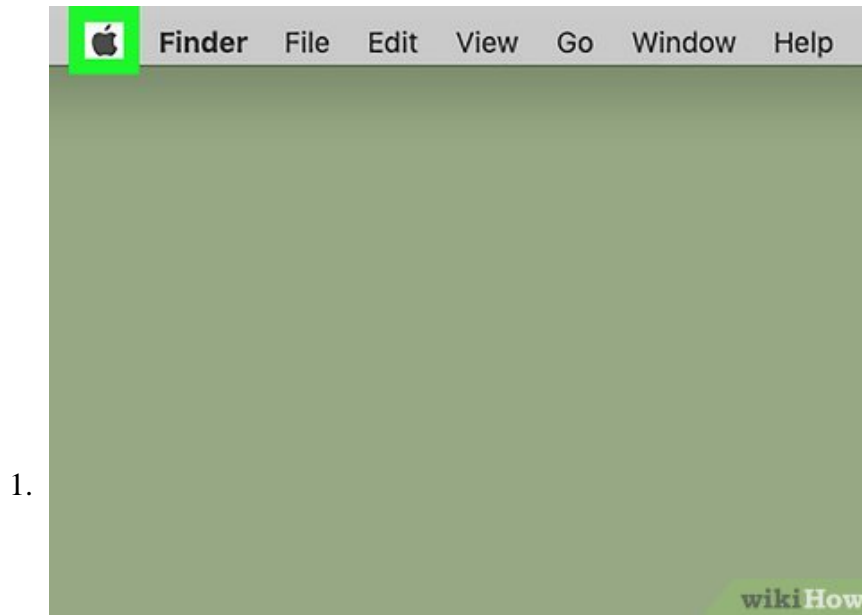


# How to Speed Up a Mac

This wikiHow shows you several ways to speed up your Mac. A slow Mac can be caused by several issues, but turning off visual effects, closing resource-heavy programs, updating your OS, and managing your startup programs are a few ways to...

Method 1 of 4:

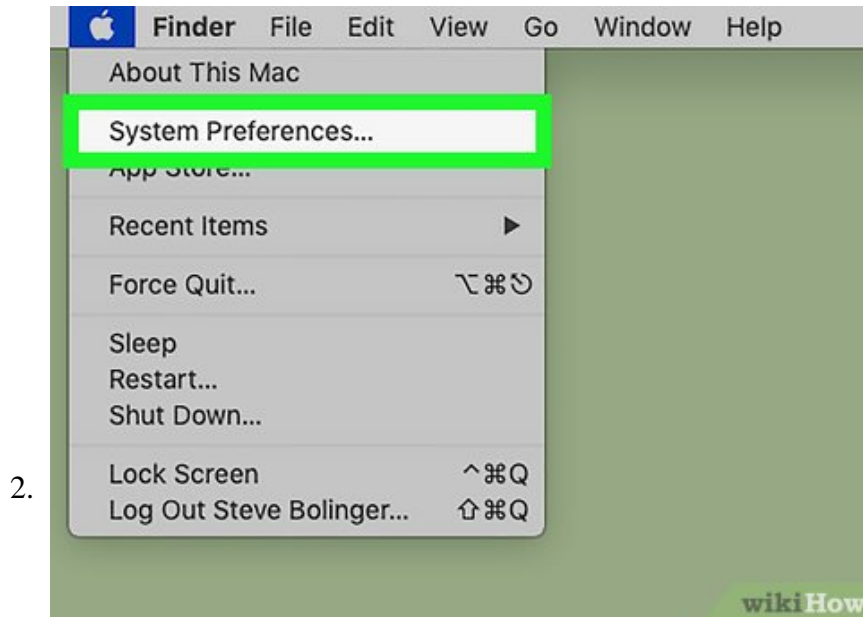
## Managing your Startup Programs



Click on the



apple in the top left corner of the screen.



Click on **System Preferences**.

