

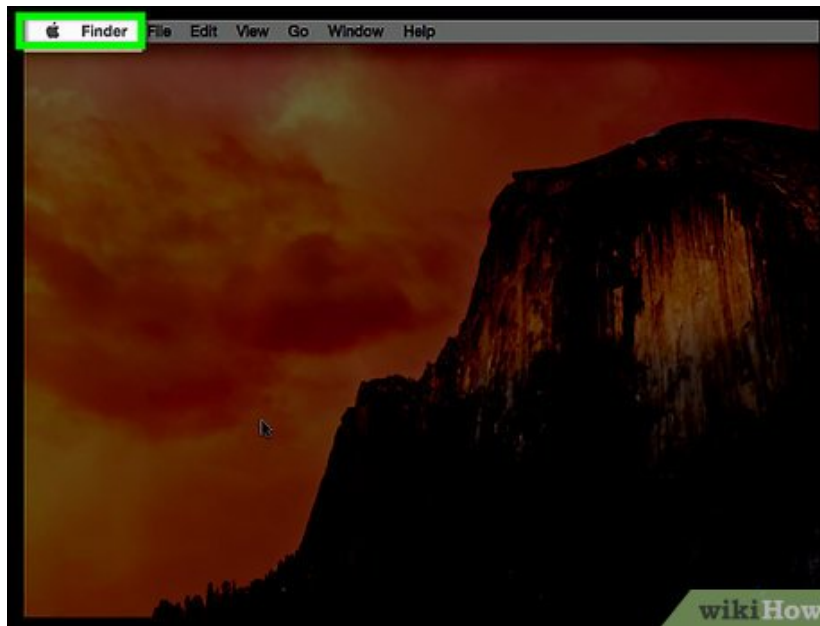
# How to Use Force Touch on a Mac

To use Force Touch, you must first have a Mac that's equipped with a Force Touch trackpad and enable Force Click on the computer. To do so, click on the Apple menu ? Click on 'System Preferences' ? Click on 'Trackpad' ? Click on 'Point & Cl...

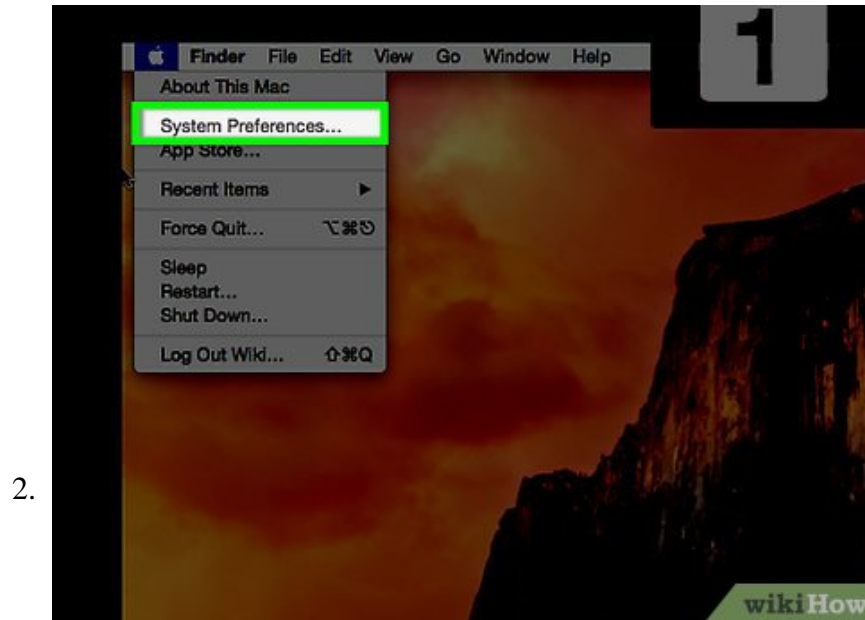
Part 1 of 2:

## Enabling Force Click

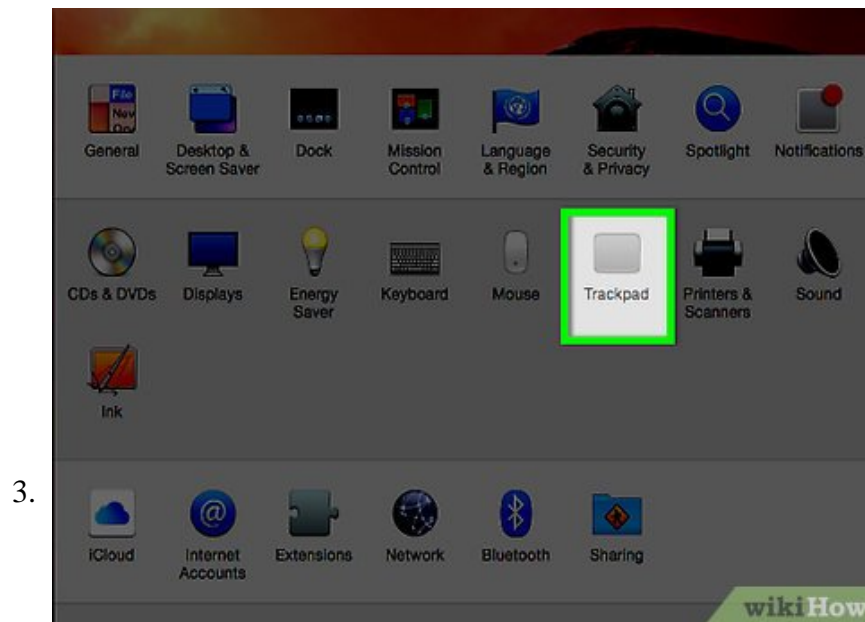
1.



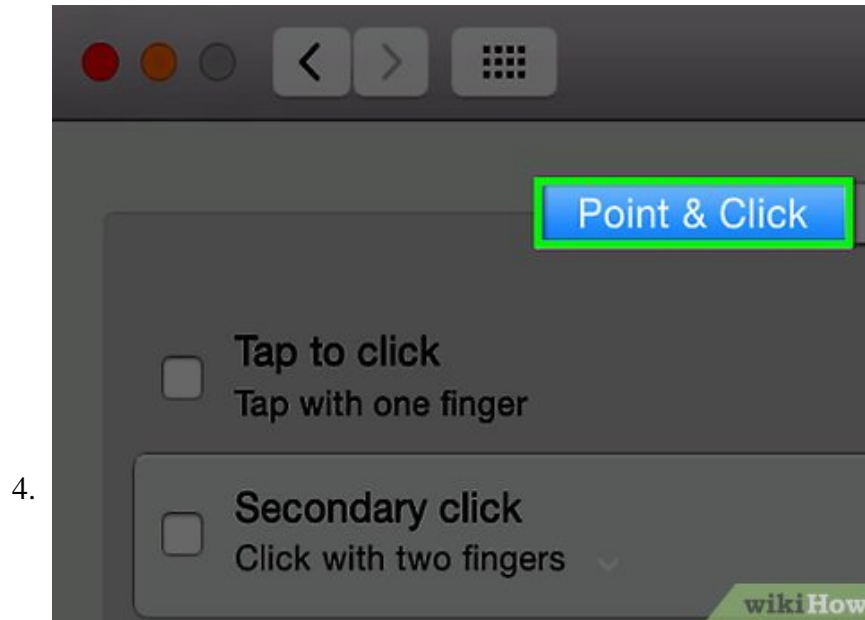
**Click on the Apple menu.** It's the black, apple-shaped icon in the upper-left of your screen.



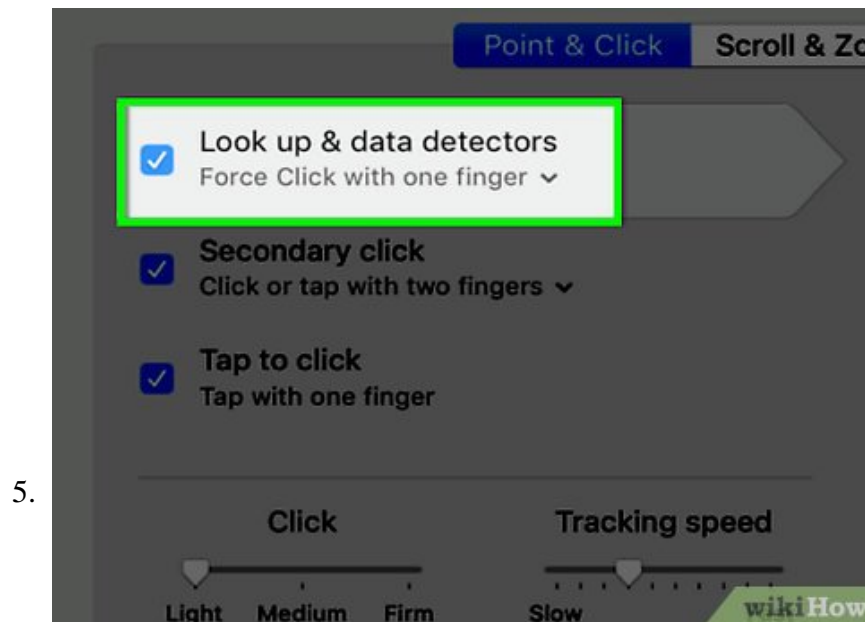
Click on **System Preferences**.



