

How to schedule windows 11 theme changes by time of day

If you want your Windows 11 computer to automatically switch between light/dark themes on an hourly basis, you can use Task Scheduler or a free third-party app.

If you want your Windows 11 computer to automatically switch between light and dark themes on a regular basis, you can use **Task Scheduler** or a free third-party app. Here are detailed instructions, including how to automatically change the wallpaper.

Use Task Scheduler to create a task that automatically switches themes

One way to schedule Windows 11 theme changes over time is to use **Task Scheduler** . You create two tasks that edit Windows registry values, switching between light and dark themes at specified times.

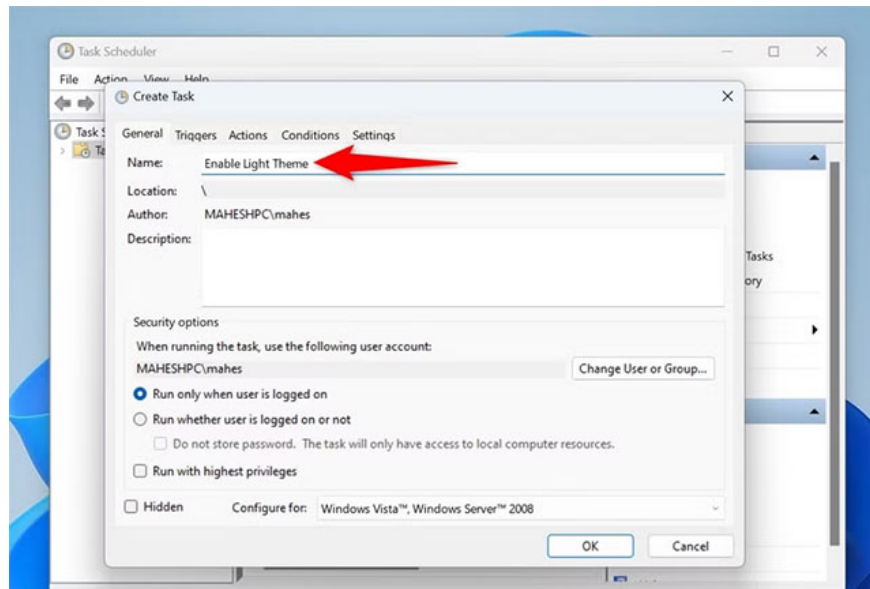
To easily undo changes, **create a system restore point** before following these steps.

1. Getting Started:

Open **Windows Search** (press Windows + S), type **Task Scheduler** and launch the tool.

On the right, click **Create Task** .

Select the **Name** field and enter a name for the light theme enable action (for example, *Enable Light Theme*).

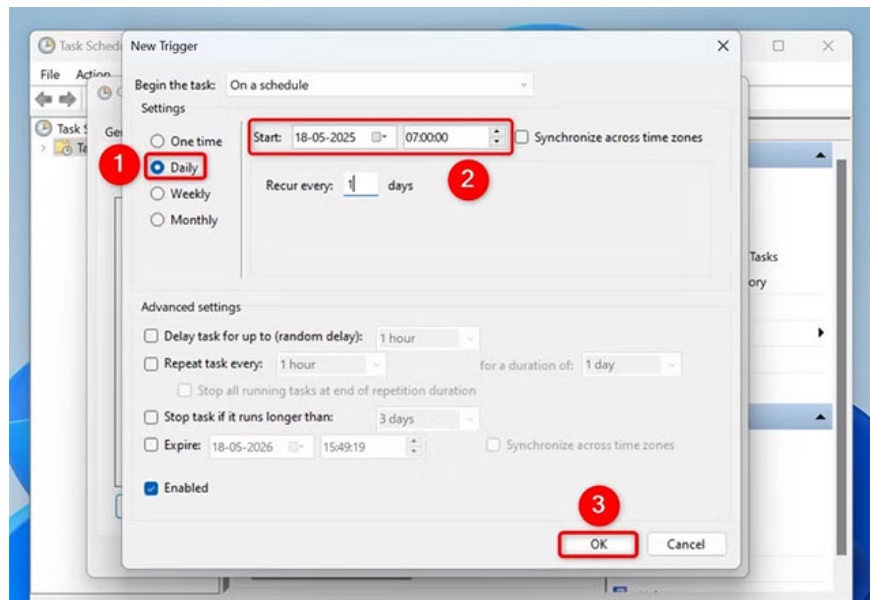


2. Set up Trigger :

From the tab list above, select the **Triggers** tab > click **Add** to add a new trigger.

Select **Daily** to have the task run every day.

Select the time you want the system to start using the light theme > click **OK** .



