

# If you want to succeed, never tell yourself 15 of this!

If you want to achieve success, remember to never tell yourself this 15 things!

1. 15 sayings that are capable of killing your love
2. 36 famous inspirational quotes that change lives
3. Put away the 9 statements below, if you don't want the listener to feel uncomfortable!

Have you ever noticed that you are destroying yourself or hurting yourself? If you want to achieve success, remember to never tell yourself this 15 things!

## 1. If I don't get unlucky '

If you try to seize as many opportunities as possible, you will find more ' *luck* '. If you want something, get it. **Success comes from effort, not luck .**



## 2. 'It's too late, why do I have to bother?'

**It's never too late to change your life .** Even if we are almost completely destroyed, we can still emerge from the ashes to control our lives. Consider age as an asset, not a responsibility. With many years of experience, it comes with experience that knowledge.

## 3. 'But what will they do about me?'

Being stuck in what others think of you is a sure way to increase your stress level many times. **Never sacrifice your true self just to try to impress others** . If someone values ??you, they will judge who you really are and not who they think you should be.



#### **4. 'I'm too stupid'**

Of course none of us can answer all the questions in this world, so be simple with yourself. Each of us has its own unique skills. Not good at something doesn't make you stupid. Instead of being sad about your weaknesses, **focus on developing your strengths** and then use them as much as possible. The more you do what you are good, the more confident you will be when you are yourself.

#### **5. 'No one will love me'**

How can you know if that is true? The answer is: You can't. And if you're still at home and thinking about how no one loves you ( *instead of pulling yourself out of there to find a new potential mate* ), you'll just make the situation worse. never mind. Some real man or woman won't come to find you while you're at home and put on your pajamas. If you want to find your right half, act like that.

See also: If you are a happy and successful person, never say 10 sentences!



## 6. 'I can't do that'

**Don't accept defeat as soon as the match hasn't started yet** . If possible, think about the three greatest things you have achieved in life. It could be college graduation, promotion at work, starting a blog site, getting an appointment or anything.

Did you find those 3 things? Now ask yourself: ' *What strengths have I used to achieve this?* ', then write them down.

Have you found your way? If so, the path to success is right in front of you.

## 7. 'I think \_\_\_\_\_ doesn't like me because they didn't reply to my messages / phones / emails'

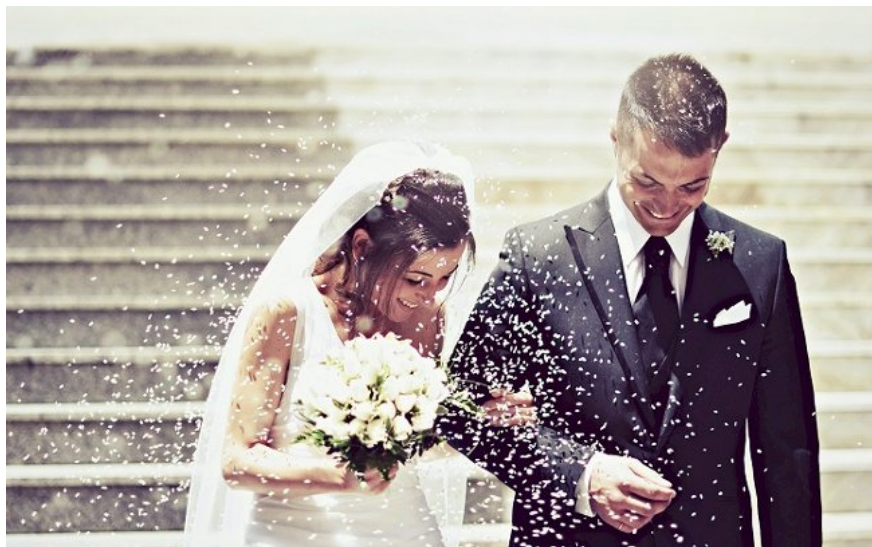
If you come to such a conclusion, it shows that you are the self-described ' *center of the universe* '. Besides, is it possible that you / your lover are busy in class / work or something? Everyone has personal things to do, so don't assume that everything in this world is just your own.



## 8. 'Life is inherently unfair. If fair, everything is better . '

**Life is inherently unfair** , and everyone probably doesn't like to hear this but it's true. There will always be good things and bad things happen in your life at any time. This is beyond your control, so let it happen as it is.

However, it is up to you to focus completely on the good or the bad part. You are welcome to stress about negative things that you cannot control, but that does not make you feel better ( *but quite the opposite* ). Stop caring about negative things, because no matter how things are, you've done better than what you're thinking.