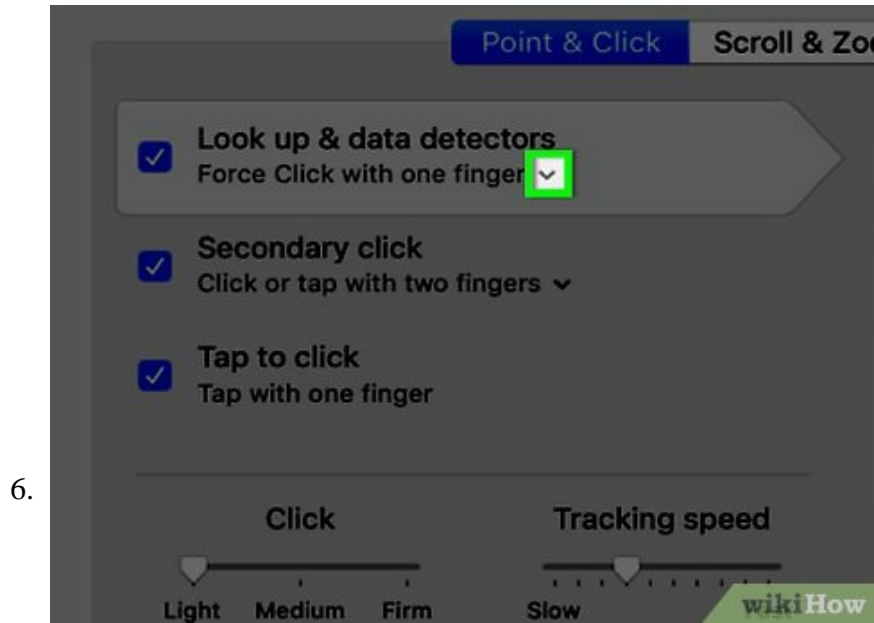
Click on **Trackpad**. It's in the center of the preferences window.



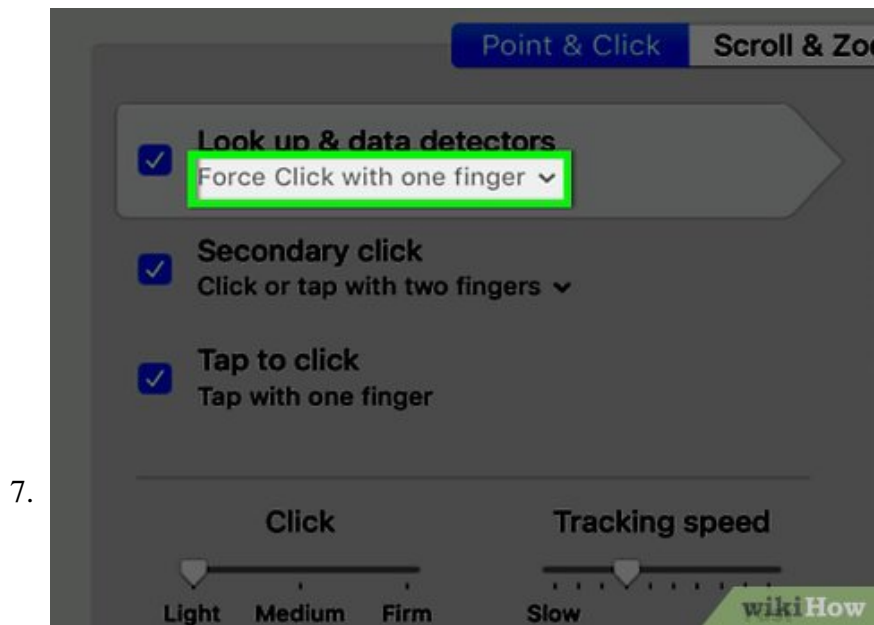
Click on **Point & Click**. It's near the top of the dialog box.



Click on the checkbox next to "Look up & data detectors." Make sure the box is blue and contains a checkmark.



Click on the drop-down below the checkbox.

