

# How to obtain Essence of Life in Hytale

A detailed guide on how to find and use Essence of Life in Hytale. Tips for advancing your farming career and trading with Merchants.

With Hytale officially opening for Early Access in early 2026, the gaming community is buzzing with excitement to explore the enchanting world of Orbis. As you begin your journey, you'll inevitably encounter mysterious glowing green spheres – these are **Essence of Life**. While easy to obtain, their role in farm development and survival is crucial.

## 1. What is Essence of Life in Hytale?



Essence of Life can be considered a unique "biocurrency" of the Hytale world. This item serves a dual purpose: it is both a core crafting material for farming tools and an intermediary item for exchanging goods with NPCs (digital characters).

## 2. The Fastest Ways to Find Essence of Life

Don't worry too much about the hard work involved; Essence of Life is present in almost every activity that interacts with nature:

**Harvesting agricultural products and wild plants.**

1. This is the most stable method. Search for vast plains, harvest wheat, pick flowers, or clear away wild berry bushes. Each successful collection will automatically drop a quantity of Essence of Life.

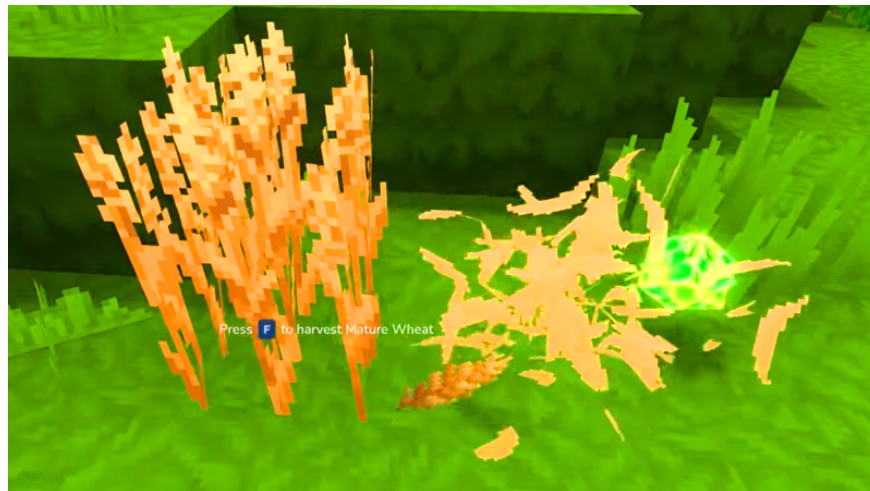
## Exploitation of forest resources

1. Cutting down trees not only provides you with logs, sticks, or sap, but also has a very high drop rate for Life Essence.

## Hunting monsters (Mobs)

1. If you're a combat-oriented player, focus on eliminating creatures near spawn points like sheep, rabbits, and cows. They not only provide food but are also a rich source of Essence of Life.

## 3. Instructions for using Essence of Life effectively



Don't just hoard them in your inventory; utilize them in two main ways:

### Trading with Rootling Merchant

To use Essence of Life as currency, you need to follow these steps:

1. **To find Forgotten Temple:** Open the map and move to the white tornado icon.
2. **Passing the Golem:** In the basement, you'll find a stone Golem guarding the blue teleportation gate. You can choose to fight it or sneak through.
3. **Meet the Merchant:** After passing through the gate, follow the stone path to find the NPC **Rootling Merchant**. Here, press the 'F' key to exchange Essence of Life for food, skewers, and essential survival items. *Note: The product catalog will refresh every few days.*



## Crafting tools at Farmer's Workbench

Essence of Life is an essential component for crafting farming equipment. You need to craft a **Farmer's Workbench** from wood and plant fibers, which can then be used to craft:

1. **Feed Bag:** Requires 10 Essence of Life – used to lure and tame animals.
2. **Capture Crate:** Requires 50 Essence of Life – used to capture and transport small creatures.
3. **Other items:** Chicken coop, bait, fish traps, fertilizer, seed packets, and seedlings (saplings).

## 4. Conclusion

Essence of Life isn't an extremely rare item that will leave you racking your brains trying to find it, but it's the lifeblood of Hytale's farming and trading systems. Accumulate it from the very first moments you join the game to build a solid foundation for yourself.

How many Stacks of Essence of Life have you accumulated so far? Or are you experiencing errors downloading the game? Leave your comments below so we can help you out.

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