

How to leave groups in bulk on Facebook

Besides turning off group notifications on Facebook, if you don't want to receive information from groups you join, you can leave groups in bulk on Facebook.

Facebook groups can sometimes be annoying when they send notifications about new posts or other activities. Besides turning off group notifications, if you don't want to receive information from groups you join, you can leave multiple groups at once. Once you leave several groups, you won't be bothered by notifications. Below are instructions on how to leave multiple groups on Facebook.

How to leave multiple Facebook groups using your phone.

Step 1:

On the Facebook app interface, tap **the three horizontal lines icon** at the bottom. On the new interface, tap **the "Groups" section** to access the Facebook groups you are participating in.

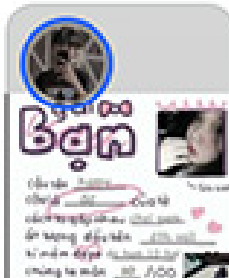
facebook



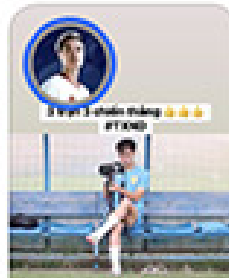
Bạn đang nghĩ gì?



Tạo tin



Đạt



Nguyễn Văn Toàn



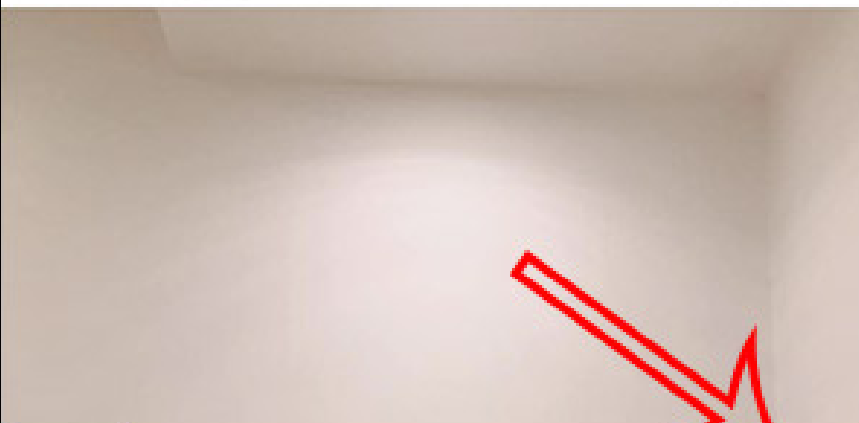
