

How to use power-saving computers

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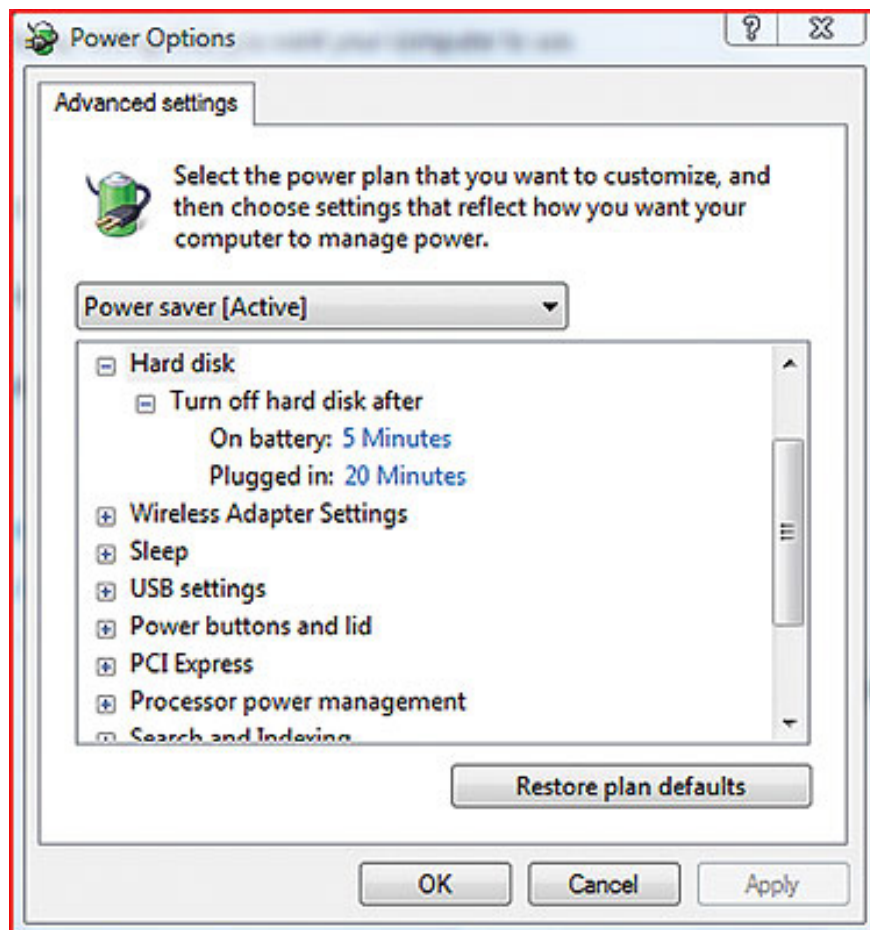
Leaving the screen in brighter mode than necessary makes the system consume more power, so adjust the brightness to suit the intended use. If you own a traditional CRT monitor, you should consider planning to upgrade to the LCD. This screen saves 1/3 of the capacity and helps your eyes get tired.

Avoid using screensavers that have too many vivid images. In fact, the screen shows how brilliant the image is, the more power it consumes. Turn off the entire machine when the job is finished instead of putting the system in stand by mode.

If you travel far away or take long-term leave, you should disconnect the computer plug from the power outlet, helping the system avoid electric immersion and reduce power consumption.

Please note the Energy Star certification mark on devices when choosing to purchase computers or electronic products. If this symbol is missing, it means the device is not up to the standard of economical operation.

Turn on all power saving functions of the monitor, computer system and peripheral devices such as printers if all support this mode.



Utility that adjusts Vista's power consumption

For Vista, go to **Control Panel / System and Maintenance / Power Options** to select **Power Saver** mode and **Change Plan Settings** . Next, click on **Change** of advanced settings to select the time for hard drive **Hard disk / Turn off** . At the end, select **OK** then select **Save Changes** to complete the process.

In Windows XP you can also apply the same adjustment steps to the **Control Panel / Power Options** section .

These settings help the computer minimize the power consumption of each part of the system, but does not create any inconvenience during the use of each function. So you can rest assured to do so, reducing power consumption also helps you to save small amounts of money every month, relieve the burden of spending.

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