

# How to restrict which friends on Facebook can see your posts - The Restricted list feature

One way to reduce the interaction your friends get with you, preventing them from seeing your Facebook posts, is to use Facebook's friend restriction feature.

One way to reduce your friends' engagement and prevent them from seeing your Facebook posts is to use the friend restriction feature. This feature will add your friends to a restricted list, preventing them from seeing your latest posts. This way, you don't need to unfriend them on Facebook, and they won't know what you're doing. Below are instructions on how to restrict your Facebook friends from seeing your posts.

## What is the restricted list on Facebook?

As mentioned in the introduction, Facebook's restricted list allows you to add friends with whom you don't want to share any new updates on your account.

They'll still be friends on your Facebook friend list, but they won't be able to see your latest posts and updates on their News Feeds. This is completely different from blocking Facebook accounts, as we can still message each other via Messenger.

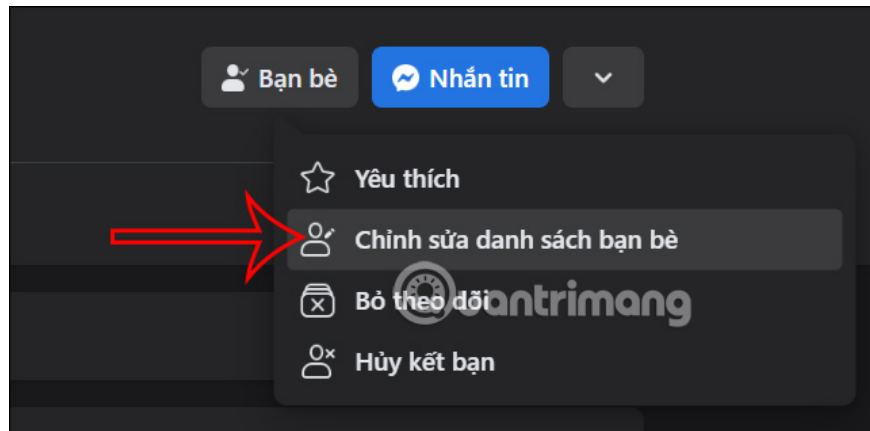
## Instructions on creating a Facebook restricted list on PC.

### Limit your friends on Facebook Live.

#### Step 1:

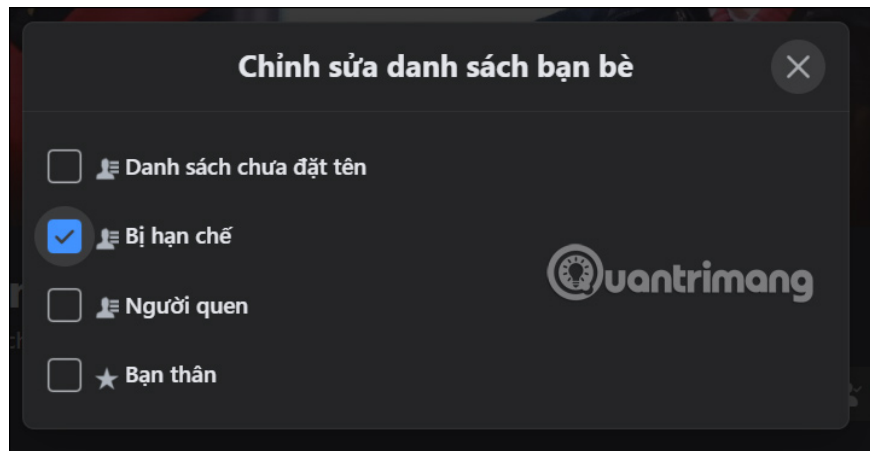
On the Facebook interface on your computer, **click on the friend's account** that you want to add to your restricted list.

In your account interface, **click the Friends button** and then select **Edit Friend List**.



