

# Instructions for measuring and scoring faces with Prettyscale

Instructions for measuring and scoring faces with Prettyscale, Instructions for measuring and scoring faces and bodies on Prettyscale website, helping people identify

Prettyscale is a website that measures facial and body proportions and proportions, comparing it to the ideal proportions for a man or woman. After uploading your photos, Prettyscale will take some measurements and provide a 1-100% rating, from bad to good.

Besides, Prettyscale also shows the beauty on the user's face, body shape, as well as bad points. In this article, let's learn how to measure and evaluate face and body proportions with Prettyscale.

## How Prettyscale measures and calculates face proportions

Prettyscale measures facial beauty by studying and testing the position and size of different facial features. Results are based on face shape, distance between eyes and lips, mouth size and facial symmetry. Sometimes the golden ratio is also used to determine the outcome. Results may vary based on how you place the lines and dots on the face according to the instructions.

## Prettyscale unit for measuring beauty

Helen is considered a unit of beauty. It is a unit based on the story of Helen of Troy (or Helen of Sparta). She is the daughter of Zeus and Leda. In Greek mythology, Helen is considered the most beautiful woman in the world with a face that makes thousands of people fall in love.

So, a face rated 1 Helen means that it can launch 'thousands of ships' (based on the story of Helen being kidnapped and thousands of ships ready to fight to save her). ).

The Helen is a very large unit and in practice a smaller unit called the Helen microphone is used. On Prettyscale.com, if the face is 80%, it will be equivalent to 80 micro Helen.

## How to use Prettyscale

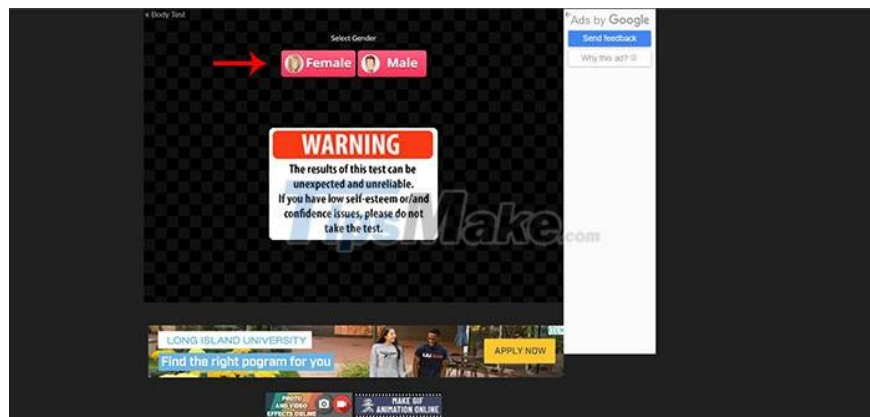
Step 1: Visit [Prettyscale here](#)

Step 2: Choose Face Test to measure your face or Body Test to measure your body.

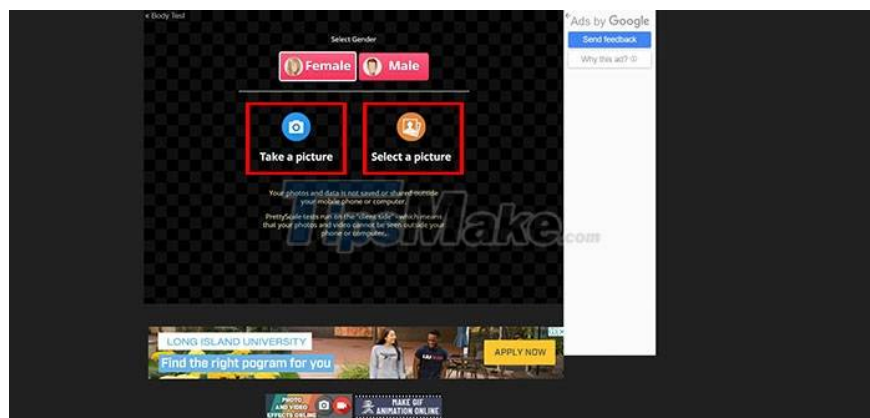
Step 3: Click the Start button.



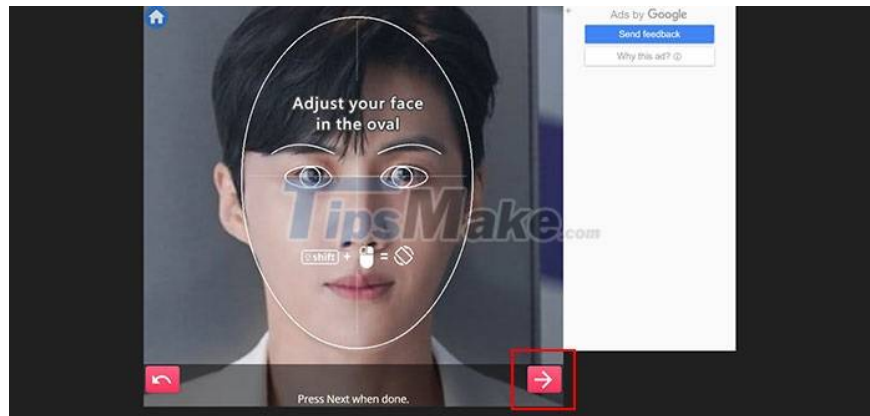
Step 4: Select the gender Female (Female) or Male (Male).



