

How to solve the problem quickly at home

On New Year's Day, men must not avoid partying and drinking. So, please refer to the following quick beer relief below!

On New Year's Day, the men must not avoid the party or constant drinking parties. Sometimes, just a few bowls of praise can make the guy blush, get drunk, even headache, nausea, dizziness if drinking poorly. Therefore, from now on, men must equip immediately the most effective **quick beer** solutions below to get the most complete and meaningful fun on Chinese New Year!

How to solve alcohol quickly and effectively

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The effective solution of alcohol according to folk methods

Drink ginger tea , fresh lemon



The heat of ginger works to make blood vessels in the body better circulate, thereby facilitating the rapid detoxification of alcohol in the body. To use ginger ale, you should slice about 60 grams of fresh ginger then put in a glass of tea mixed with a slice of fresh lemon to drink after being drunk.

Drink green tea water

In green tea, there is tannic acid, which can eliminate alcohol in alcohol. Therefore, giving drunk people a cup of concentrated green tea will help to reduce alcoholism very well. This is also a simple and effective way to remove alcohol.

Drink tomato juice



In tomato juice contains a large amount of elements such as Potassium, Calcium, Sodium . These are essential for the body but are all deficient due to vomiting when drunk. Therefore, a glass of tomato juice (seeded) will help to effectively reduce the alcohol, while reducing fatigue, headache, dizziness . in drunk people.

Sugarcane juice

Cool, natural sweetness, sugarcane juice has a great effect in purifying, cooling the body and alcohol. Not only that, sugarcane also provides sugar and water for the body, very good for drunk people, vomiting due to drinking too much alcohol.

Green bean



According to Oriental medicine, green beans have a sweet taste, welding properties, tonic gas, cool the liver, detoxify. Therefore, green beans are good for people who are drunk or have alcohol poisoning. You can cook a pot of diluted green porridge and drink it for drunk people to help alcohol very quickly, effectively and no longer feel tired.

Use alcohol and anti-drunk drugs

In addition to the 'remedy' for drinking alcohol from nature, many men now resort to the solution to alcohol and prevent alcoholism by using drugs. So is the antidote good for alcohol? Is it harmful to have health? The explanation below will help you better understand this issue.

What does an antidote for alcohol do?

In essence, an antidote to alcohol is a functional food with the effect of eliminating alcohol and preventing drunkenness in people who drink alcohol. An antidote to alcohol, also known as a alcohol pill, helps to reduce drunkenness while drinking or right after drinking alcohol. The main components of medicines or alcohol tablets include glucose, vitamins B1, B6, PP, glutamic acid, fumaric acid, succinic acid.



Thanks to these ingredients, an antidote helps accelerate the metabolism of alcohol, neutralize alcohol, speed up the elimination of toxins from the body, and reduce the body's ability to absorb alcohol, thereby reducing minimizing the impact of alcohol on the health of users.

If the natural remedies stop at helping the drunken person to be more alert, that is, they only work after the drunk person is drunk, then for the antidote for alcohol, in addition to the effect of alcohol, it also Another use is to limit drunkenness, fight nausea while drinking alcohol, thereby increasing the tolerance of the drinker.

In addition, some types of alcohol capsules are now made from natural ingredients, which help protect the liver, restore health and nerves after being drunk. Therefore, with convenience and efficiency, antidote to alcohol is increasingly becoming a method used by men whenever they have the opportunity to drink alcohol or party.

Search for an antidote to alcohol with a clear, reputable origin

As a health product, when choosing to buy a drug for alcohol, you should prioritize those with clear origins, proven effectiveness, clinical certification, issued by the Ministry of Health. simultaneous circulation allows the liver, kidneys and stomach to be protected from harmful effects from uncontrolled drug components. You can refer to some drunk antidote products originating from Japan, which are trusted by many consumers, choosing below:

1. The Shugo Densetsu alcohol prize price is 260,000 VND
2. Alcohol drinks, protection, liver detoxification SHUEN RIBETO Japan (box of 30 packs, 3 capsules / pack) has a reference price of 899,000 VND.

On the contrary, you absolutely should not choose to buy products of unidentified origin, origin, ingredients that have not been verified and are too cheap in the market. This is most likely a cause of danger to user health. Choosing to buy poor quality antidote can cause many serious health consequences, adversely affecting the liver, kidneys, and possibly even life.

To choose to buy medicine products or drink capsules from reputable brands, it is best to look for genuine, reputable and reputable establishments and distribution addresses. Here, you will be consulted and find the best antidote, effective with the best fake. Among them, META.vn is one of the reputable addresses providing drugs for drinking alcohol, liver tonic, liver detox that you can refer to.

In general, for those who regularly drink alcohol, the use of remedies whether natural or functional foods have the effect of eliminating alcohol quickly and effectively. However, not so that they can abuse them to drink arbitrary alcohol or to satisfy their own alcoholism. To minimize the harm that alcohol can cause, it is best not to or limit the consumption of alcohol, especially during the New Year. Do not let the cup of wine ruin the joy and significance of your family's Lunar New Year!

I wish you and your family a healthy and civilized New Year!

See more:

1. Things not to do after drinking alcohol, especially during Tet
2. 10 ways to solve alcohol very simple but extremely effective

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