## Step 2:

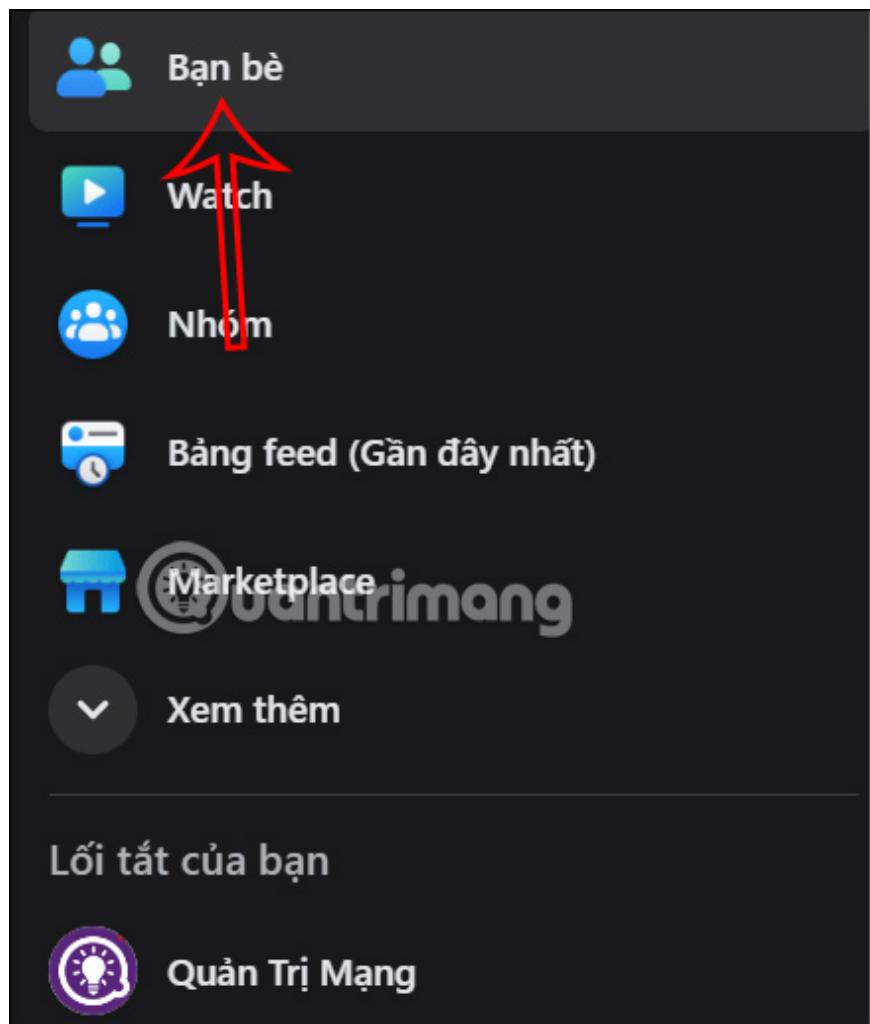
At this point, you will see several options for this friend's Facebook account; simply select "**Restricted**".



## Restrict your Facebook friends list using your Friends list.

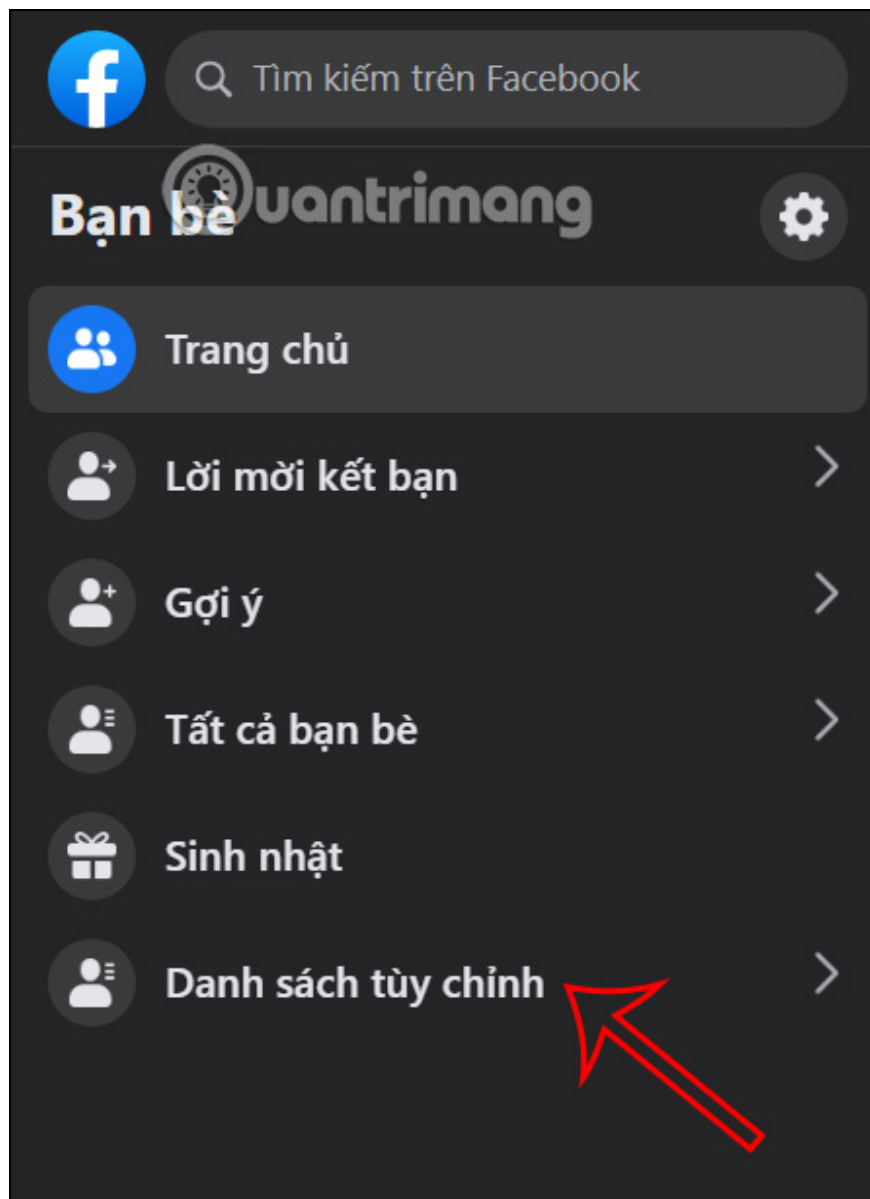
### Step 1:

On the Facebook interface, click on the "**Friends**" section in the list on the left side of the screen, as shown in the image below.



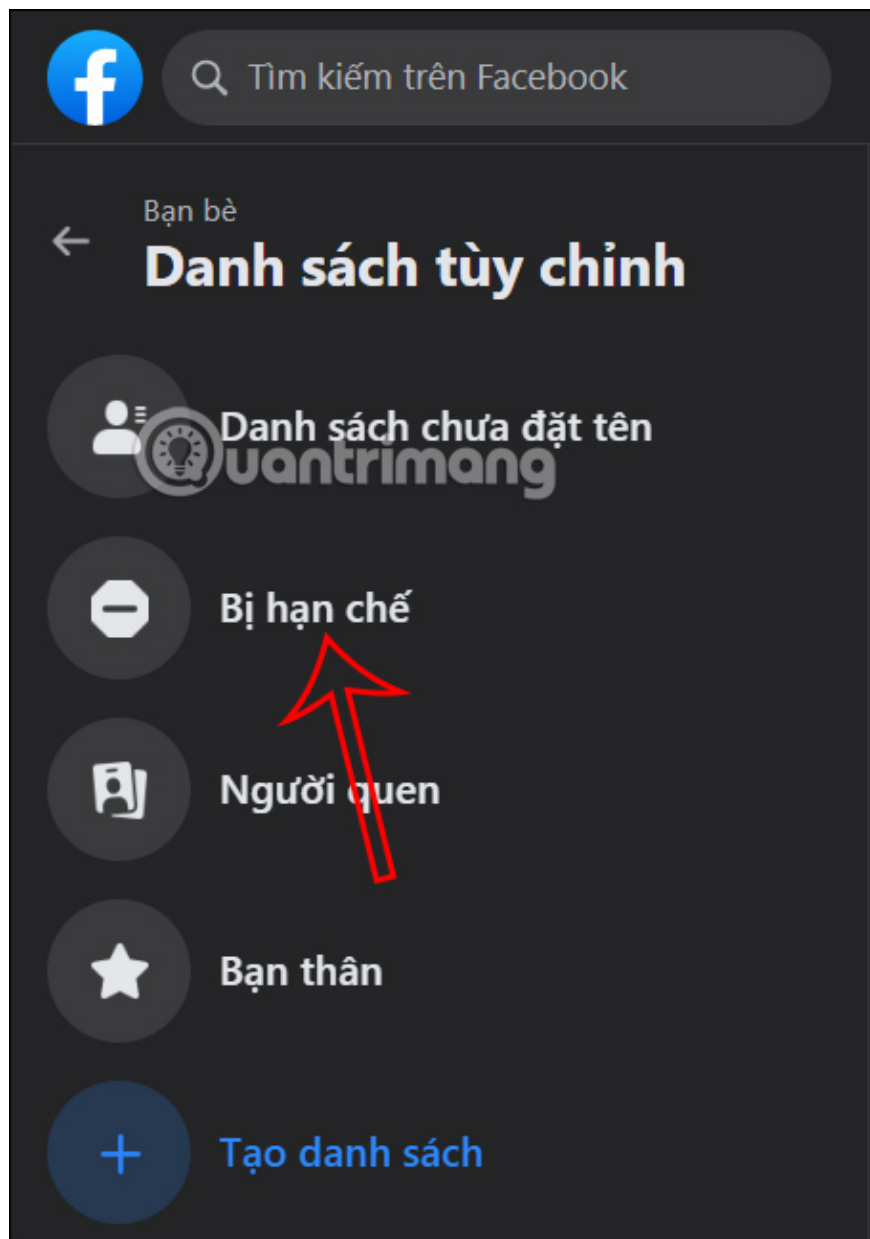
**Step 2:**

Next, we **click on Custom List** to edit our Facebook friend list.