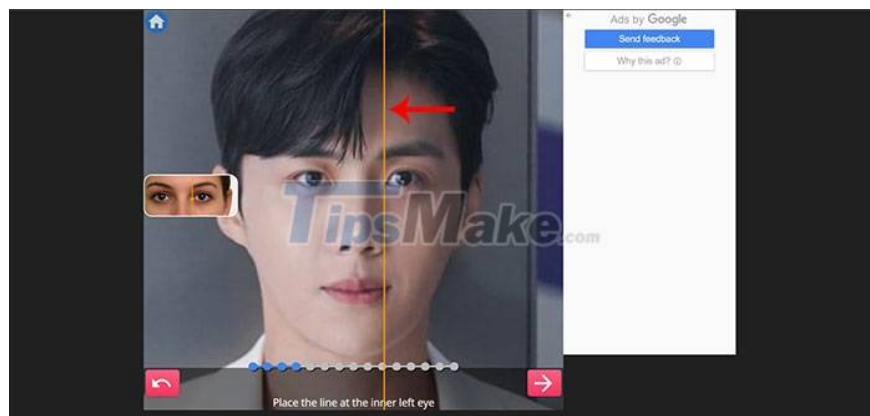
Step 5: Take a picture of the face immediately by clicking Take a picture. Users can click Select a picture to upload an existing image.



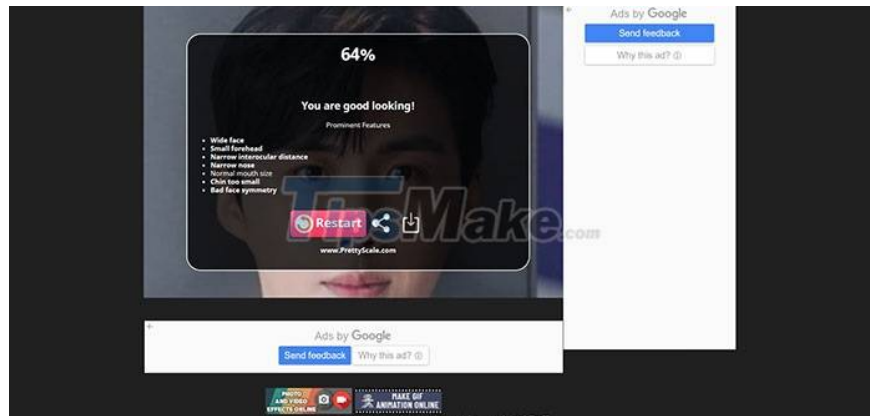
Step 6: After taking or selecting a clear face (or whole body), adjust the face to the given border position by pressing Shift and moving the mouse.



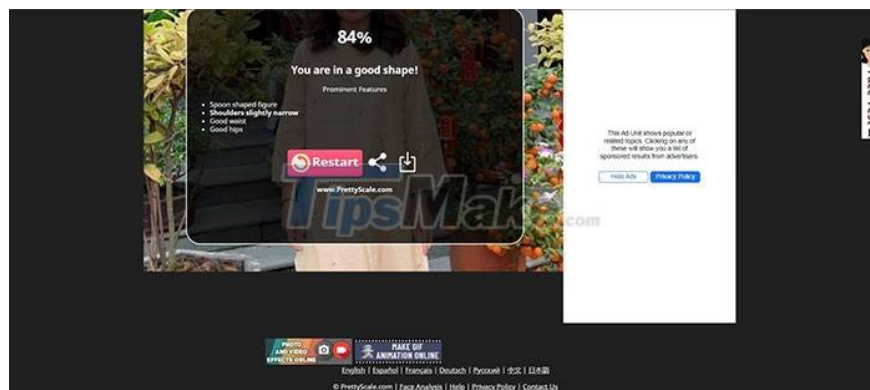
Step 7: Press the right arrow and move the arrow or horizontal line to the required position according to the instructions.



Step 8: After completing the positioning of the face/body, Prettyscale will provide an assessment and point out strengths and weaknesses.



Prettyscale also cautions users that the results provided by the website are not entirely accurate or indicative, and may be unacceptable to some. So, if you are a person with low self-esteem and are easily influenced by appearance assessments, people should not take this test.



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