

How to use electric pressure cooker to ensure safety for the family

How to use electric pressure cookers safely and effectively is not well known. The following article will tell you how to use electric pressure cooker properly. Stay tuned!

With modern design and ability to cook food quickly, electric pressure cookers are becoming an indispensable item in every kitchen. However, how to use them safely and effectively is not well known. The following article will tell you how to use electric pressure cooker properly. Stay tuned!



Note before using the electric pressure cooker

1. Check pot before cooking

For pressure cookers in general as well as electric pressure cookers in particular, the pressure relief valve and rubber washer are considered the most important parts.

Before each use, you should pay attention to double check these two parts to see if they are properly installed and ensure clean or not.

In addition, you also need to check the pot comprehensively such as if the power cord is damaged, the thermostat is dry and sticky with debris, is the pot lid normal or warped .

When you see any abnormal phenomena, absolutely do not use the pot to process food.

See also: Should buy electronic pressure cookers with any safety mode?

2. Check the power source

Like other electrical appliances, electric pressure cookers also need to ensure a stable voltage source to be able to function properly, limiting fire, damage.

The advice for you is to equip voltage stabilizers for electrical appliances in the family. In addition, you should also invest in separate sockets for the pot, avoiding sharing with other high-power electrical devices to limit incidents.

Note how to use the electric pressure cooker during cooking

1. Use appropriate ingredients

When using an electric pressure cooker to prepare dishes, you should note that the ingredients should be lower or maximum of only $2/3$ of the capacity of the pot.

Especially with foods that have a high degree of swelling or bubble when boiling, you should only leave about $1/2$ of the capacity. Doing this will help prevent overflow or clogging of the system. In addition, you should also note that the amount of water to avoid so little will be very likely to burn.

2. Do not open the lid without permission

All electric pressure cookers are equipped with safety locks to prevent users from opening the lid until the pressure has not been fully discharged.

If you want to open the lid, you need to unplug it then let the boiler self-discharge or actively pull the exhaust valve to release the pressure. When opening should tilt the lid to one side to avoid heat coming straight into the face.

Do not attempt without opening the lid as this will expose the pan to damage or unsafe.

See also: Use newly purchased pressure cookers properly to ensure durability

Note after using the electric pressure cooker

1. Clean the pot

After the cooking process is finished, all the food is ready for you to cool down before cleaning.

Perform cleaning the entire heart of the pot, the lid, the shell and especially the pressure relief valve as well as the rubber seals of the pot.



2. Preserving pot

After conducting cleaning you should dry or let the pot dry naturally and store in a cool place.

Should install the parts of the pot as before preparing to cook before going to preserve to avoid impact leading to distortion, warping .

You should check the pot if you want to use it for the next time especially when you do not use them for a long time.

In addition, you absolutely must not use the inner pot to cook on the gas stove because it can damage the nonstick layer as well as deform the inner pot.

Above is the use of electric pressure cooker in detail to bring the highest safety and efficiency. If you have any questions or need advice about electric pressure cooker products, please contact us at the hotline:

1. Hanoi: 56 Duy Tan - Dich Vong Hau - Cau Giay. Hotline: 024.3568.6969
2. Ho Chi Minh City: 716-718 Dien Bien Phu - Ward 10 - District 10. Hotline: 028.3833.3366

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