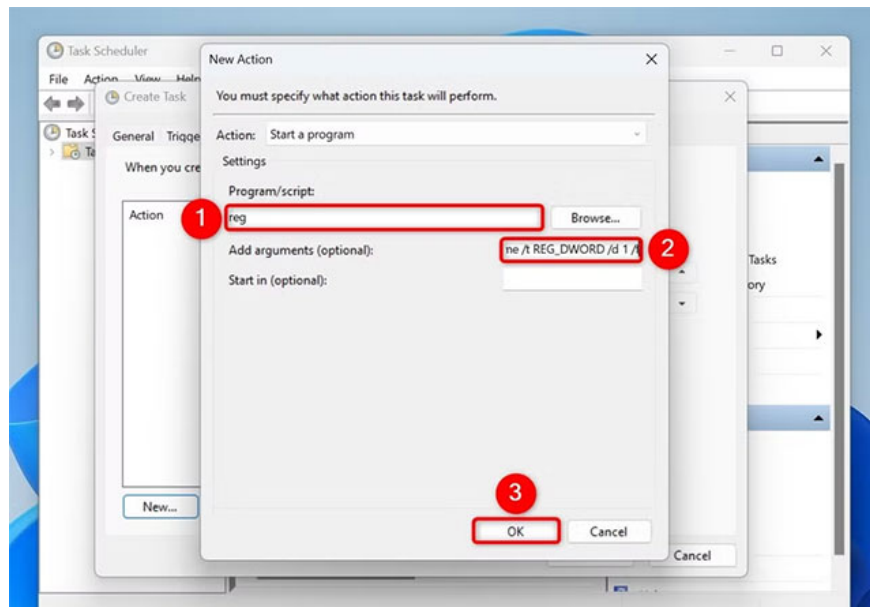
3. Set up actions :

Go to the **Actions** tab > click **Add** to add a new action.

In the Program/Script field , type reg .

In the **Add Arguments (Optional)** field , enter the following command > click **OK** :

```
add "HKCUSoftwareMicrosoftWindowsCurrentVersionThemesPersonalize" /v SystemUsesL
```

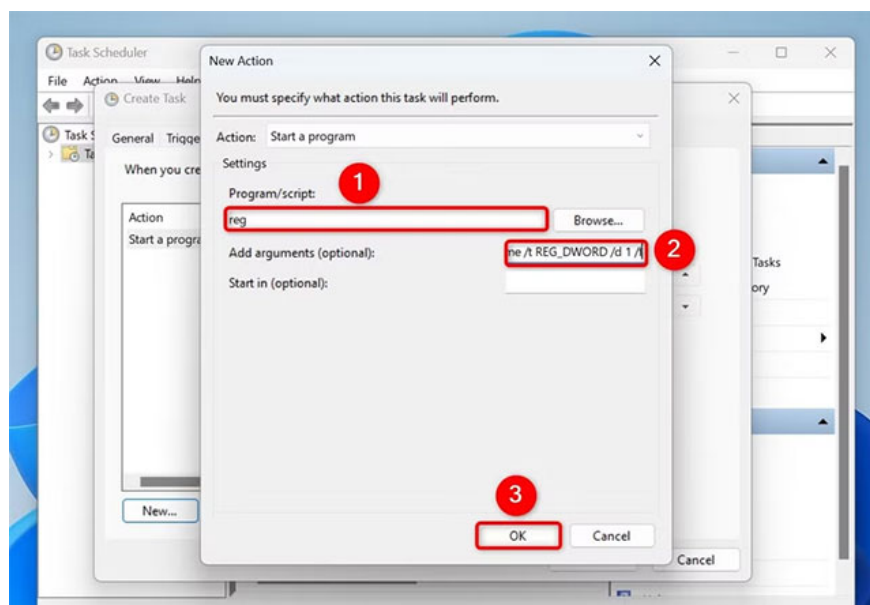


Add second action:

1. In the **Program/Script** field , re-enter `reg` .
2. In the **Add Arguments (Optional)** field , enter the following command > click **OK** :

```
add "HKCUSoftwareMicrosoftWindowsCurrentVersionThemesPersonalize" /v AppsUseLight
```

1. **Back in the Create Task** window , click **OK** to complete the task creation.



4. Create a task for dark theme :

Repeat the steps above, giving it a name (e.g. *Enable Dark Theme*).

Set a trigger with the time to activate the dark theme.

In the **Actions** section , use the following commands:

1. Action 1 :

```
add "HKCUSoftwareMicrosoftWindowsCurrentVersionThemesPersonalize" /v SystemUsesL
```

1. Action 2 :

```
add "HKCUSoftwareMicrosoftWindowsCurrentVersionThemesPersonalize" /v AppsUseLight
```

Save task.

