

If you want to preserve food and save electricity effectively, put a bowl of water in the refrigerator

To help you know how to use refrigerators effectively and save electricity, there is a great and extremely simple way, anyone can do that is to put a bowl of water in the refrigerator. For what? Look at the content below!

In addition to summer air conditioning, fans, coolers . the refrigerator is also a great assistant to help you relieve the heat effectively. However, besides that advantage, it leads to a problem that must be considered by every family, which is the high electricity bill at the end of the month.

To help you know how to use refrigerators effectively and save electricity, there is a great and extremely simple way, anyone can do that is to put a bowl of water in the refrigerator. For what? Look at the content below!

Making:

At night, before going to bed, you can put a bowl of water in the freezer compartment. Leave overnight for as long as possible.

The next morning you take that ice bowl, put it in the refrigerator compartment. Do this every day.

Benefit:

If you are a learner of refrigeration, you will certainly understand how beneficial this is. At night when the refrigerator is not in use, the power is also stronger, this time to put the water bowl in the freezer, the refrigerator will make ice faster and less power consumption than day.

The next morning, put the ice cube in the refrigerator, they will gradually loosen up until the water is gone. The defrosting process of ice will radiate heat, provide cool air for the food in the refrigerator, help the food be fresh, maintain freshness, prolong the storage time from which the cabinet will not need electricity must be used to cool this storage compartment. So the refrigerator will not have to consume too much electricity.

Note how to use the refrigerator

1. Do not put too much or little food in the refrigerator



When you put too much food in the refrigerator, the cold air from the radiator will be uneven, not enough to cool the food, so the storage process will be difficult and create a burden during operation. of cabinets, causing damage and reducing the durability of cabinets. In addition, you should not put too little food in the refrigerator, because the capacity of the refrigerator is still running, which will cause power loss.

The best way to keep the refrigerator running smoothly, saving electricity is a cabinet containing about 70-80%. There should be a gap between the food sections to allow them to receive the cold air of the cabinet.

2. When not necessary, you should minimize the opening of the refrigerator



When the refrigerator is running at a stable level, the refrigerator will not consume too much electricity. So if you open the refrigerator continuously, it will cause the refrigerator to leak out, every time you will make the cabinet work again from scratch, to compensate for the lost heat, this will cause power to consume significantly.

So, in order to save electricity and protect the refrigerator, you should first practice yourself as well as family members in the habit of opening the refrigerator door when absolutely necessary.

3. Must cool hot food before putting it in the refrigerator



The next habit you should practice is to wait for the food to cool down and put it in the cupboard. If you put hot food in the cupboard, it will also be cooled down, but it will take a long time and it will take a lot of power.

In addition, if you put hot food in the cupboard, the heat of the food will radiate into the fog, clinging to the wall of the cabinet causing smell and difficult to clean.

4. The tape should be cleaned in a timely manner



The refrigerator after a long time of use will be frosted around the cabinet. Failure to clean the snow cover will affect the cooling effect, causing more power loss. Normally, when the thickness is about 5mm, it is necessary to clean the cabinet in time.

There is a simple way that if the indoor temperature is relatively high, you can open the refrigerator door directly after unplugging, the temperature inside the refrigerator temperature and the room temperature is equal, then the

tape in the cabinet wall will automatically Naturally melt, do not take time you have to work hard.

Or you can unplug the refrigerator, open the refrigerator door, turn on the fan blowing on the cabinet until thawing, while saving time, you can clean the cabinet effectively.

There is a trick in freezing areas where you can apply a thin layer of vegetable oil to the wall of the cabinet to prevent freezing on it. Next time cleaning will be easier.

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