

If you don't know how to be 'yourself', read this article!

Most people often look confident when they actually want things that they can't have and go crazy about it. If you still don't know how to be yourself, read this article!

1. 7 reasons why smart, hardworking people still fail
2. 15 important survival skills you need to know to save yourself
3. True happiness is not in others but in ourselves!

Most people often look confident when they actually want things that they can't have and go crazy about it. No matter where you go, you will find that they are always talking about ignorance without realizing the paranoia and lack of confidence that is evident in their own words and actions. They are clowns, robots and they still do things in stark contrast to what I'm about to tell you, go through everything in life without even realizing who they are. If you still don't know how to be " *yourself* ", read this article!

1. Find passion



My brother - the author of the article, has no passion but the boy has many interests. Its hobbies are food, girls and alcohol. Unfortunately, it does not want to find a career in the field of interest. Maybe the thing she likes the most is being thoughtful. I tried to advise him to become a philosopher, hoping with its penchant for deep thinking would help him make money. Currently, it is preparing to graduate from college.

2. Don't be afraid

Fear is your weakness. To become yourself, give up all fear in your life by facing them. Even if it fails, you can still learn how to succeed next time.

3. Treat yourself well



Lack of judgment, cherish what you are doing and have done. Each of us has our own talent and that talent can help you turn this world into a better place, this is the purpose of life. Even if your way of building a better world is simply smiling at strangers, it is much more valuable than the bad things that bad guys bring.

4. Accept defeat

Faster failure to find success. It may take 5 years instead of 10 years, but as long as you stick to the failures and cherish them, learn from what you have experienced, you will find people from deep within you. become stronger than ever.

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5. Know your dreams



Dreams and goals are very similar. If you dream of achieving something, you can set goals to achieve it. If you don't dream, you will live a normal life, blending into the crowd.

6. Reading books

Some people think that reading is not as important as watching television. They do not realize that the smartest and most wonderful ideas, as well as the most interesting experiences for humans have been rewritten in the past five thousand years. To discover more about yourself, take the time to read alone and immerse yourself in that rich literary world.

7. Live beside good people



There are many who accept to bow and clean up the trash when the people they consider " *friends* " ask for help. Real friends will be loyal and share interesting things with you. They were more willing to act than to gossip and slash about something else. Maybe the best, most important people will know how to make you feel better about yourself without having to say good about yourself to you. They love you not because you are like them but because you know how to be yourself.

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8. There is new hard headed wind

Most people often feel comfortable in a group. However, usually this will not teach you how to be yourself, but it will only " *assimilate* " you. Instead, think about the things that matter to you and do them - even if you disagree with others, don't care too much.

9. Think about your loved ones



What will your family think? By having a blood relationship with you, those who have raised you or beside you during a difficult time will definitely be a reliable shoulder to rely on when you are in trouble. Family will empower you, especially for big problems that you can't find a solution for.

10. Travel

Observing how people live around the world helps you appreciate what you have and makes you more special. Moreover, every time you travel, you may face many challenges, such as language disagreements and finding ways to get to the places you need in time. Traveling alone can help you learn more about yourself that you didn't know before.

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Having fun!

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