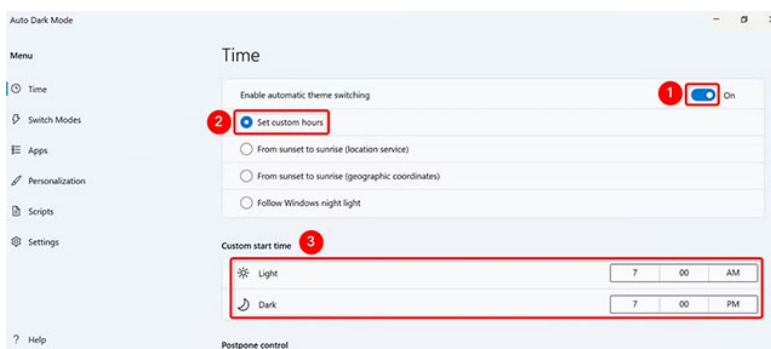
Your system will now enable light/dark theme based on the set time. To disable this feature, right-click the task in **Task Scheduler** and select **Delete** .

Use the Auto Dark Mode app to automatically switch themes

If you don't want to configure it yourself in Task Scheduler, use the free Auto Dark Mode app from the Microsoft Store.

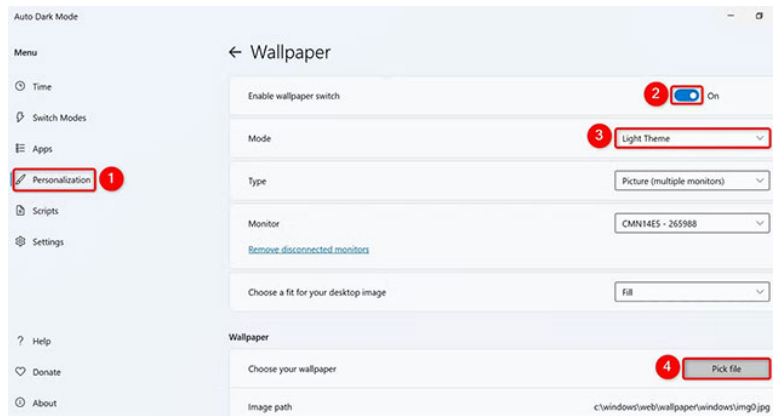
1. Basic installation and setup :

1. Download and install the app > launch.
2. Turn on the **Enable Automatic Theme Switching** switch .
3. Turn on **Custom Hours** > select the time to activate the light (**Light**) and dark (**Dark**) themes.



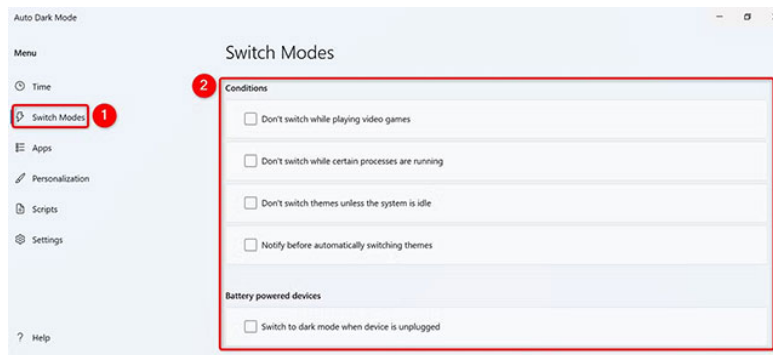
2. Change wallpaper automatically :

1. On the left sidebar, click **Personalization** > select **Pick a Wallpaper** .
2. Turn on **Enable Wallpaper Switch** .
3. Select **Mode** (Light/Dark) from the drop-down menu.
4. Scroll down to **Wallpaper** > click **Pick File** to select a wallpaper.

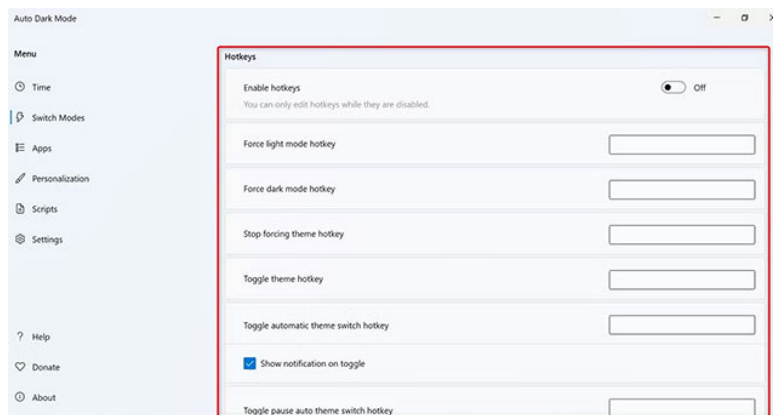


3. Advanced customization :

1. **Hotkeys** : In **Switch Modes** , assign hotkeys to quickly switch themes.



2. **Other Options** : Go to **Switch Modes** to adjust the switching time.



To remove the automatic feature, simply uninstall the app on Windows 11.

Good luck!

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