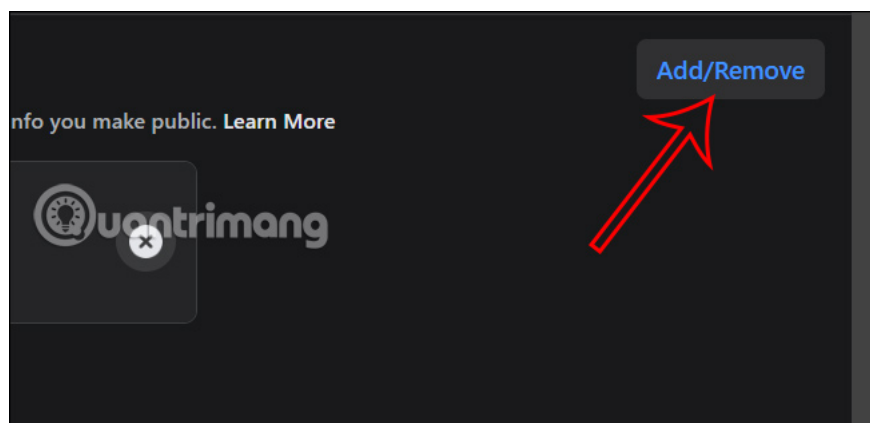


**Step 3:**

Now, **click on the "Restricted" option** to add the people you want to restrict on Facebook.

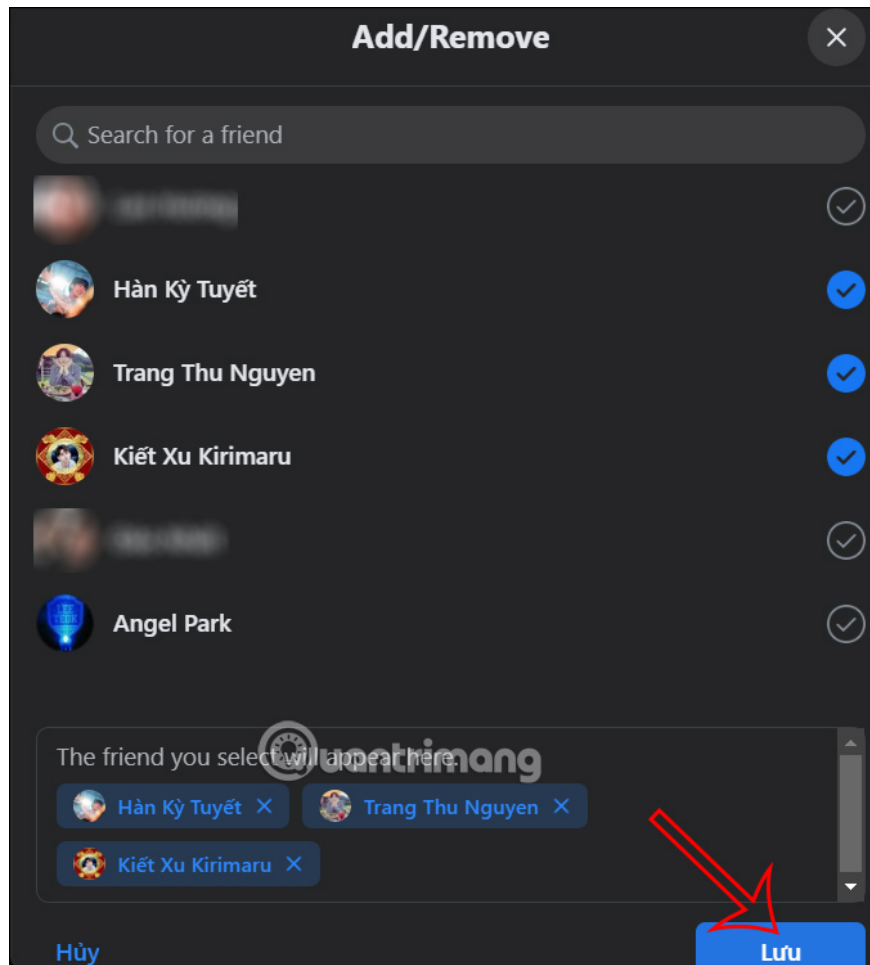


A new interface will appear, and the user **then clicks on the Add/Remove option** to add the person they want to restrict.



