

How to turn off applications that run in the background on Windows 10

Turning off the application running in the background on Windows 10 will make the computer less sluggish, saving system resources. The following article of Network Administrator will guide you how to turn off applications running in the background on Windows 10.

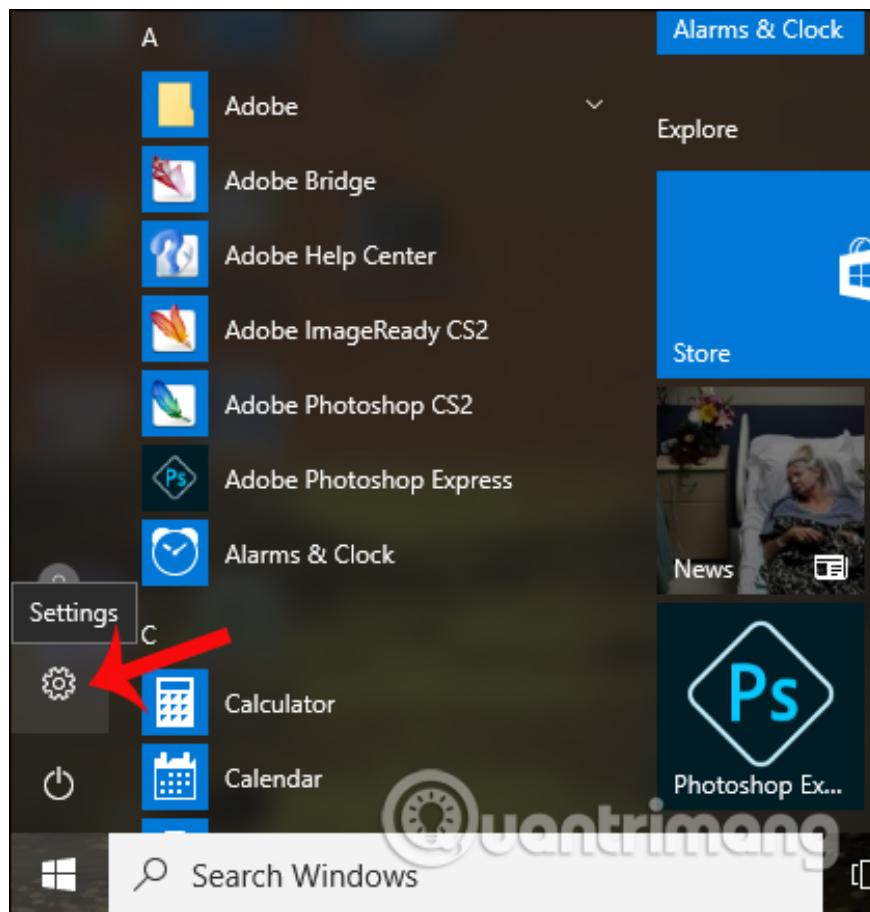
How to speed up Windows 10 is often used by many people to turn off the application running in the background, running in the background on the system, besides using other methods. This will help the computer improve resources and capacity, create stability and the machine will run faster.

Not only on Windows 10, but with Windows 8 or Windows 7, the status of application running in the background will affect the system. In particular, when using the computer for a long time without blocking the application running in the background, it will lead to slow startup and sluggish operation. The following article of Network Administrator will guide you how to turn off applications running in the background on Windows 10.

Turn off applications running in the background on Windows 10

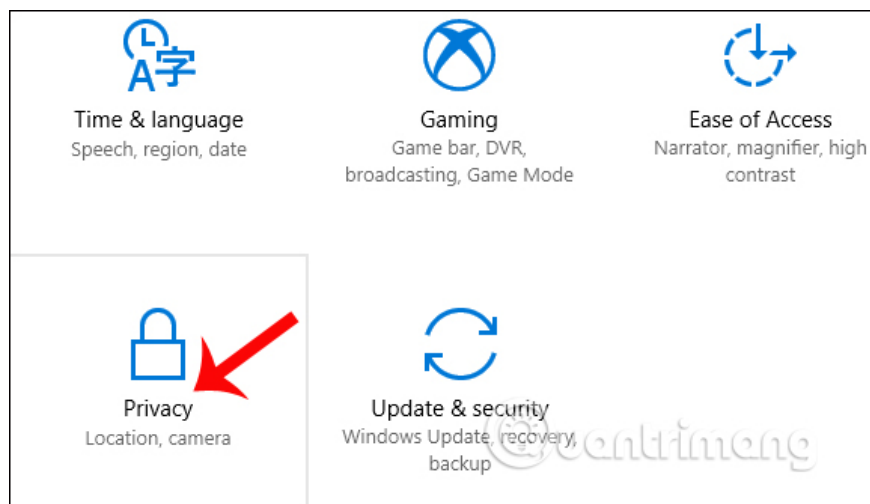
Step 1:

At the screen interface, we click on **the Start icon** and then select **the Settings button** .



Step 2:

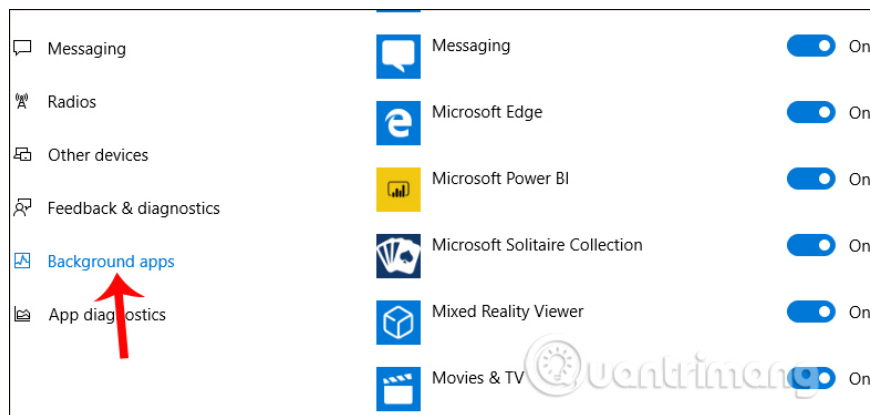
In the Windows Settings interface, click on **Privacy settings** .



