

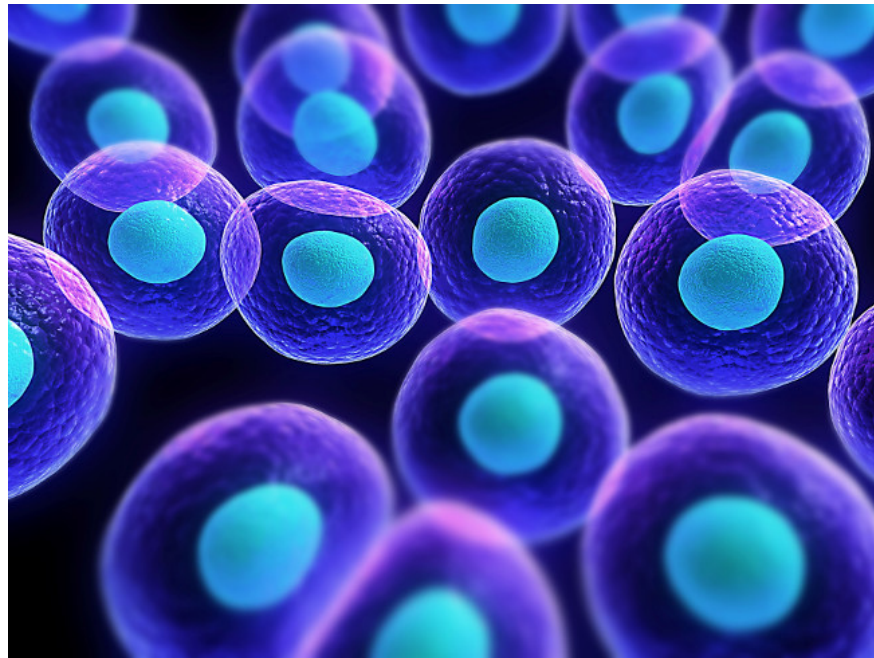
# Injecting Vitamin C into a vein may help treat cancer

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Previously, Vitamin C or **ascorbic acid** , it is a very good vitamin for health, including the fight against the deficiency of the immune system, maintaining healthy skin and hair.

However, the story does not stop there when recently, a group of researchers in the US showed that Vitamin C is capable of supporting the treatment and **resistance of cancer cells** .



To reach this conclusion, the team conducted a clinical trial on **lung cancer and pancreatic cancer patients** by injecting Vitamin C into a vein in high doses in the patient's blood sugar in combination with radiation therapy.

The results showed that the patient's health was improved and the patient's ability to tolerate **cancer-killing chemicals** was faster and more complete than usual before performing radiotherapy without injecting Vitamin C.



The team pointed out that high levels of Vitamin C in the blood when injected will increase blood levels by 100-500 times. Meanwhile, the active ingredients in Vitamin C are also known to be anti-oxygen, antibacterial and can fight cancer cells. This is the reason why when injecting high levels of Vitamin C into the patient's blood, the effectiveness **of radiotherapy to the cancer** and the patient's health situation are greatly improved.

Vitamin C is an **antioxidant** found in many fruits and vegetables such as oranges, grapefruit, lemon, cabbage, green peppers and red, broccoli, strawberries, raspberries .

>> **See now: Top foods rich in vitamin C than oranges**

In addition, the team also showed that Vitamin C may also:

1. Helps prevent and treat rickets
2. Helps prevent common colds
3. Reduce the risk of cancer and cardiovascular disease
4. Reduce inflammation
5. Control, prevent stroke, increase blood pressure
6. Help heal wounds.

Vitamin C can also be regularly supplemented in the daily diet, but limiting overuse can lead to flatulence, diarrhea, abdominal pain .

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