#### Step 4:

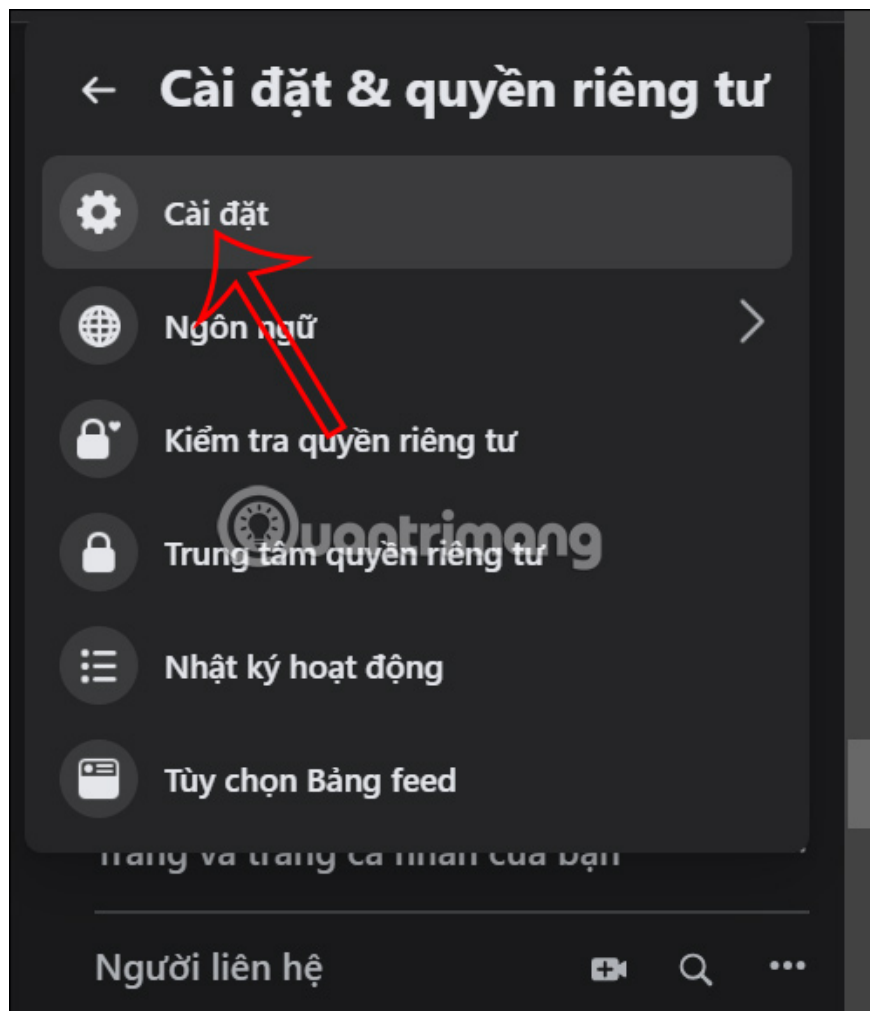
To **add someone to the restricted list** on Facebook, simply **select** their account and **click Save** at the bottom.



### How to create a restricted list on Facebook via Settings

#### Step 1:

On the Facebook interface, tap your profile picture, then select **Settings & Privacy** . Next, tap **Settings** .



**Step 2:**


Next, click on **the Privacy option** to adjust it.


# Cài đặt

∞ Meta

## Trung tâm tài khoản

Quản lý phần cài đặt tài khoản và trải nghiệm kết nối trên các công nghệ của Meta.

 Thông tin cá nhân

 Mật khẩu và bảo mật


 Tùy chọn quảng cáo

[Xem thêm trong Trung tâm tài khoản](#)