Nhưng

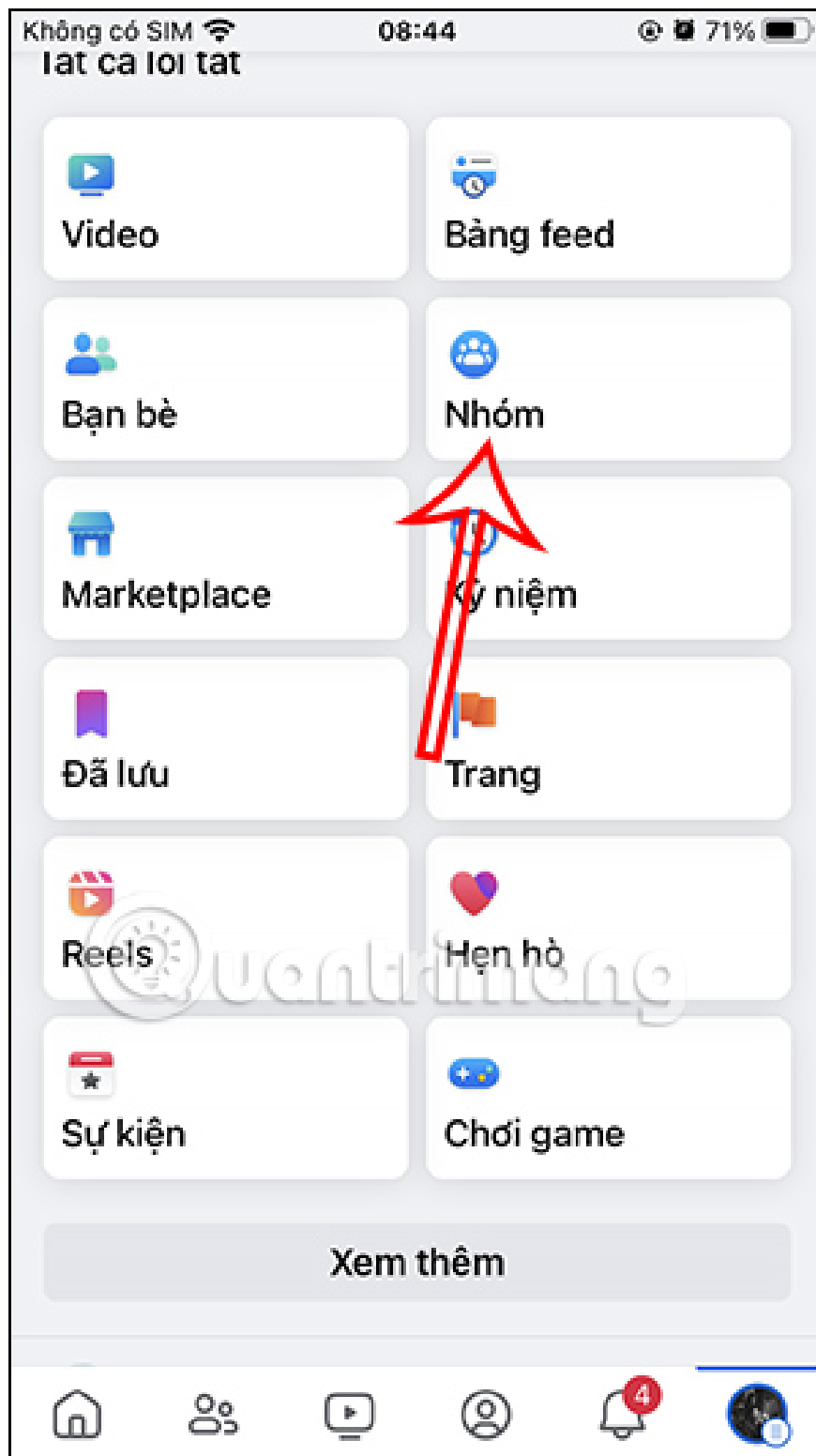


Hà Thiên

1 ngày

Ai xinh dữ chơi 🤔





Step 2:

In the interface of the Facebook groups you are participating in, click **the gear icon** in the upper right corner. In the Group Settings interface, click on **the Members section** to leave multiple Facebook groups.

Không có SIM

08:45

71%



Nhóm



Dành cho bạn

Nhóm của bạn



Mục hành động quan trọng nhất

Bạn cần xem xét hoạt động gần đây trong nhóm của mình.



Yêu cầu tham gia

Có hơn 5 yêu cầu tham gia trong Thủ thuật Excel, Google Sheets.



Bài viết đang chờ

Có hơn 5 bài viết đang chờ trong Tài liệu tiếng Anh Tiểu học.



Yêu cầu tham gia

Có hơn 5 yêu cầu tham gia trong Tài liệu tiếng Anh Tiểu học.



Yêu cầu tham gia

Có 1 yêu cầu tham gia trong Ôn thi THPT Quốc Gia





Step 3:







Each Facebook group has a **"Leave" button** . You can simply click this button to leave multiple groups on Facebook. Facebook will then ask if you are sure you want to leave the group; click **" Leave Group"** again .



