

Immeasurable harm from plucking silver hair

The reason should not pluck gray hair.

Early gray hair is the suffering of many people, from young to middle-aged. Gray hair is not only unsightly but also itchy, causing many people to find ways to remove them. However, most people do not know that plucking gray hair leaves unpredictable harm, scalp and hair follicles are damaged making hair grow slowly and increasingly thin.

Here are the reasons not to pluck gray hair, please refer.

Hair grows backwards

When gray hair is pulled, the thin film surrounding the hair that acts as a 'direction' for hair growth is lost. This makes it easier for the hair to grow in, causing a scalp rash or itchiness.



Hair thinning, even bald

When pulling hair, you have to pull on the hair. This damages both the scalp and hair follicles, and even disrupts nerves and small blood vessels that connect to hair follicles. Doing this many times will cause hair to grow slowly and thin, leading to baldness.



Silver hair faster and more

Gray hair is caused by poor performance of melanin or death, which is not maintained in hair root cells. The less melanin the hair is, the faster the silver will become.

In fact, no matter how many times you pluck your gray hair, the hair regrowth cannot remain black because the pigment cells in the hair follicle are dead. Therefore, pulling out gray hair is only a temporary measure, even making gray hair faster and more.



So, when you have gray hair, don't waste time on a bad method and cause a lot of harms. You can cover gray hair with herbal dyes.

To overcome the problem of gray hair early, you should choose for yourself the product lines with natural extracts, providing many nourishing hair nourishment such as knotweed, lemon, locust .

1. About 90% of Vietnamese eat excess salt, 4 of the dangers of eating too salty
2. The mistake when drinking milk turns it into a poison in the body
3. Do not sleep while sleeping and this is the reason

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