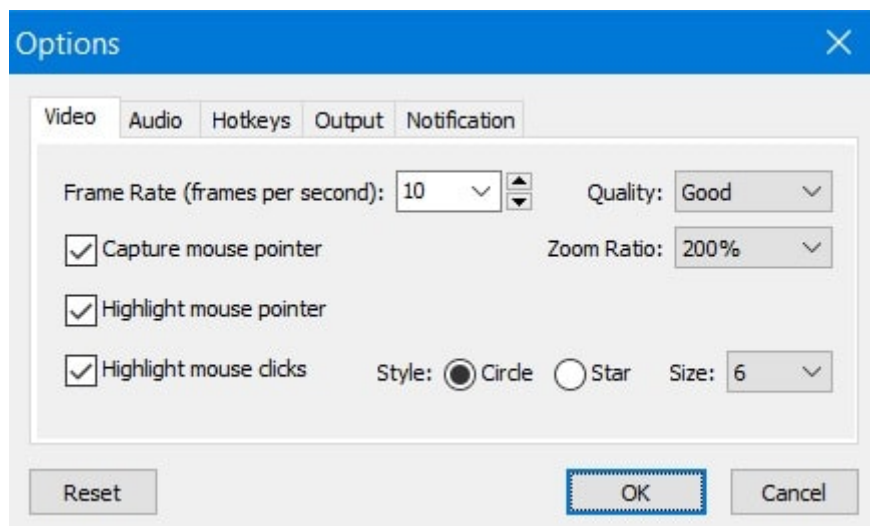
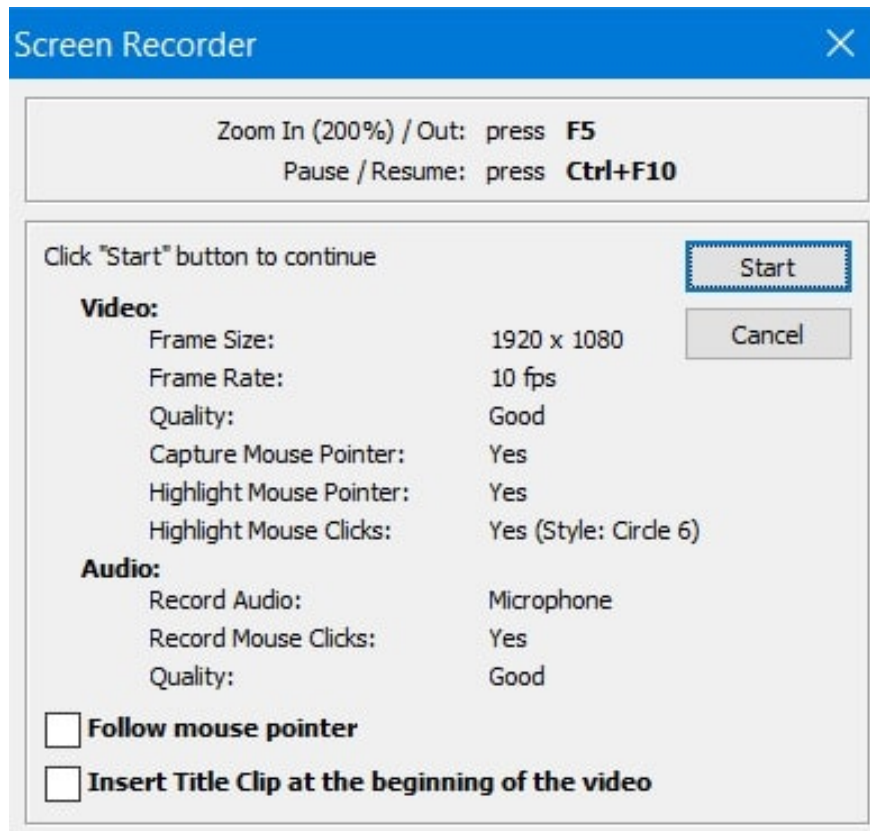


Step 3: In the **Options** section , you can customize:

- Frame rate.
- Image quality.
- Change the keyboard shortcut (Ctrl+F11) in **Hotkey** .



Step 4: Press **Record** to start recording. To continue, select **Start** .



Step 5: After selecting **Start** , screen recording will begin. Press **Resume** to continue recording, **Save** to save, and **Discard** to exit without saving.

Note: When saving, choose a folder and name the video.



Some frequently asked questions about FastStone Capture:

Answer: If you forget to save the video and turn off the device, unfortunately you cannot recover the recorded video. FastStone Capture does not automatically save videos.

Answer: To improve video quality, adjust the quality settings in Options (e.g., good, better, best). Additionally, close unnecessary applications to free up system resources.

Answer: In the Options section of Screen Recorder, select the audio source you want to record. For example, select "microphone + speaker" to record only from the microphone or from the computer.

This article has guided you on how to use FastStone Capture to effectively record your screen. You can also find more screen recording methods on the Taimienphi homepage.

You finished reading the article "**How to use FastStone Capture to record your computer screen.**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.