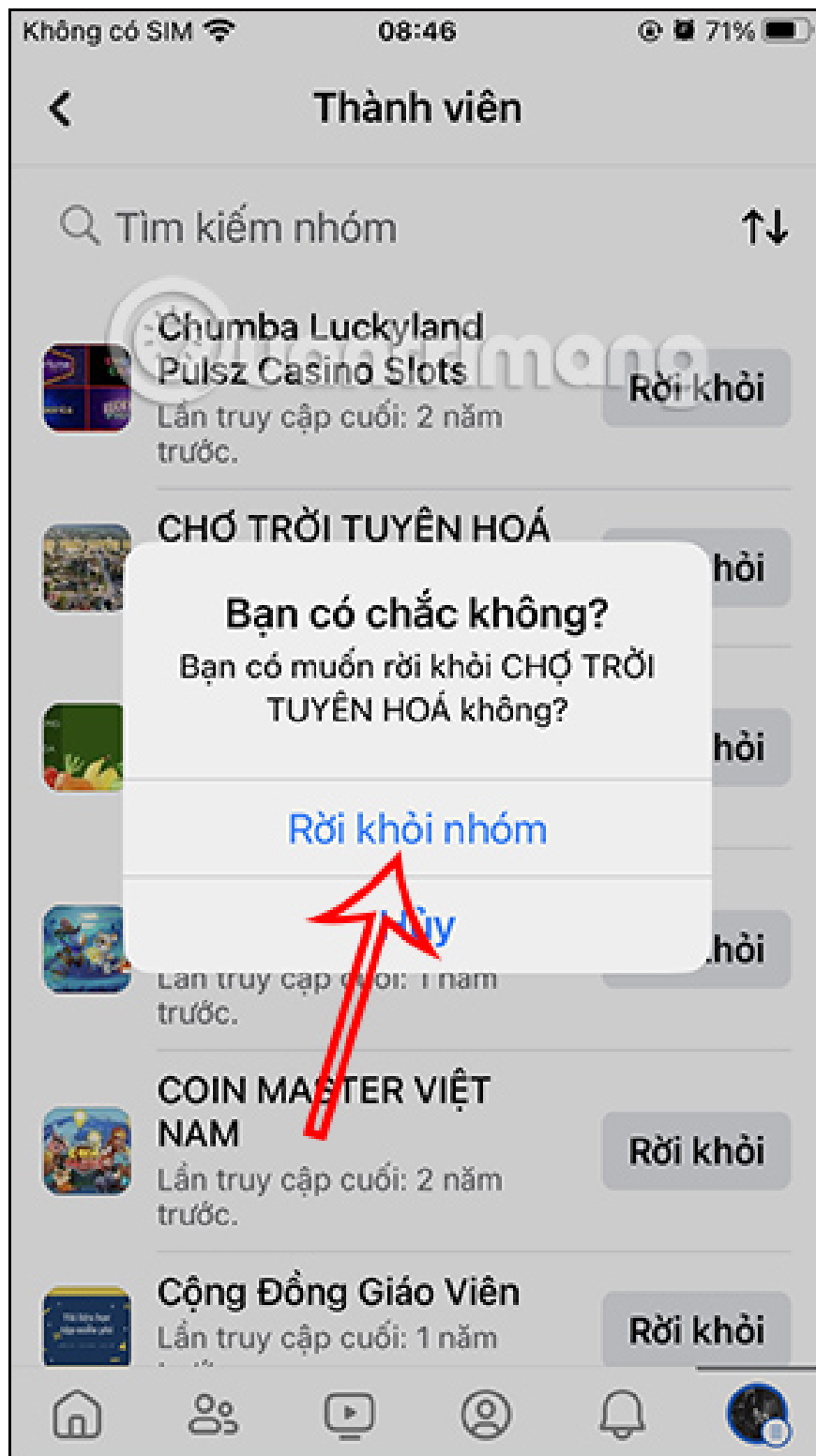
Thành viên

🔍 Tìm kiếm nhóm

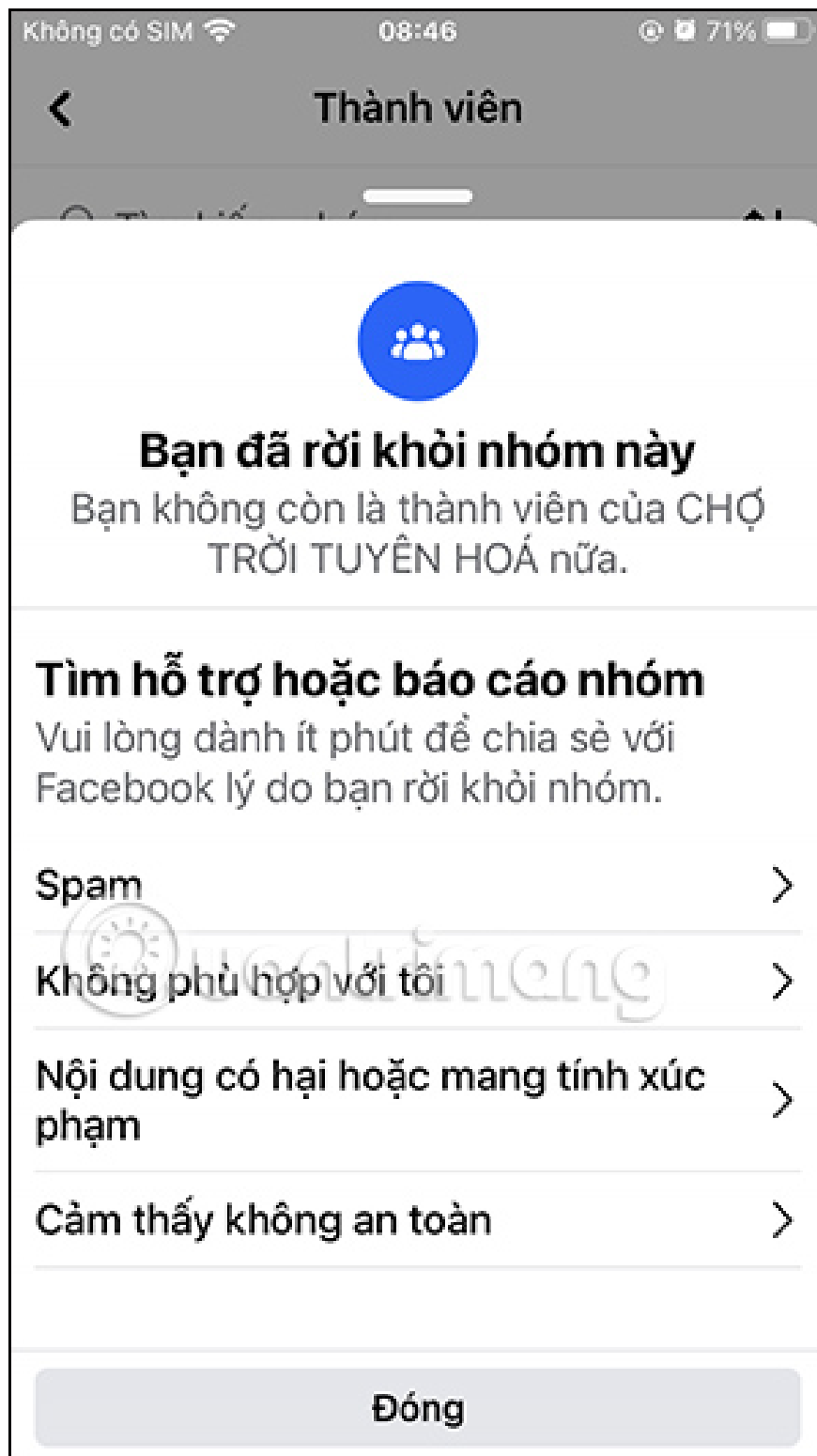


-  **2k4 Quyết tâm đồ Đại Học**
Lần truy cập cuối: 1 năm trước. Rời khỏi
-  **2K9 ÔN THI VÀO 10 THPT**
Lần truy cập cuối: 1 năm trước. Rời khỏi
-  **Chumba Luckyland Pulsz Casino Slots**
Lần truy cập cuối: 2 năm trước. Rời khỏi
-  **CHỢ TRỜI TUYÊN HOA**
Lần truy cập cuối: 2 năm trước. Rời khỏi
-  **Chợ Nông Sản Người Việt Florida**
Lần truy cập cuối: 2 năm trước. Rời khỏi
-  **Coin Master Trading Group Vietnam** Rời khỏi





