

It turns out that many acne sufferers will get older

The article is causing interesting curiosity especially for people with acne-prone walls.

According to a new medical study recently published in the Journal of Investigative Dermatology of the Royal College of London research team, people who often suffer from acne have a **slower aging process**, or say The other is older than normal people.

Dr. Simone Ribero, the lead author of the study, said long ago he had speculated that people with acne had **slower aging** manifestations. However, it was not until the latest research recently that his speculation became more and more convincingly accurate.



Photo source: Internet.

To get this interesting conclusion, the team measured the length of the **Telomere chromosomes** in white blood cells of 1,205 twins. Then, based on the chromosome size measured in combination with other physiological factors such as age, weight, height, dermatology . the results show that pairs of acne sufferers contain Telomere chromosomes in white blood cells are longer than those of smooth smooth skin.

These long-sized Telomere chromosomes are capable of protecting, restoring cells, genes that cause aging, causing wrinkles on the body. This means that people with acne will be older than normal people.

Huynh Dung (According to UPI)

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