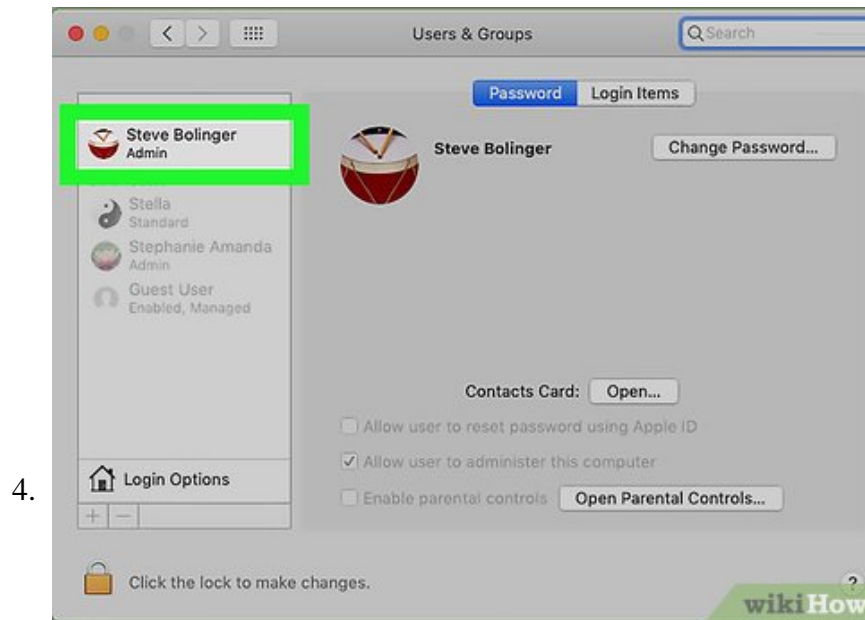
1. You can also find



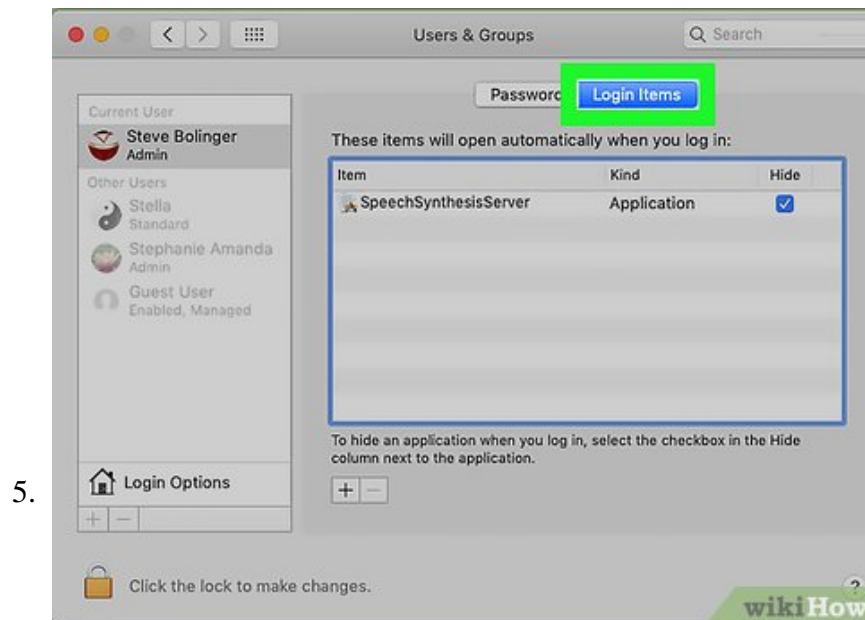
System Preferences in your dock.