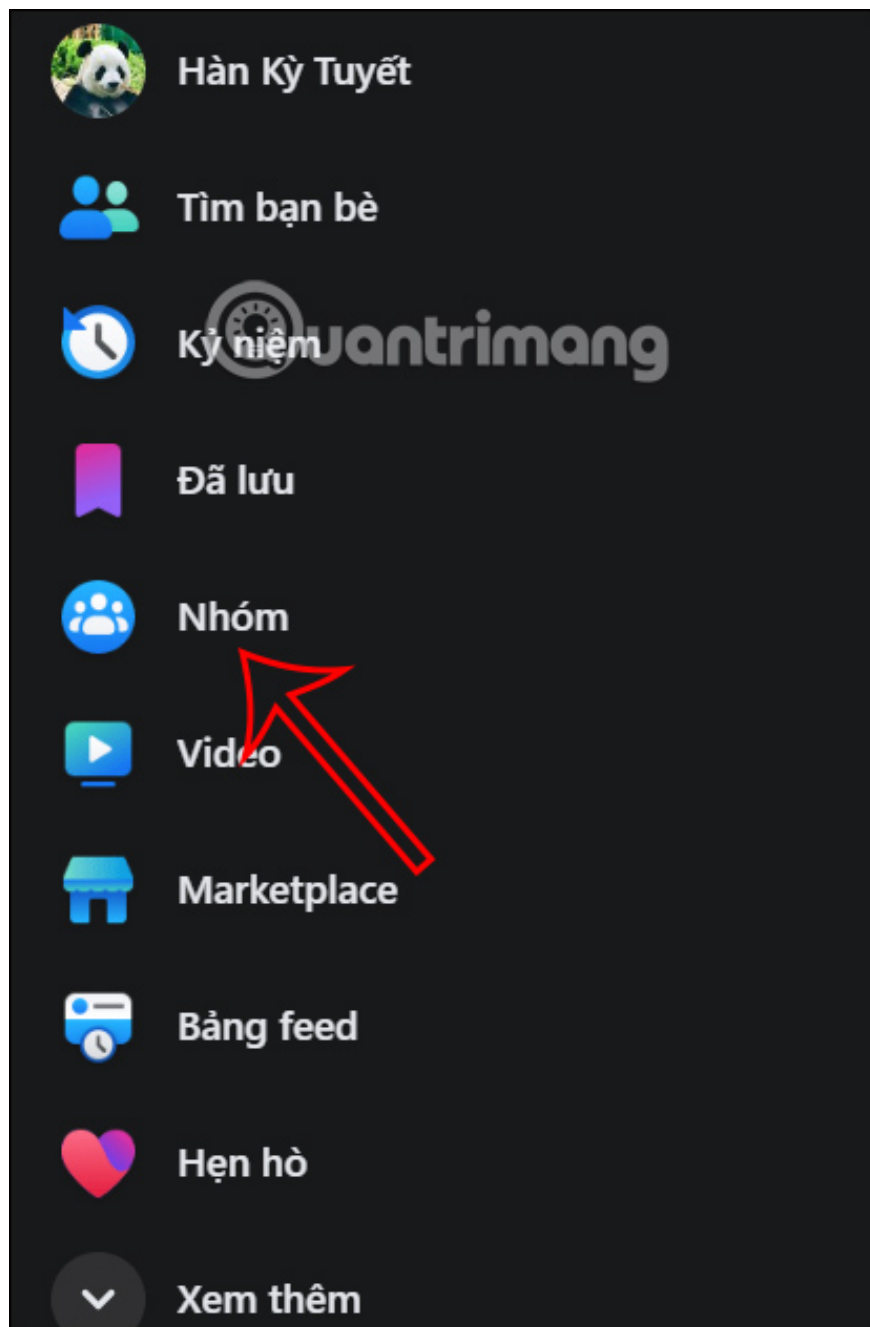
Shortly after, Facebook will notify you that you have successfully left the Facebook group. Now you just need to click the "Leave Group" button to leave the Facebook groups you want.



