

How to make egg fried rice delicious and simple

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Here is how to make delicious egg fried rice, please refer.

Raw materials prepared

1. Cold rice: 2 bowls.
2. Chicken eggs: 1-2 fruits.
3. Onion: 1 bulb. Peeled and chopped.
4. Scallions: 2-3 stems. Rinse finely chopped.
5. Carrots: ? tubers. Peel, shred or diced.
6. Spices: Salt, seasoning seeds, MSG, soy sauce, fish sauce, cooking oil.



How to fry / roast an egg rice

Step 1: Break the egg into a bowl, add a little seasoning and then beat.

Step 2: Put the pan on the stove, add some cooking oil and fragrant shallots. When the onions are ripe and fragrant, let the rice cool down. Use a spoon to stir repeatedly to cook and hunt again.

Step 3: Add 1 teaspoon of seasoning seeds, ½ teaspoon of fish sauce and 1 teaspoon of noodles to the rice, stirring constantly to stir the seasoning.

Step 4: When the rice has been hunted, put the beaten eggs into the pan, continue to stir so that the eggs and rice mix well, the rice is soft.



Step 5: Add the remaining ingredients including carrots, scallions into the pan, stir well and after about 1 minute, turn off the heat.

Egg fried rice should be used immediately when hot. You can place a few slices of tomatoes and sliced ?? cucumbers on top of the fried rice to decorate the dish more beautifully and when eaten, it will help less tired.



To make a delicious egg fried rice, you need to pay attention:

1. Let the rice cool down. You can put the rice in the fridge so the rice is dry and flaked.
2. Besides eggs, you can combine fried rice with many vegetables and food available such as sausages, rolls, baby corn, peas . to make the dish more delicious and not bored.

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