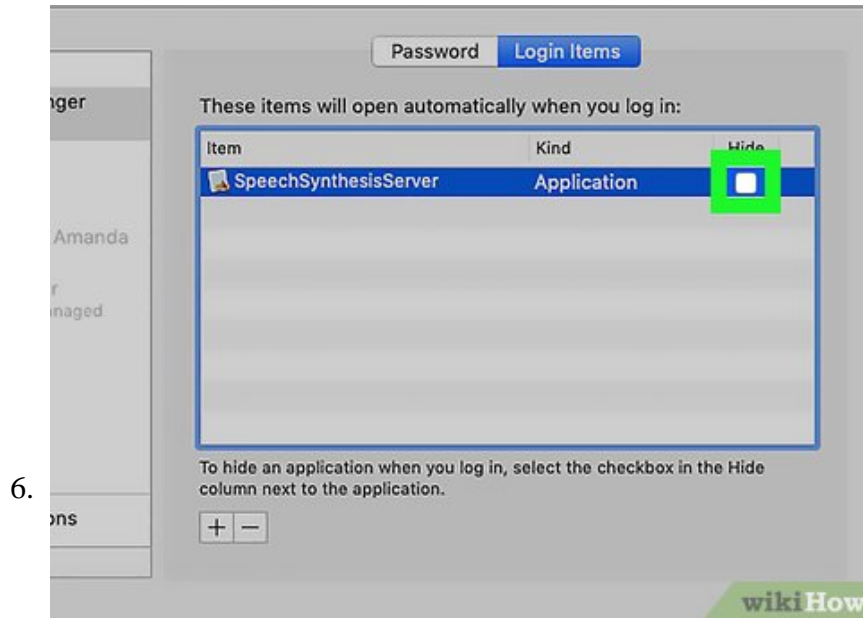
Click on **Users & Groups**. The icon has a silhouette of two people.



Select your name from the Current User list.



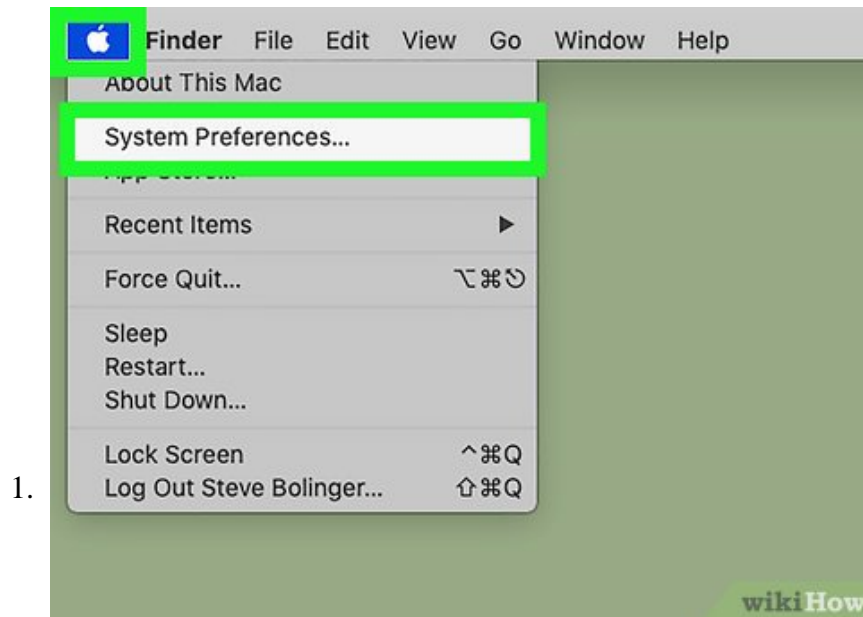
Click on the **Login Items** tab. You will get a list of programs that open automatically when you log in.



**Uncheck any programs that you don't need when your Mac starts up.** Fewer programs at startup will help your Mac launch faster and will not hog up your computer's resources in the background.