Instructions on how to leave multiple Facebook groups on PC

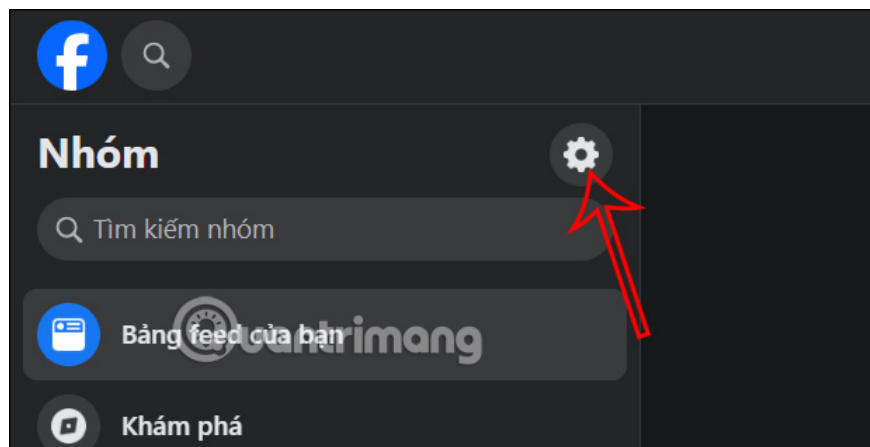
Step 1:

On the Facebook interface, click on the **"Groups"** section on the left side of the screen.