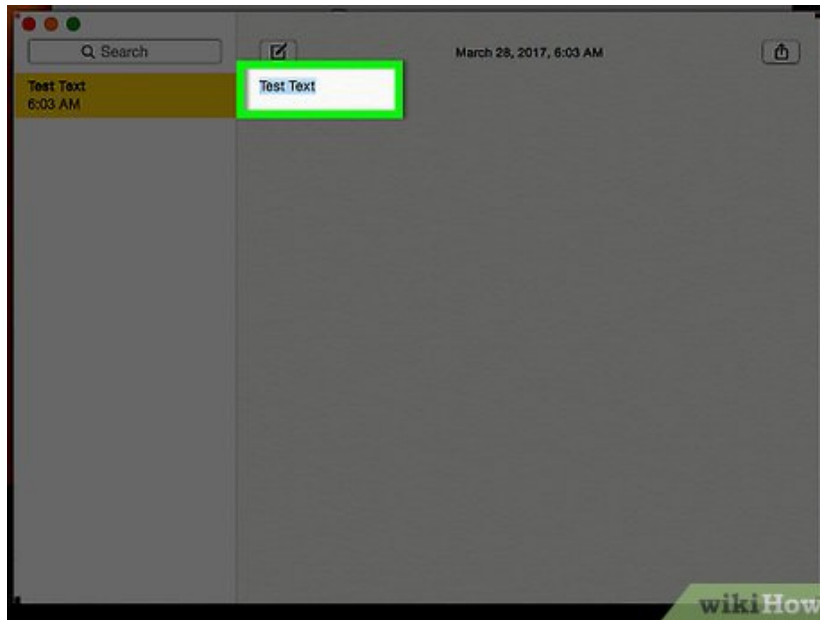


Click on "Force click with one finger." You've now enabled Force Click on your Mac.

Part 2 of 2:

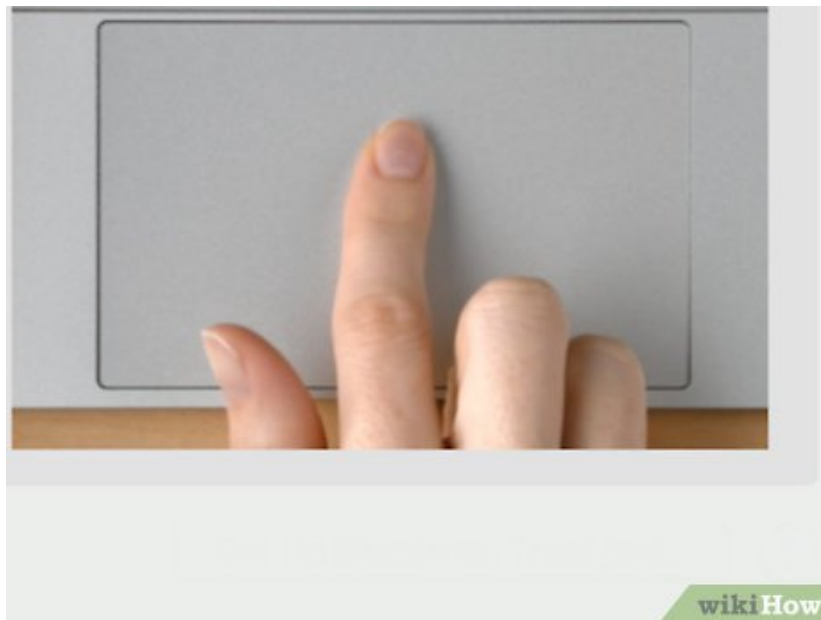
**Using Force Click**

1.

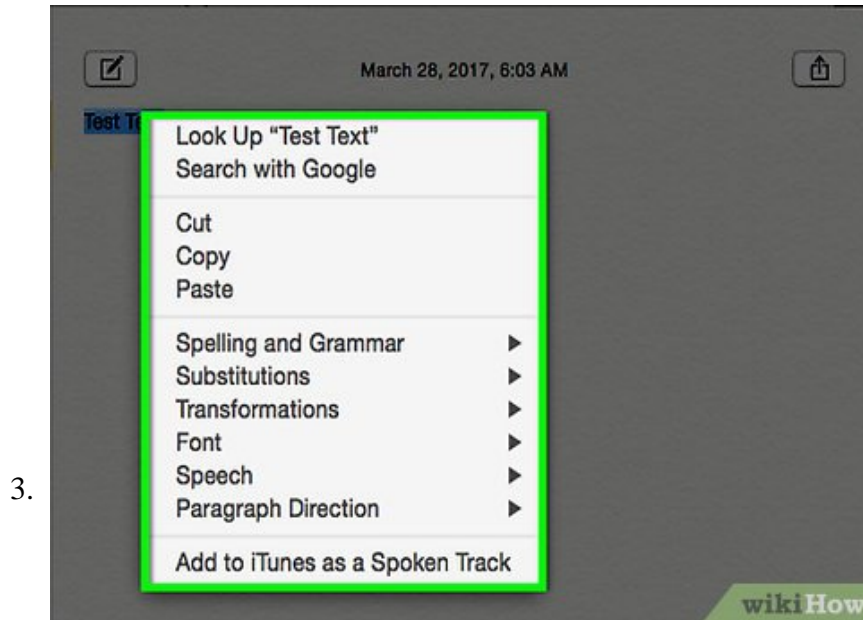


**Highlight text or hover the cursor over a point.**

2.



**Press on trackpad.** Press as you normally would to click on something.



**Apply additional pressure.** As you do so, Force Click functionality will engage.

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