Method 2 of 4:

## Updating your OS



**Click on the**

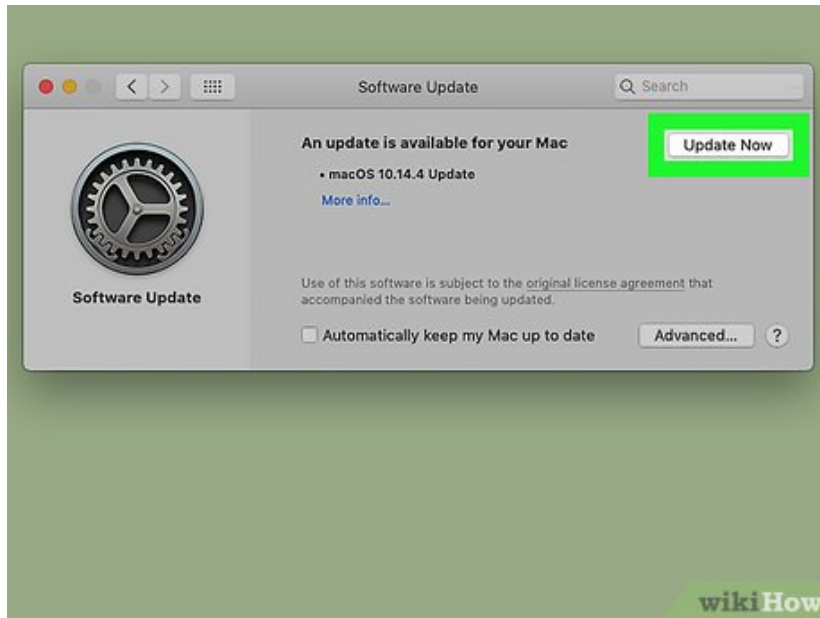


**apple at the top left.** This will open an overview window.



Click on **Software Update** to check for updates. If your mac is up to date then it will tell you.

3.

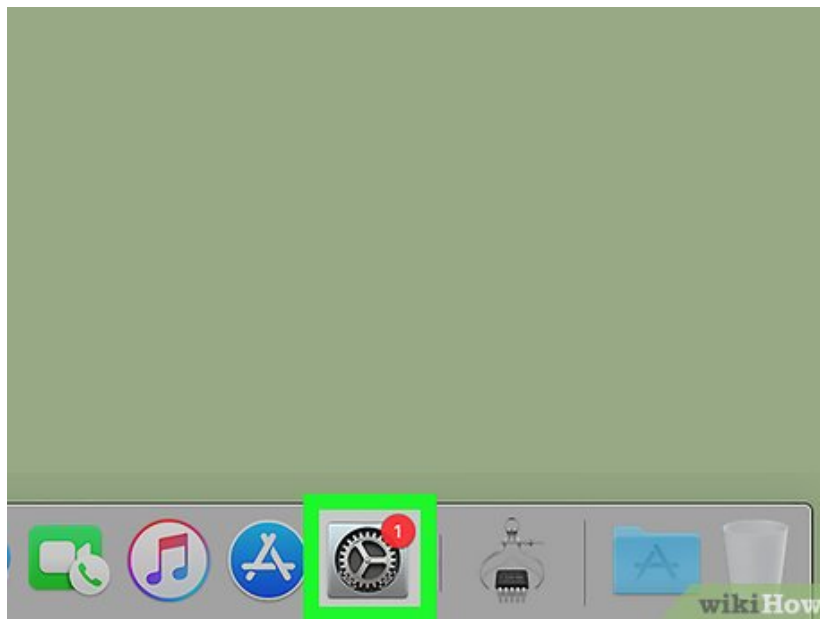


**Download any updates and restart your mac.** Updating your macOS will sometimes help fix bugs or clean up files that may have been slowing your computer down in previous OS versions.

Method 3 of 4:

## Turning off Visual Effects

1.