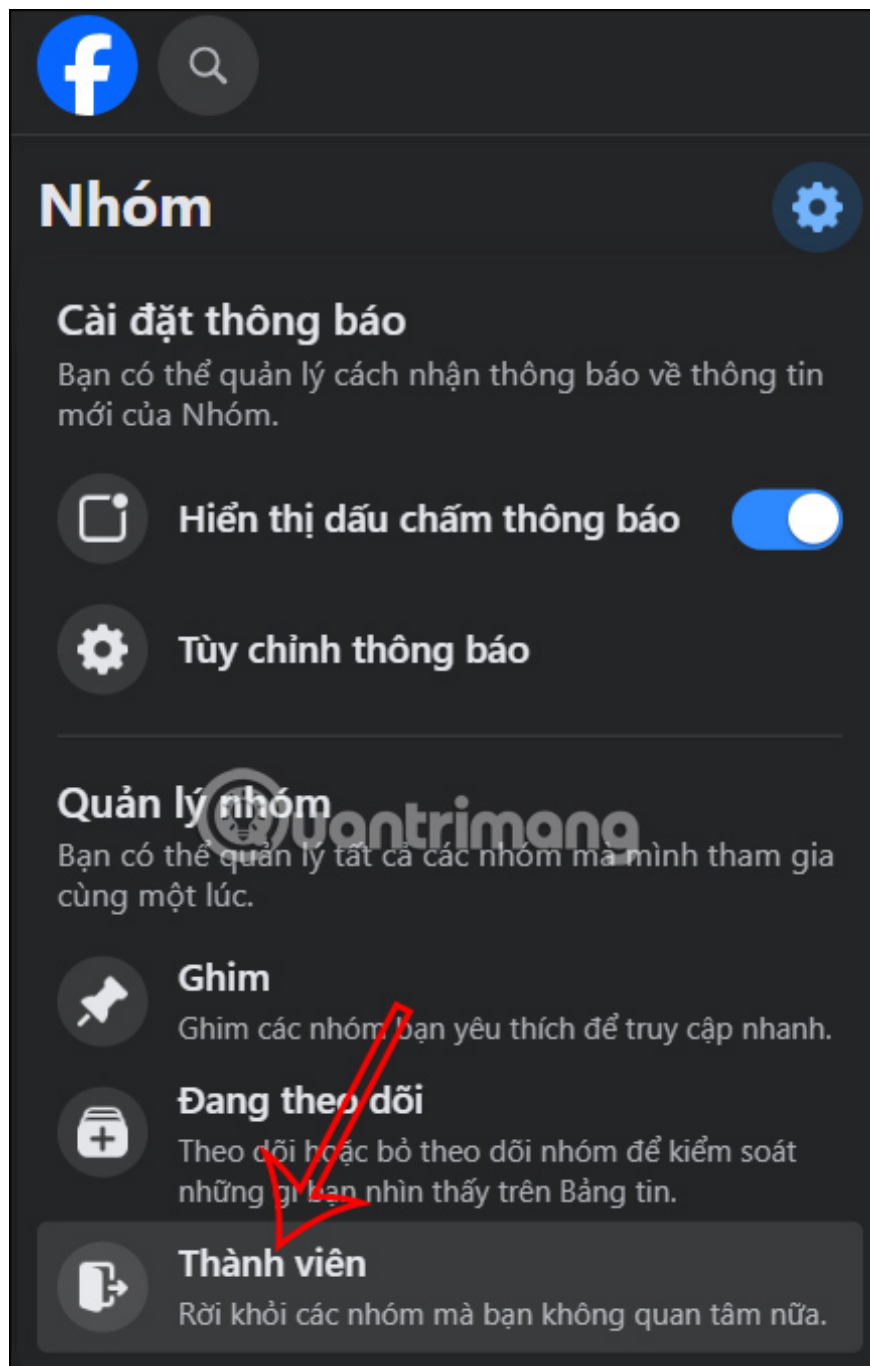


Step 2:

On the new interface, you can also tap **the gear icon** to go to the group settings section.

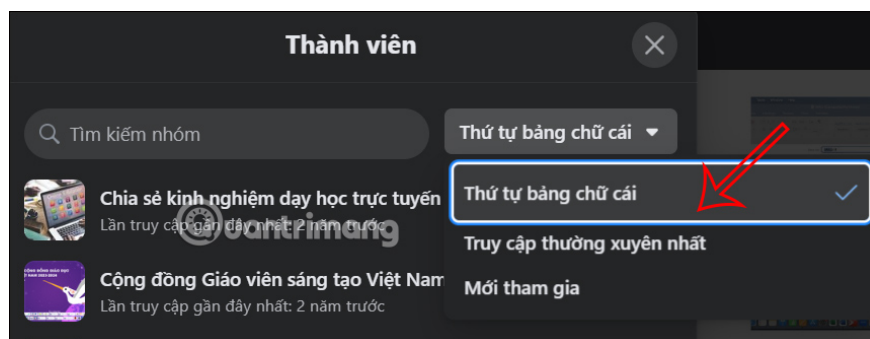


Now, click on **the "Members" section** to see the groups you are participating in.



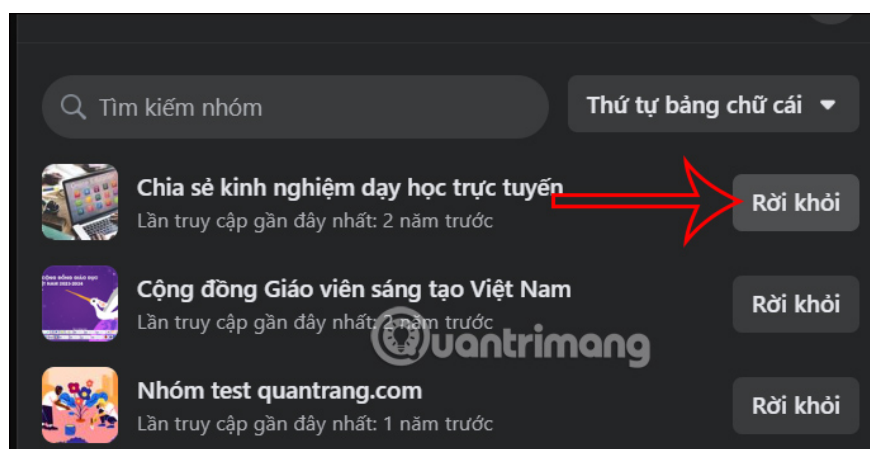
Step 3:

At this point, Facebook groups will be displayed, and you can click on **the filter to filter Facebook groups** according to your needs.



Step 4:

Next, to leave multiple Facebook groups, **click the "Leave Group" button** on your computer.



Facebook will then ask if you want to leave this Facebook group. Turn on "Prevent people from rejoining this group," then click "Leave group."



Video tutorial on how to leave Facebook groups in bulk.

You finished reading the article "**How to leave groups in bulk on Facebook**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.

