist interface, only one gray and the image of the shadow inside. torrential rain. Besides Rain for me, **Raining.fm** is also an interesting alternative.

4. Do Nothing for 2 Minutes



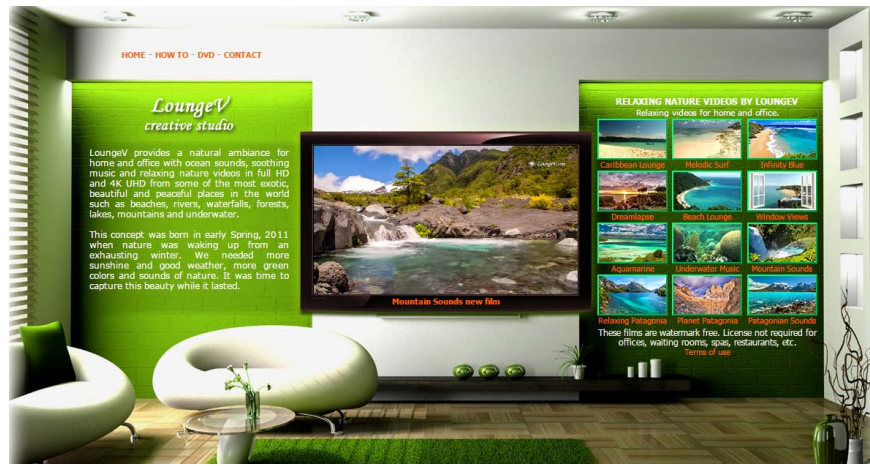
As its name implies, Do Nothing for 2 Minutes gives users a unique message that is "Just relax and listen to the waves" - Just relax and please listen to the waves. Don't click or move the mouse, don't look at the papers you haven't solved yet, don't look at the clock, don't look at the documents, don't look at any other websites, just relax and hear the billowing waves .

5. Get Relaxed



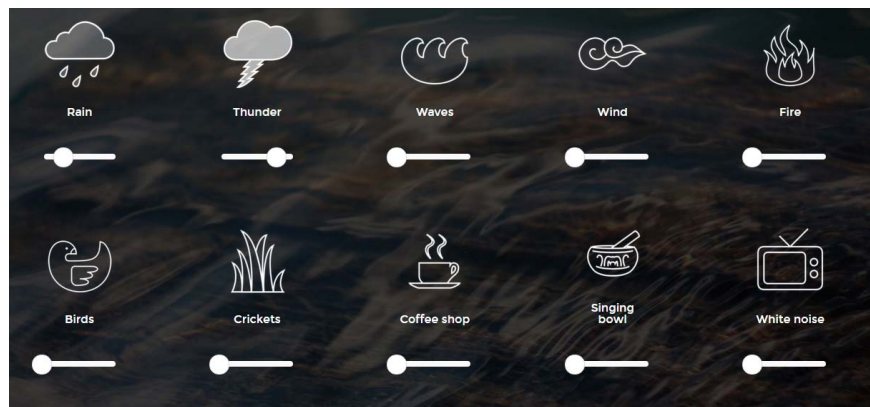
If you want the sound to be gentle but still low and low, why not try **Get Relaxed** ? All you need is to sit down, focus on the screen to see the natural image automatically appear as a slideshow and listen to the best non-word music. Currently, Get Relaxed includes **15** different **soundtrack** and each track will last from 2 to 4 minutes.

6. LoungeV Studio



LoungeV Studio is designed like a room to relax. The website interface is strikingly green, a large screen TV is playing music, a "shelf" contains videos with a lot of different sounds to choose from and the interior of the room is fully furnished delicate. Such a great music space, why did you refuse?

7. A Soft Murmur



A friendly website includes many different types of noise such as the sound of rain, thunder, thunder waves, wind blowing, birds singing, even the "roar" of radio . all Integrated on **A Soft Murmur** and you are free to use them. Although not as soft as non-verbal tracks, science has proved that some of the characteristic noises are effective and A Soft Murmur is exactly what you need. come.

In addition to A Soft Murmur, **Noisli** and **Soundrown** are also websites that own similar features.

Wish you have great moments of relaxation and if you know more websites, please share in the comments below.

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