

In order for children to succeed, parents should implement these 10 things

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As a parent, everyone wants their children to be safe, study well and later they will make great things.

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Here are 10 common points of successful parents that you can refer to.

1. They teach their children to do housework

"If a child does not wash dishes, this means that someone will do it for them," said Julie Lythcott-Haims, former head of the freshman department at Stanford University and the author of the book *"How To Raise A Adult "* (Temporarily translated: How to raise an adult?) Spoke at the TED Talks Live event.

"Therefore, they will not be responsible in their work and are not aware of the task to be completed. Each of us is forced to do everything ourselves.



Lythcott-Haims believes that children who know how to do housework will become people who can interact well with colleagues, live more sympathetically because they understand how difficult and tough challenges can be. work independently.

Her conclusion was drawn based on Harvard Grant Study - a longitudinal study was conducted for quite a long time.

Sharing with Tech Insider, Harvard Grant Study also emphasized that *"letting children do errands like dumping garbage or folding their own clothes will help them understand that working is a part of life."*

2. Teach children social skills

Researchers from Pennsylvania State University and Duke University tracked more than 700 children across the United States from preschool age until age 25 and found a significant correlation between the social skills of preschool children. immature compared to their success as adults in the next 2 decades.

This 20-year study shows that children with social skills such as cooperating well with friends without prompting, helping others, understanding their emotions, being able to solve problems themselves their own problems . are more likely to have a college degree and get a job before 25 years of age than children who are not equipped or lack social skills - often at high risk of committing crimes , arrested or drunk.

According to Kristin Schubert, program director at the Robert Wood Johnson Foundation, which funded the study, also shared in an article that *"the study also shows that equipping children with control-related skills, Emotional identification and social skills are one of the very important factors that we can help children get a healthier future. "*

3. They have high expectations

Using data from a national survey on 6,600 children was born in 2001, Professor Neal Halfon (University of California) and colleagues discovered that the expectations that parents set for their children what has a great impact on the achievements they achieve in the future.



"Parents who watch college are the future of their children who seem to know how to help their children reach their goals regardless of their family's economic conditions."

Results from standardized tests also reinforce that: 57% of children with the poorest results have parents who expect them to go to college (but they don't want it), while 96% of children achieve results. the highest is expected to go to college (and their parents expect it to be the same).

This is also consistent with another study of psychology: the Pygmalion effect (a self-fulfilling prophecy) implies what one expects of another person to become a reality. For example, if a person (or myself) thinks we are smart or stupid, they will treat us the way they think. If we are treated as if we are intelligent or stupid, then we will behave and even become like that. Therefore, the original predictions suddenly became a reality.

In the case of a child, he will live up to his parents' expectations.

4. Happy family

According to a study conducted at the University of Illinois, children who live in a family that is constantly in conflict and conflict - whether it is divorce or just small quarrels, they tend to follow. The trend is worse than the children born and raised in a harmonious family.

Robert Hughes Jr, professor and head of human and community development at the University of Illinois and author of the study added that some surveys show that four children live with their parents. (single family) grows better than children who live in a family where parents are constantly in conflict.

5. They have a higher level of education

A 2014 study by psychologist Sandra Tang (University of Michigan) showed that mothers who have completed high school and college with the ability to raise children also achieve the same results.



A study that tracked 14,000 children from preschool from 1998 to 2007 found that children with young mothers (giving birth at age 18 or less) were less likely to complete high school, college and university than other children.

6. They teach their children to learn math early

An analysis in 2007 conducted with 35,000 kindergartens across the United States, Canada and the UK showed that developing math skills early in life can bring great advantages later.

"The importance of developing early math skills - the new school phase with knowledge of numbers, ordinal numbers and basic mathematical terms - is one of the mysteries that today decoded," said Greg Duncan, co-author and researcher at Northwestern University.

7. They create relationships with children

A study from 2014 was conducted with the participation of 243 people born in poverty, showing that children who received "sensitive care" in the first 3 years not only had good academic achievement, rather, there are better healthy relationships and better academic knowledge when reaching 30 years old.

According to a report posted on PsyBlog, parents who are sensitive to their children often *"respond to their signs appropriately and promptly"*, and give them a sense of security to keep them young. Explore the world.

8. They are less pressured

According to a recent study published in The Washington Post by Brigid Schulte, the amount of time parents spend on children between the ages of 3 and 11 does not contribute much to children's behavior, happiness or achievement. In addition, the stresses or worries of parents also negatively affect children's development.

"The stresses of mothers, especially when they are stressed in arranging time for their children, can have a negative impact on children" - Kei Nomaguchi - co-author and socialist at Bowling Green State University said.



It can be called an emotional spread: if your friend is happy, that positive will spread to you, but if they are sad, that negative emotion will also pass on to you. Therefore, if parents feel tired or disappointed, that emotion can also be transmitted to children.

9. Children whose mothers go to work

According to a Harvard Business School study, working mothers will have significant implications for their future development.

Daughters of working mothers are more likely to get jobs in supervisory positions and higher incomes - 23% higher than the daughters of mothers who only do housework.

Boys of working mothers also tend to do more housework and take better care of their children. They usually spend more than 7.5 hours per week on child care and more than 25 minutes of housework compared to the rest.

10. They have higher socio-economic status

Unfortunately, one in five children in the United States grows up in poverty and this situation has greatly limited their potential for growth.

Worse, according to researcher Sean Reardon from Stanford University, the successful gap between low-income and high-income families for children born in 2001 is about 30% to 40% higher than with children born 25 years earlier.

The author Dan Pink, the author of "Drive", said that the higher the parents' income, the better their SAT scores will be.

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