Go to



**System Preferences.** It'll be located on your dock or you can search for it using Finder.

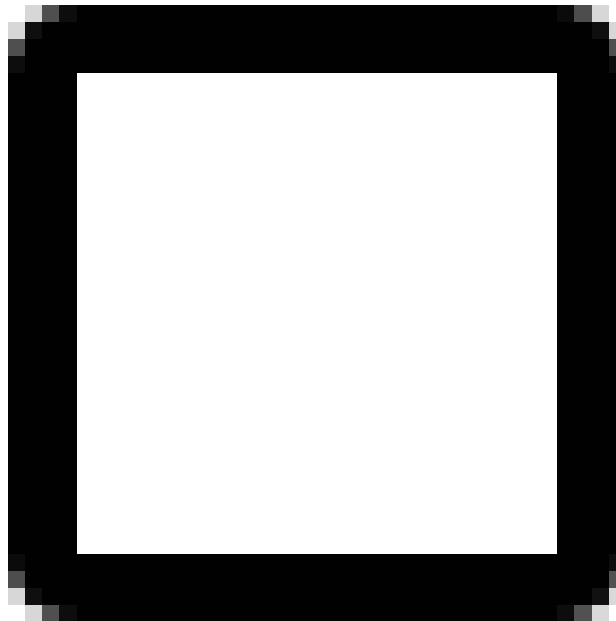


Select **Dock** from the menu.

3.

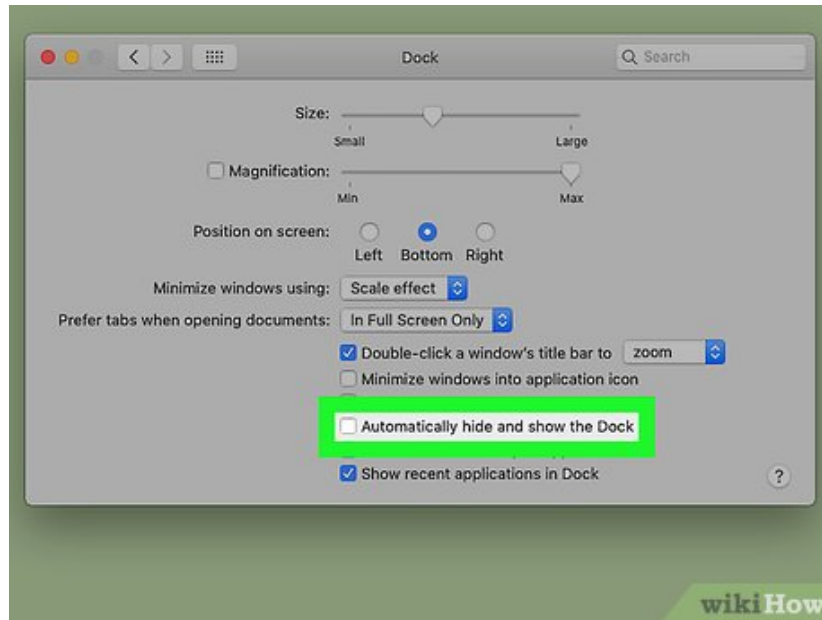


Uncheck the box next to

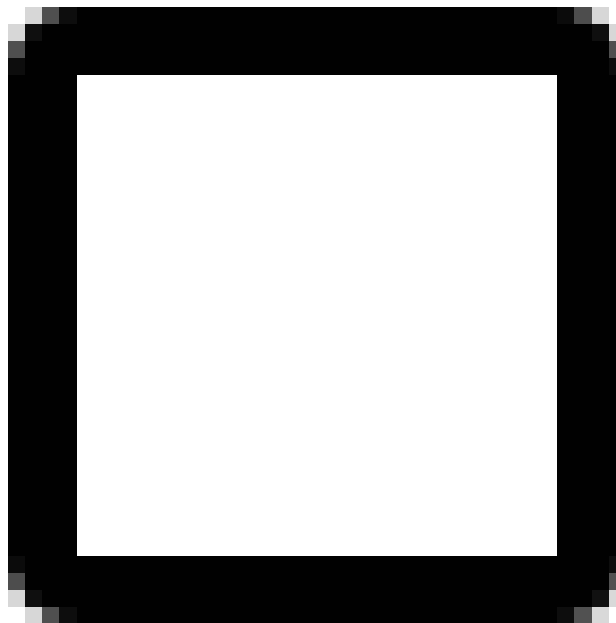


**"Animate opening applications."**

4.