 Hoạt động của bạn

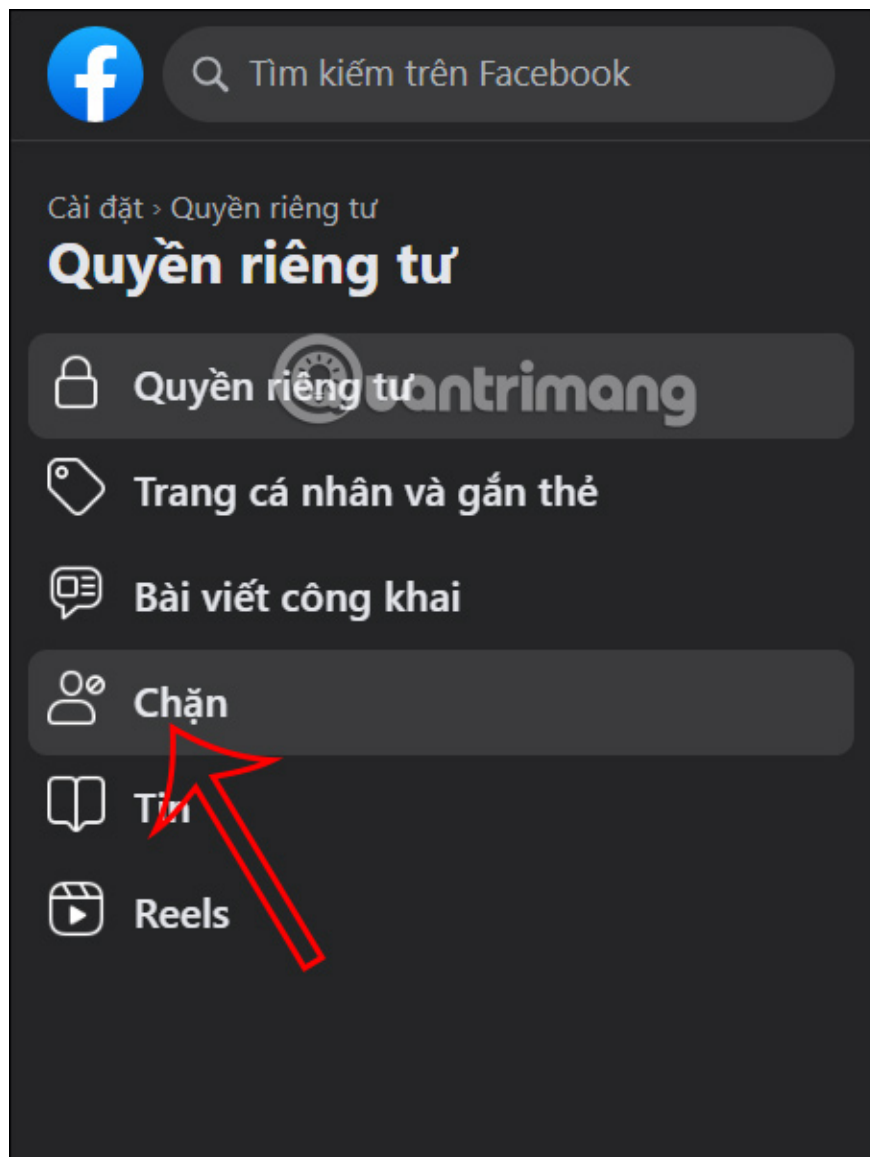
 Quyền riêng tư

 Thông báo

 Ngôn ngữ và khu vực

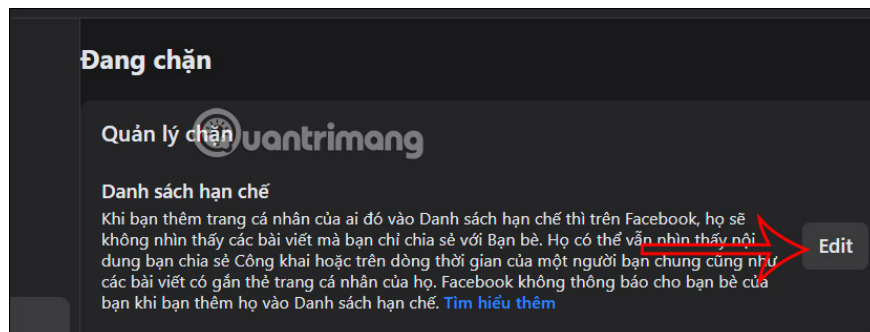
 Video

Continue by clicking on the **"Block"** option to adjust the blocked accounts on Facebook.



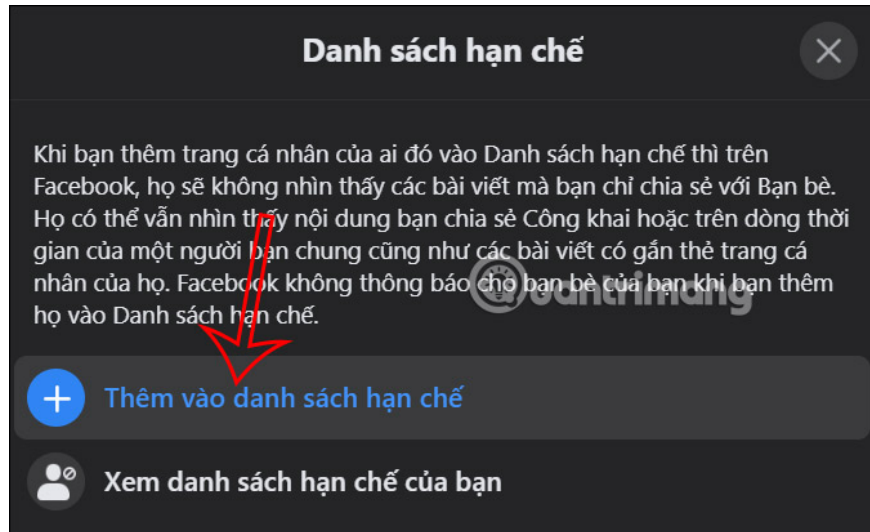
### Step 3:

At the very top of the Blocking settings list, you'll find **the Restricted List setting** ; **click Edit** to add it.

