

How to help your child make friends

Making friends will help your child break down shyness and shyness

Playing with friends is an important way for children to learn social principles like sharing and taking turns. Your child may be shy, but you can still help him break this barrier by helping him make friends.



How to help your child make friends first

Invite some friends over. You can start by inviting 1-2 kids over to your house to play, so choose the ones your child already knows. These children must be the same age or slightly older. Older children will be more active.

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Play time limit. Playing about 1-2 hours is a lot for pre-school children. You should not push your child too much.

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Plan ahead. Direct them to play games that your child is familiar with and masters. This will make them more comfortable and confident in themselves. Make sure there are plenty of toys so they don't have to fight each other.

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Join your child. Don't let your kids play on their own and hope for the best. Your guidance will help the babies become more comfortable with each other. Be present as soon as they quarrel, distract them and give them

another game. However, do not control or take over your child's play, the main purpose is to break the ice for your child without having to take control.

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Schedule regular games. To increase intimacy, set playdays during the week. If all goes well, the location can be moved to the park, or to another child's home. If your child is already fully engaged with you, you can leave him alone, first for a short period of time, then for a longer time.



Can move the children's play place to the park

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Be a playmate of your child. Spend time playing with your child often, just the two of you. This will help stimulate interaction while you also understand how your child plays. You will understand which games your child likes and which ones he has difficulty with. Then you will choose the right games for your child.

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Breeding pets. Some children are not ready to play with their peers. If it just sticks to you and doesn't dare play with anyone else, try bringing an animal friend home. It's also a way for your child to open up more that makes him feel safe.

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Invite your friends over to play. Children often pay attention to adults and imitate their behavior, set an example for your child by inviting friends over to play. Ask the mothers to bring their children in to form 2 playgroups.

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Don't expect much. Pre-school children often still just play side by side, imitating each other, but not fully cooperating with each other. If your child is still hesitant to cross this threshold, don't rush. Parental pressure made him even more afraid. Remember, you can't force your child to make friends, but you can create a playground for them to make friends.

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Seek help when there is a problem. In most cases, shyness in preschoolers is normal. But some signs indicate that your child may have another problem. If he rarely makes eye contact, is too withdrawn, cries loudly when other children are around, or is afraid to go to school, then you should take him to the doctor.

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