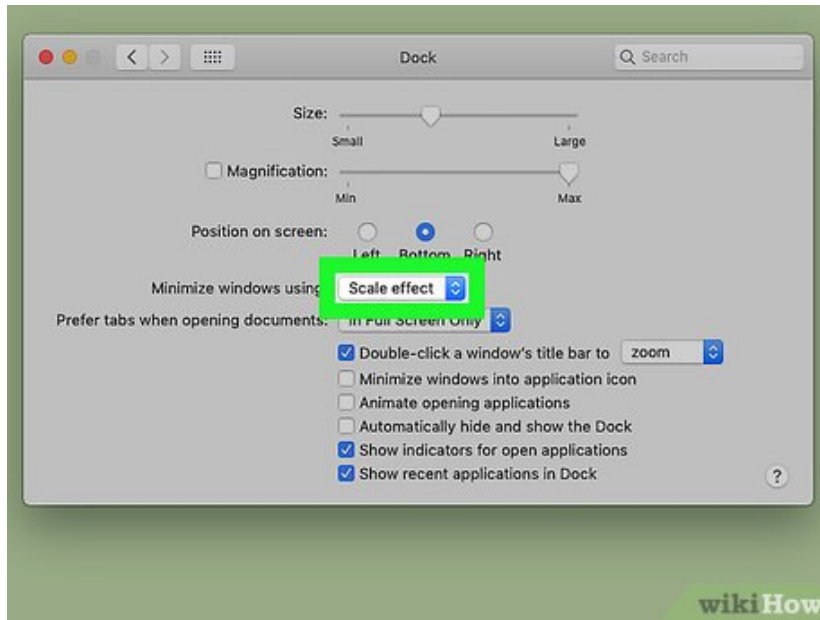


Uncheck the box next to



**"Automatically hide and show the Dock."** Animations can sometimes cause your mac to run slower. They look nice but aren't necessary to make your Mac run effectively.

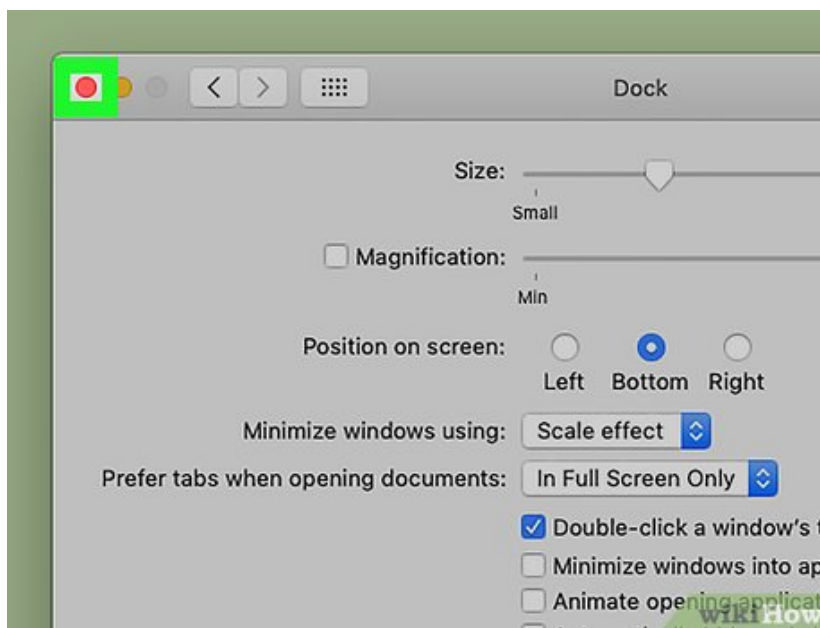
5.



Select **Scale Effect** from the drop-down menu.

