

Is it safe to use lipstick during pregnancy?

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When pregnant, pregnant mothers are advised not to use cosmetics, makeup by toxic substances which may affect the fetus. So, if you only use lipstick during pregnancy, is it safe?

1. Is electronic cigarette smoking toxic?
2. It turns out how long we have been cooking the wrong way to risk arsenic contamination without knowing it
3. Water glasses that you drink every day can contain many harmful substances such as chlorine, pesticides, arsenic .

Lipsticks contain relatively large amounts of wool fat. But sheep's fat can absorb heavy metals from the air, which is dangerous to the body.

In addition, lipsticks can absorb pathogenic and lead microorganisms. Most people have an unconscious "eating lipstick" habit of putting lead by food or water into the body so it can harm their health and affect their brain.



However, not all types of lipstick are harmful, if using safe lipstick, pregnant mother can still apply lipstick so that she is always beautiful.

So, what kind of lipstick should pregnant women take to ensure safety?

1. Choose a lip balm that is certified to be safe for children and pregnant women.
2. Should choose organic types, derived from natural ingredients.
3. When choosing lipstick, pregnant mother should pay attention to the composition of lipstick. The ingredients that are considered safe for pregnant women are: olive oil, beeswax, coconut oil, jojoba oil, natural incense.



How to use safe lipstick for pregnant women

1. Do not use lipstick regularly.
2. Clean lipstick before eating to avoid lipstick stick to food, water and then go into the body.
3. Use lip balm to apply lipstick on the color lipstick when the lips are dry for durable lipstick, avoid having to apply lipstick several times.

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