

# Instructions for adding emergency contacts to iPhone or Apple Watch

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Recently, Apple has equipped the SOS feature (named after morse code) for both iPhone and Apple Watch to assist users in emergencies. When SOS is activated it will call the nearest emergency service or notice attached your location to the close contacts. (You should only use this feature in real emergency situations, do not use it for joking calls.)

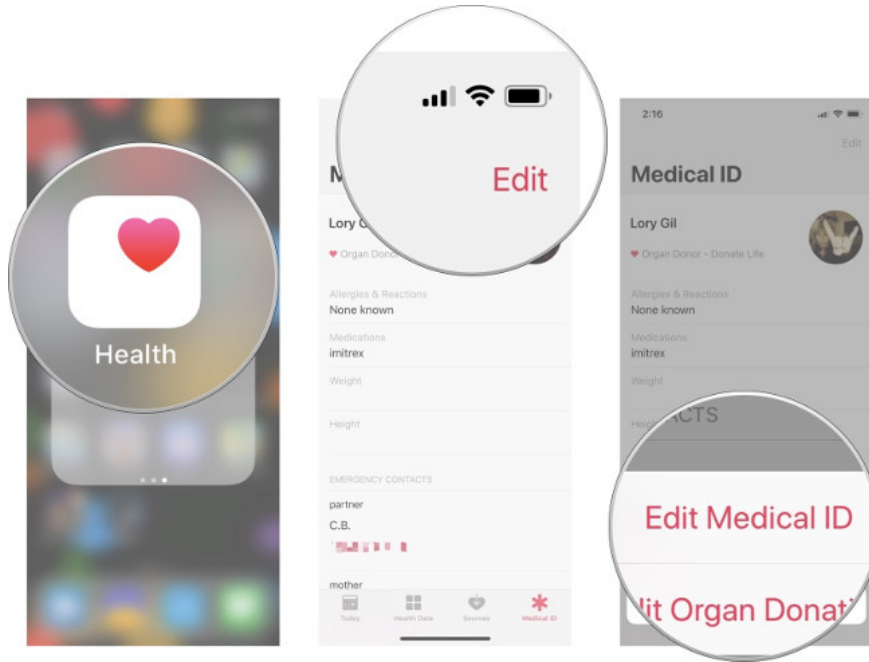


Both iPhone and Apple Watch have the ability to automatically find the phone number of the nearest emergency service department by determining your current location. However, they cannot automatically select close contacts. If you want to notify any family member or friend, you must manually add them to your contact list. And here are the steps.

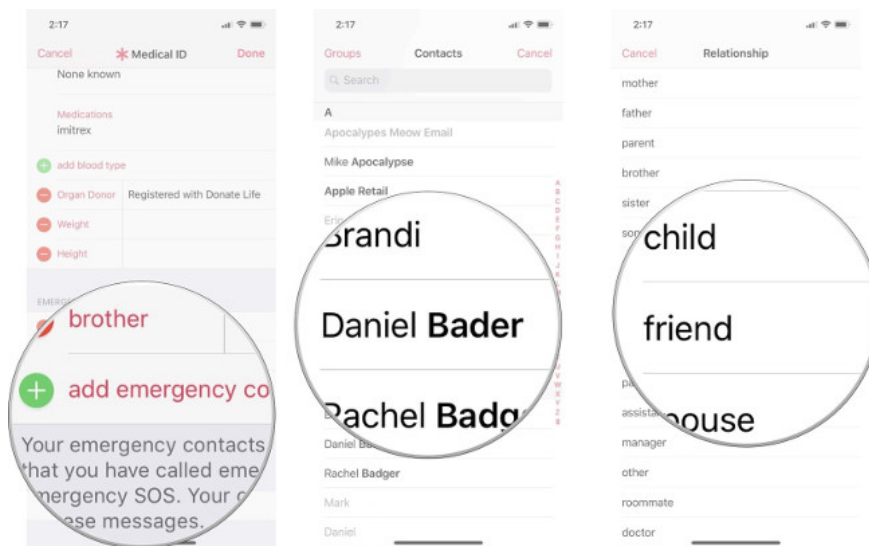
## Instructions for adding emergency contacts on iPhone

The emergency contacts in the **Health** app will automatically be selected as the contact list when you activate Emergency SOS on the iPhone. Individuals on the list will always be notified of your current location.

1. Open the **Health** app on your iPhone.
2. Select **Medical ID** card.
3. Select **Edit** in the upper right corner.
4. Select **Edit Medical ID** .



5. Scroll down to **Emergency Contacts** and click **Add emergency contact** .
6. Select the contact you want to add to the emergency contact list from the phonebook
7. Select a related relationship from the **Relationship** page.



If you want to add more contacts, you can follow the same steps.

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2. How to set up a new Apple Watch
3. Find the lost Apple Watch with the Find My iPhone app

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