1. It's located next to **Minimize Windows Using**.

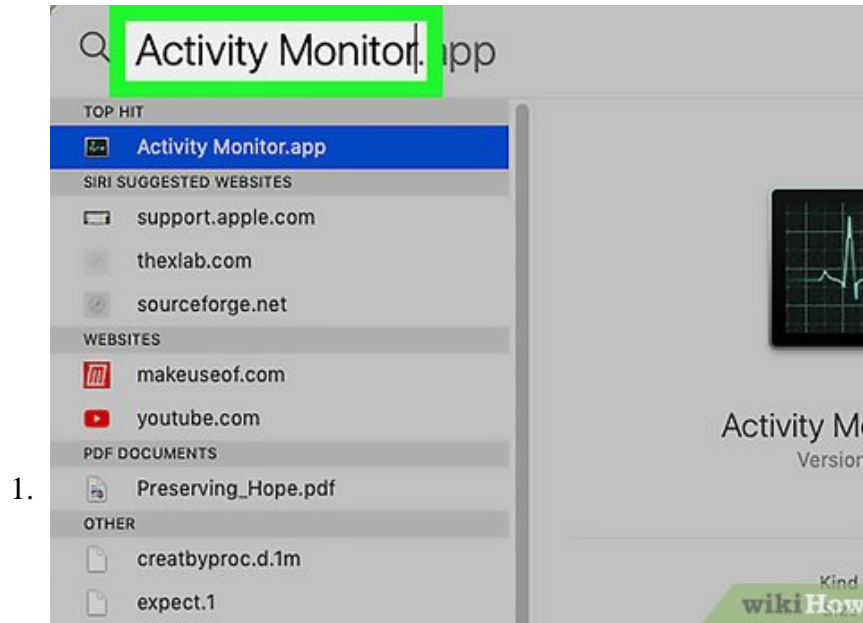
6.



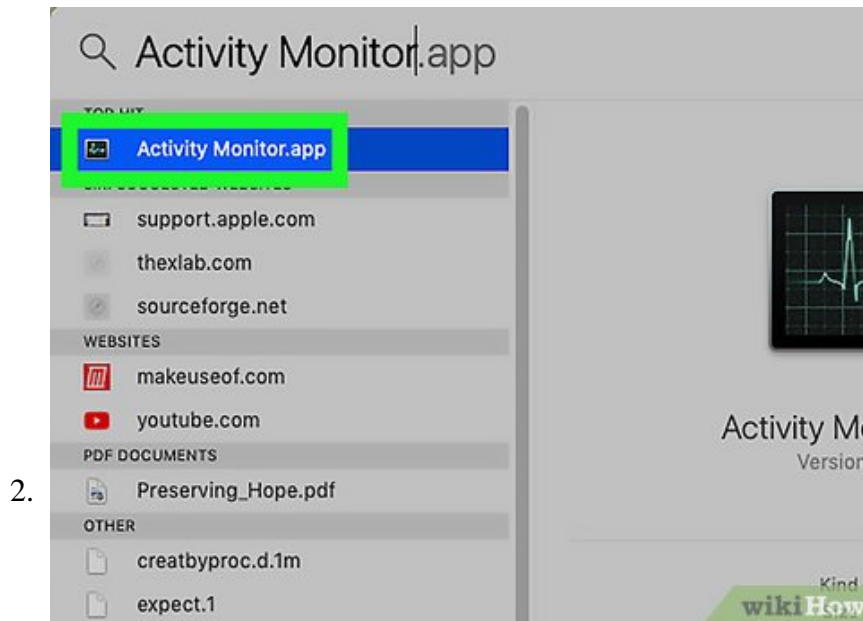
**Exit to save your settings.** Visual effects may sometimes cause your Mac to run slower as its an extra feature that can be resource-hungry. Turning them off can greatly increase the speed of your mac.

