

In your opinion, should you clean or wash after going to the toilet? The answer will startle you

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1. Why does modern Japan still use squat toilets?
2. Back in the past to find out how the ancient Romans went to the toilet
3. Can you get a jerk, even death if you pee the power line?

In each region, the country has its own way of dealing after 'going to the bridge'. For example, in the US, when you come to this country, you will rarely see a toilet with a toilet (also called a bidet). Americans are only loyal to toilet paper. Italy, Greece and especially Japan take the spray very seriously.



So, what is the right way to behave?

According to a recent study, it will be super dirty if only using toilet paper. Even this can cause adverse health effects such as infection or . anal fissure.

According to Rose George, a well-known hygiene expert for using toilet paper to clean cannot be completely removed.



So, what if using baby wipe to clean? According to George, this seems to be a very hygienic way of handling but in reality it is no better than using toilet paper. Because it cannot clean the gaps that the anus is open.

In addition, cleaning with paper or towels can sometimes be overwhelming, causing anal cracking. This can cause bleeding, unpleasant pain, and can even cause serious illnesses, such as hemorrhoids - rectum and swollen anus.

In addition, the use of toilet paper from the back to the front can bring bacteria into the urinary tract, causing dangerous infection.



And all this will not happen if you use a spray hose to wash it carefully. So you have the answer to the question, so you should clean it or wash it after going to the bridge.

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