## 9. 'I hate my body'

Please don't say such things. Even if you have a charming body, skinny or muscular, it is irrelevant. Your body is an honor ship that takes you everywhere in the world.**Take good care of your body and it will take care of you.**

Leaving yourself stuck in imperfect things only **wastes your precious time and energy** . Don't look for points on your body that you don't like, focus on things like yourself that are cute, handsome or attractive. If you want a nice body, you can refer to some of the following articles:

1. Workout exercises for 4 minutes work equally well with 1 hour of gym
2. 4 "anti-scientific" weight loss tips can make you fat
3. 10 simple exercises that help improve posture at home

## 10. 'I feel so embarrassed that I want to disappear immediately'

Surely everyone when sifted or poured food into a shirt, dropped or broke a plate of food, stumbled on something, and / or was banged on a wall would feel like turning lost immediately right? If you've ever fumbled in front of a crowd and feel your cheeks warm, take a deep breath and say to yourself: " *This is not a big deal* ." Take that opportunity to make a fun joke you think of to show that you don't take it too seriously.



## 11. 'I am not his / her object.'

Nothing is considered an " *object* " for you to be good or not, so **stop saying negative things to yourself** . If you are attracted to a person, say it.

## 12. 'I can't believe \_\_\_\_\_ didn't choose me'

**Jealousy is a negative emotion that causes many harms and is not good** . If a colleague is promoted to the position you want, be satisfied with that. They may well deserve the same position as you ( *and even if they are not worthy, there is no reason to be hostile - that is certainly not their fault when you are not selected* ).

When rejected, the best way you can do is to turn negative emotions into positive actions. Do you think you should get those things? Don't complain about those things - **show everyone that you deserve it** .



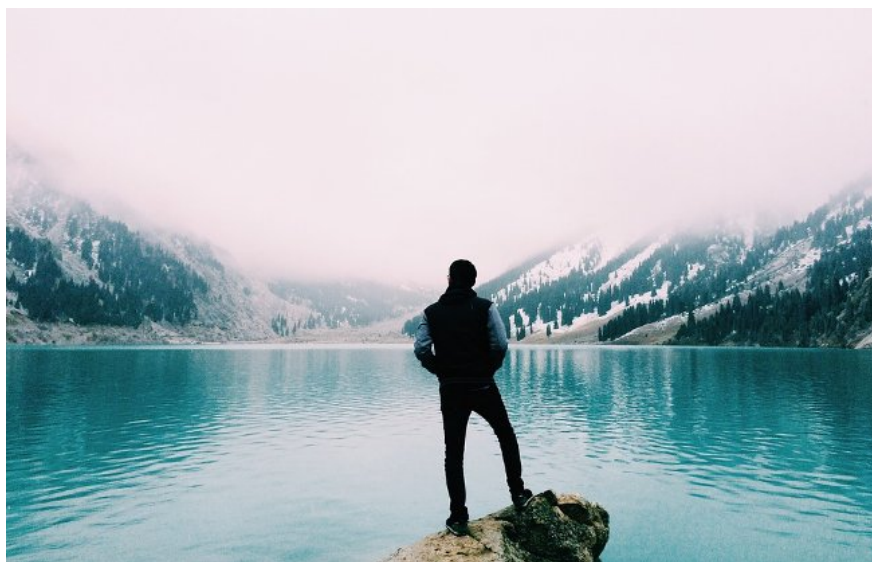
### 13. 'It's too hard'

Do you know what is really difficult? Such as:

1. Running a marathon while pushing the son in a wheelchair (at age 72)
2. Swim 110 miles in 53 hours across the ocean.
3. Survive in a frozen car at -30 degrees Celsius for two months.

Yes . Obviously, you can't say something " *too hard*". If you have enough faith, you will definitely achieve it.

### 14. 'I can't trust anyone anymore, I've been hurt too much'



A pretty funny thing about the trust we need to know is: The *less you trust others, the less likely they are to trust you* . Do everyone in this world deserve your trust? Certainly not, but that's not the reason for paranoia. Don't

just because one or two of some past individuals are unreliable and think everyone is the same for you. That means you have not found the right person.

## 15. 'I can only give up'

**Life is like a video game** . No matter how many times you lose, you can press the " *Continue* " button as often as you like. Never lose until you give up, so don't give up.

See also: 9 statements that smart people never use in everyday communication

Having fun!

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