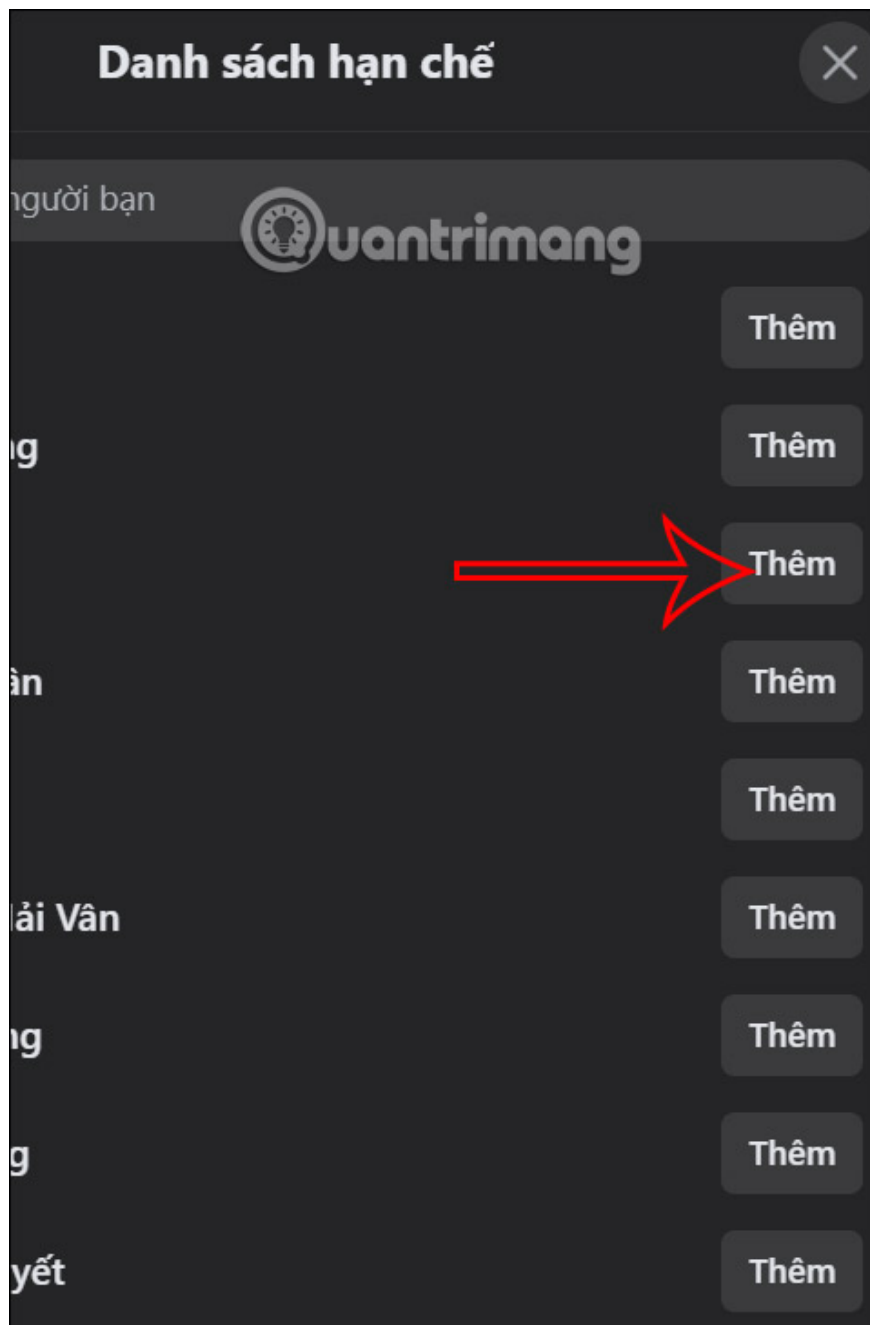


### Step 4:

Continue by **clicking Add to restricted list** to add the account.



Finally, **click Add next to the Facebook account** you want to restrict on Facebook.



## How to create a restricted friend list on Facebook using your phone.

### Step 1:

On the Facebook account interface you want to restrict, click **the Friends button** and select **Edit Friend List** .