Method 4 of 4:

## Closing Resource Heavy Programs

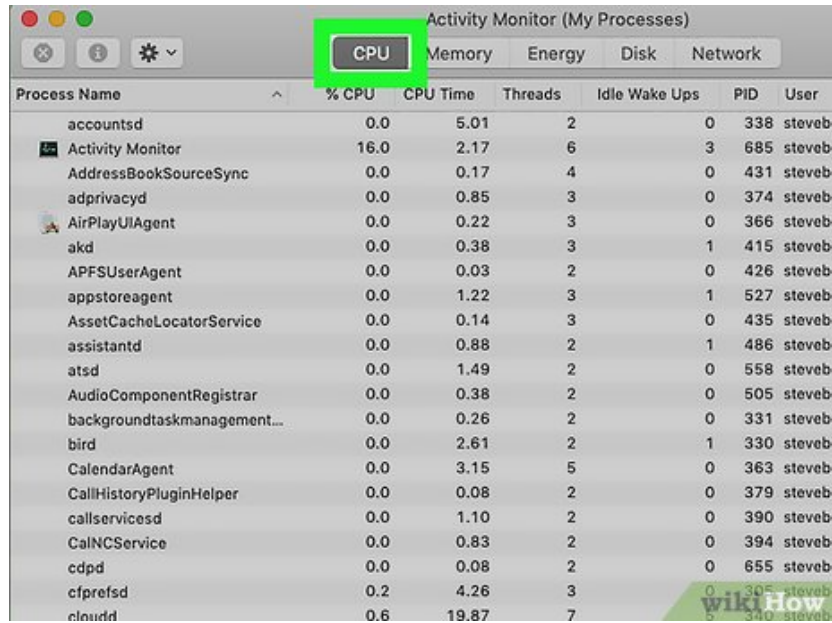


**Open Finder (CMD + Spacebar) and type in Activity Monitor.** Activity Monitor lets you see which programs on your Mac are taking up a lot of resources to run. Closing or uninstalling these programs can help speed up your mac.



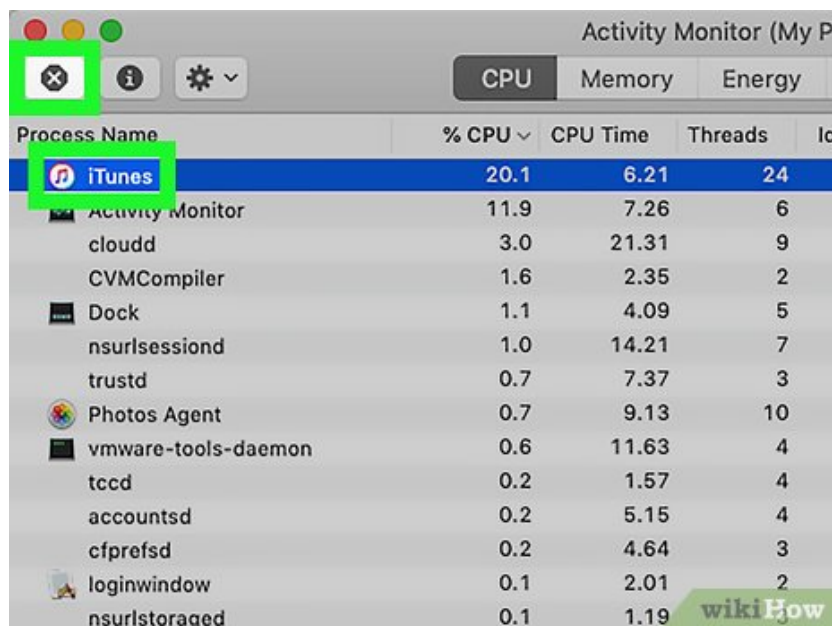
**Click on Activity Monitor to open it.** Activity Monitor can also be found within the Utilities folder inside the Applications folder

3.



Click on the **CPU %** tab. The higher the percentage, the more that resource is using up your CPU. Programs that use a lot of your CPU will slow down your computer.

4.



**Close the programs with the highest CPU percentage.** You can do this by clicking the program on the list and then the **X** in the top left-hand corner of the Activity Monitor.

1. If you recognize the program and don't really need it, then consider removing the program from your mac. If it's making your mac run slow and you rarely use it then uninstalling it may be the best choice.

You finished reading the article "**How to Speed Up a Mac**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.