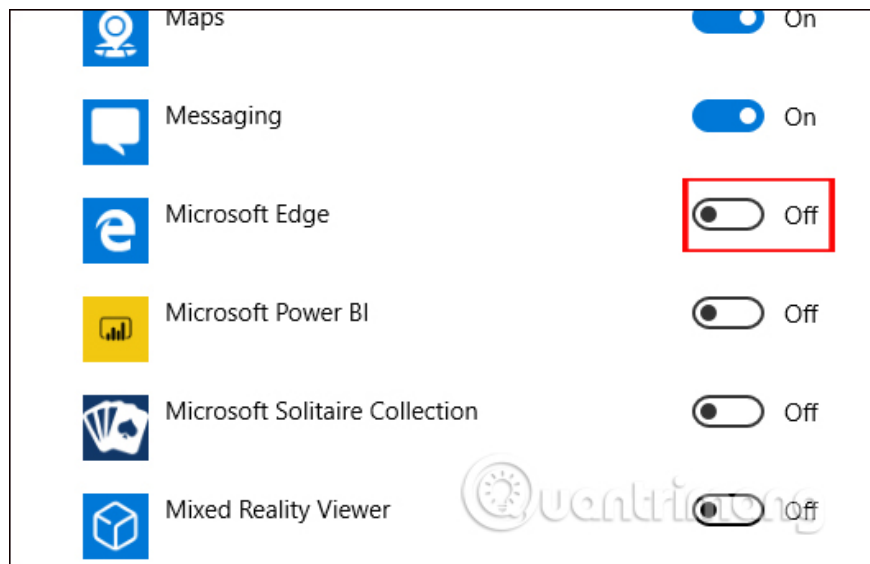
Step 3:

In the new interface, click on **Background apps** to check for applications running in the **background** on Windows systems.

Looking to the right interface, you will see a list of applications running in the background on your computer such as Calendar, Maps, Alarm & Clock, .

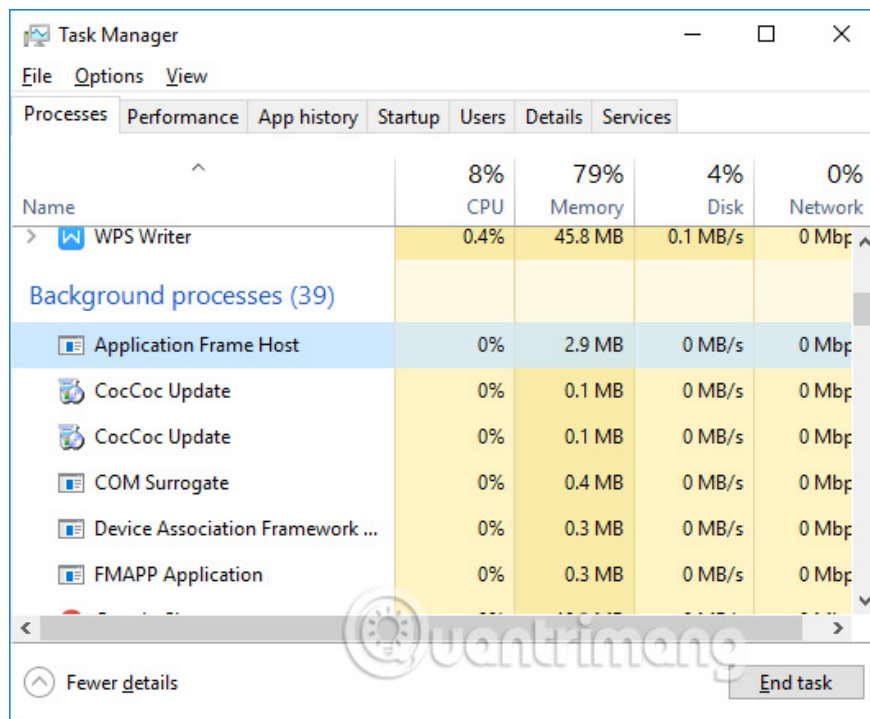


To **turn off the application running** in the background on **Windows 10** , turn the horizontal bar to the left to switch to **Off mode** in all applications to turn off background mode on Win 10.



Note to users , we can only turn off applications that run in the background installed on the system only. You cannot apply this method to third-party applications such as Chrome or Firefox, but you can turn off Microsoft Edge browser background on Windows 10 computers.

In addition, we can **open Task Manager** to check which applications are taking up a lot of resources on the computer, by pressing **Ctrl + Shift + Esc** .



Leaving the application running in the background on Windows 10 can help us to open applications faster, but it is also the reason why the computer is slow to operate, because the applications running in the background will take up quite a lot of resources on the system. Ideally, users should turn off applications running in the background on Windows 10 or any Windows system, to avoid slow computer activity.

I wish you all success!

See more:

1. 8 unexpected uses of Task Manager
2. How to block apps running on Android?
3. On Windows 10 you should disable these features
4. Turn off programs that start with the system on Windows 10

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