Hà Thiên



That Girl

Olly Murs



Bạn bè

Nhắn tin



Bài viết

Giới thiệu

Video

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### Chi tiết



Trang cá nhân · Người sáng tạo nội dung số



Xem thông tin giới thiệu của Thiên

### Bài viết của Thiên



Hà Thiên



15 giờ · 🌐

Hội người lạc quan nhất thế giới.



Trang chủ



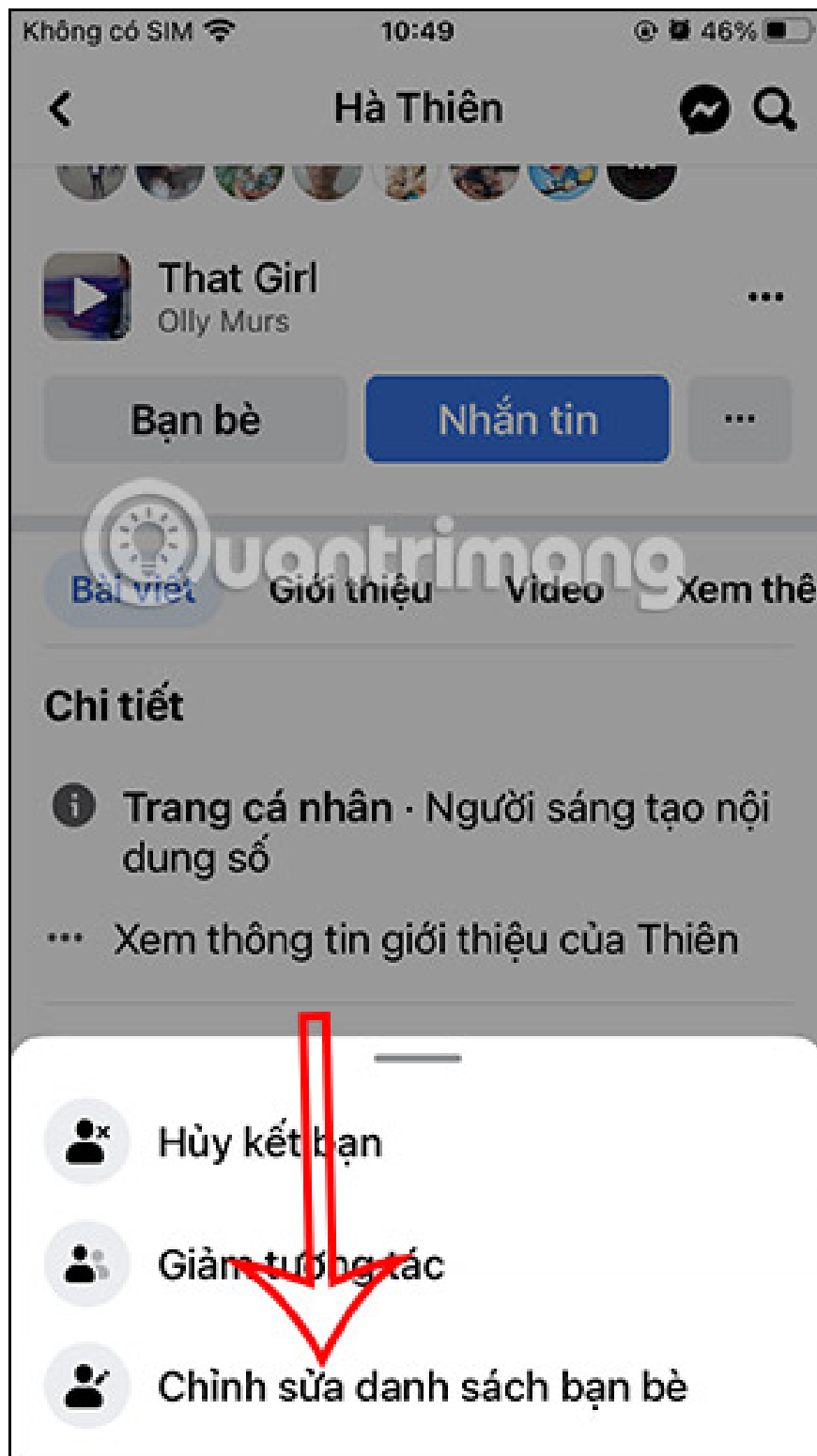
Watch



Thông báo



Menu



Step 2:

Now, tap on "Restricted" and then tap "Done" in the upper right corner to save these settings.

## Chỉnh sửa danh sách bạn bè Xong

★ Bạn thân

📁 Người quen

👤 Bị hạn chế





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